

# REWARDS & BENEFITS FOR YOU



**NHS Foundation Trust** 

# WELLBEING

- Supporting Disability
   Agreements/Passport
- Workplace Wellbeing
   Charter Accreditation
- On-line wellbeing portal
- Vivup Emp Assistance 24 hour helpline
- Dyslexia support group
- In house psychology support
- Work Related Incident
   Support
- Mental Health First Aiders
- Carers Network
- Menopause Support
- Mindfulness
- Chaplaincy services
- Smoking Cessation
- Schwartz Rounds
- H&W Champions

# **TOGETHER**

- Working Smarter Pledge
- Inclusion Ambassador
   Forums
- Partnership working
- Early Resolution & Just
   Culture
- Flexible and agile working
- Colleague networks
- Freedom to Speak Up
- Mediation
- Weekly Strategic Debrief
- Manager Update sessions
- Wellbeing, culture and staff surveys
- Our People Awards
- Armed Forces Covenant
- British Indian Nurses
   Association

# FINANCIAL

- NHS Pension Scheme
- Minimum 27 days

   annual leave plus the
   option to buy or sell
   annual leave
- Salary Sacrifice
   schemes for nursery
   costs, bicycle purchases
- Vivup Staff Benefits debt advice, high street
   discounts, car lease
- Unify Credit Union
- Relocation assistance



# **DEVELOPMENT**

- Apprenticeships
- Health Academy
- Leadership Circles
- Structured Development
   Programmes
- Self-development courses
- Networking events
- Career pathways
- Coaching and Mentoring
- Talent Management
- Library services with remote access
- Annual appraisal and development plan
- Internal Transfer
   opportunities (N&M and AHP roles)