

My Hearing Support Plan

Test User



NHS Number: 0000000000

Tel: 01772 522751

Email: hearing.balance@lthtr.nhs.uk

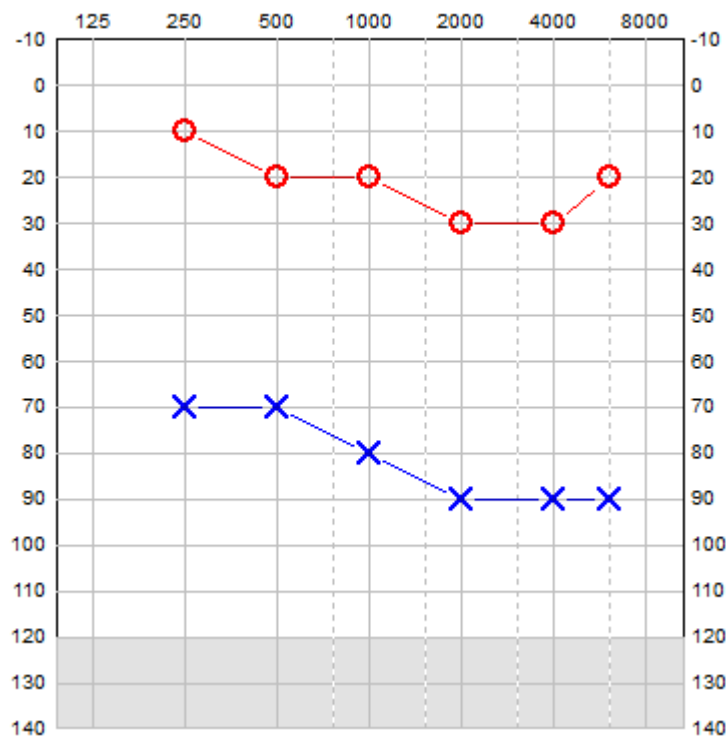
Excellent
care with
compassion

Division of Surgery - Audiology Department

Hearing Test results 04/01/2024

Hearing tests measure how much sound we can hear. Measuring your hearing helps to find the type of hearing problem you might have and help your Audiologist suggest the best treatment.

Hearing levels measured for the right ear are plotted as circles O, and for the left ear crosses X.



0-20
dBHL

Normal
Hearing



20 – 40
dBHL

Mild
Hearing
Loss



41 – 70
dBHL

Moderate
Hearing
Loss



71 – 95
dBHL

Severe
Hearing
Loss



Over
95
dBHL

Profound
Hearing
Loss



Results

The hearing test today shows a hearing loss which is suitable for a hearing aid in one / both ears.

The hearing test today shows your hearing is normal and you do not need a hearing aid.

Left Ear hearing levels

Normal / Mild / Moderate / Severe / Profound

Right Ear hearing levels

Normal / Mild / Moderate / Severe / Profound

Hearing Aid Details

| | Left ear | Right ear |
|------------------------------|----------|-----------|
| Aid type | | |
| Earmould Type/ Corda size | | |
| Battery size | | |

Telecoil – Yes / No

Volume Control – Yes / No

Programs – Yes / No

Tamper Resistant Battery Drawer – Yes / No

You can use the Telecoil where you see this sign

Induction Loop



Bank or Post office



Cinema or Theatre



Church

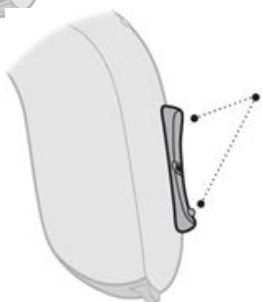


Home (TV and Telephone)



Louder (volume up)

Quieter (volume down)



Change Program (press 1 second)

Program 1:

Program 2:

Both hearing aids will change program together



Beeps when turned on



Beeps when button pressed

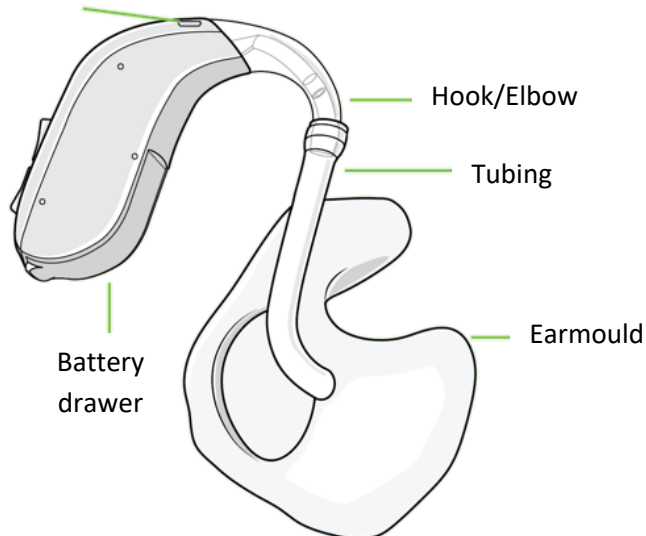


Beeps when battery needs changing



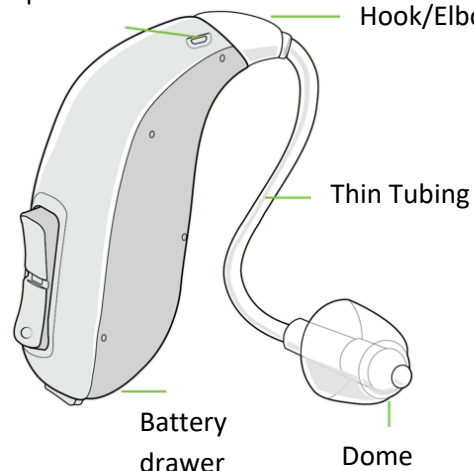
My Hearing Aids

Microphone



Microphone

Hook/Elbow



I need to wear:

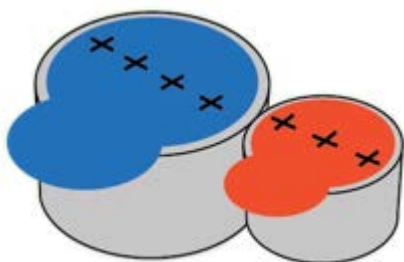


For Left ear
Blue

For Right ear
Red



Batteries:

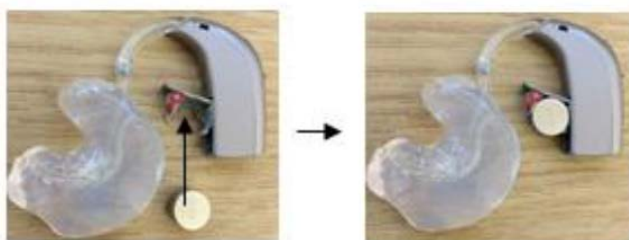


The pack colour of the batteries I need are:



Change your battery every 7-10 days or when it beeps to tell you

Insert correct way up



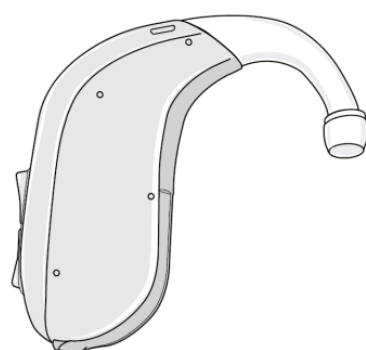
Yes



No

Do not allow batteries to contact metal objects or other batteries as they may leak or rupture. Store batteries out of reach from children or any person who is at risk of swallowing a battery or inserting it in their ear/nose. If swallowed consult your doctor immediately. Batteries are free of charge and can be requested by telephoning 01772 522751.

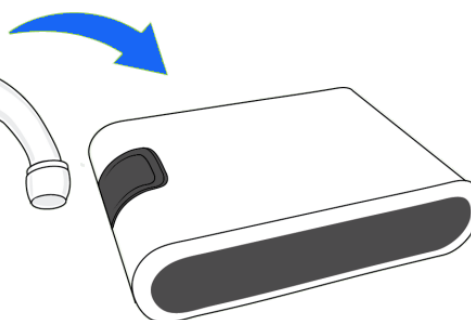
On and Off



Hearing aid battery
drawer closed
= on



Hearing aid battery
drawer open
= off



Turn my hearing aid
off when I am not
wearing it and keep
it somewhere safe

Hearing Aid Care

Cleaning your earmould



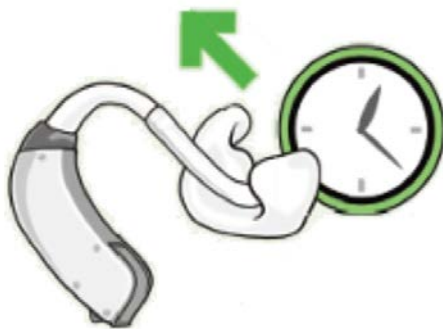
Clean your hearing aids regularly



Disconnect the hearing aid by pulling it apart at the connection between the hook and tubing



Wash the earmould with warm soapy water or a wet wipe. Wipe the hearing aid with a dry cloth or tissue



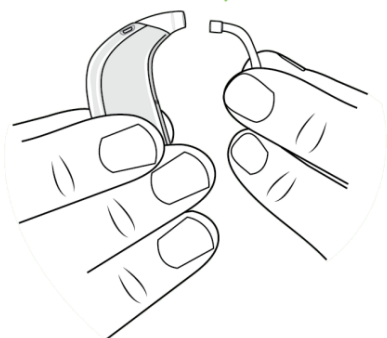
Wait until the earmould is completely dry before connecting it back together



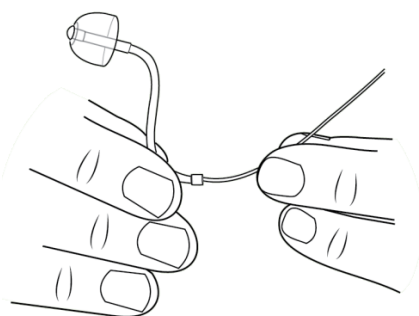
The hearing aid tubing needs to be changed every 6 months.

Contact the Hearing & Balance Service on 01772 522751 to arrange this

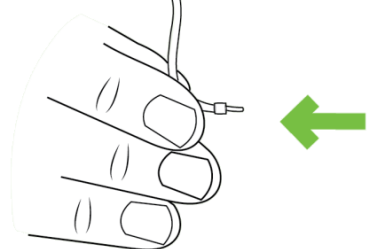
Cleaning your thin tube



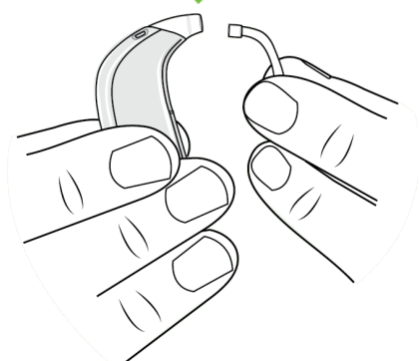
To remove wax from the thin tube, pull tube out of the hearing aid.



Insert the cleaning tool in the tube



Push the tool all the way through until it comes out of the dome end



Remove the tool and push the tube into the hearing aid

Wearing my Hearing Aids



Hearing aids will help to make quiet sounds easier for me to hear. They can be set up to work automatically, or they can be set up with a volume control.

My hearing aids do / do not have an active volume control.



Hearing aids will make sure that loud sounds are not too loud or too uncomfortable.

I need to wear them as much as possible to get the most benefit from them

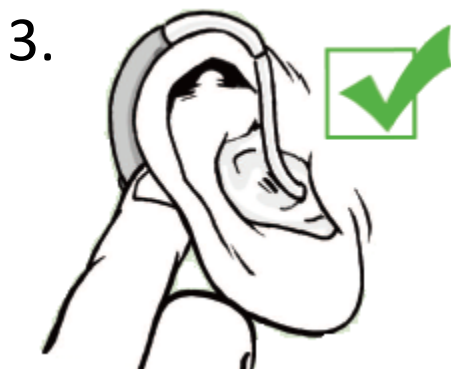


I need to take them out before bed or in the shower / bath

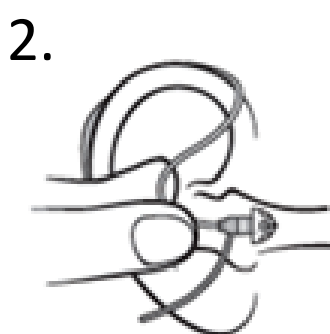


Putting my hearing aids in

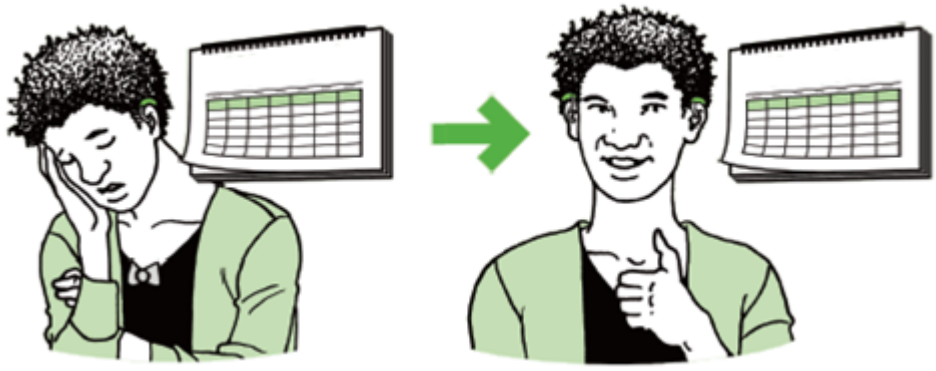
With earmoulds



With slim tubes



It might take a few weeks to get used to the hearing aids but it is important to keep trying with them



People around me can help me to hear well



Help me to keep my ears clear of wax



When speaking to me, get my attention first, make sure I can see your face and turn down background noise as much as possible



If I wear hearing aids, help me to make sure

- I wear them as much as possible
- They are in my ears properly and switched on
- The batteries haven't run out
- The earmould tubing is changed every 6 months

Contact details

Should you require further advice or information please contact:

Hearing & Balance Service
Royal Preston Hospital
Sharoe Green Lane
Fulwood
Preston
PR2 9HT

Tel: 01772 522751

Email: hearing.balance@lthtr.nhs.uk

Leaflet produced with thanks to the Audiology Department at South Tyneside and Sunderland NHS Trust

Sources of further information

www.lancsteachinghospitals.nhs.uk

www.nhs.uk

www.patient.co.uk

www.accessable.co.uk

All our patient information leaflets are available on our website for patients to access and download:

www.lancsteachinghospitals.nhs.uk/patient-information-leaflets

Lancashire Teaching Hospitals NHS Foundation Trust is not responsible for the content of external internet sites.

Lancashire Teaching Hospitals is a smoke-free site.

On 31 May 2017 Lancashire Teaching Hospitals became a smoke-free organisation. From that date smoking is not permitted anywhere on any of our premises, either inside or outside the buildings. Our staff will ask you about your smoking status when you come to hospital and will offer you support and advice about stopping smoking including Nicotine Replacement Therapy to help manage your symptoms of withdrawal.

If you want to stop smoking you can also contact the Quit Squad Freephone 0800 328 6297.

Please ask if you would like help in understanding this information. This information can be made available in large print and in other languages.

Department: Audiology
Division: Surgery, Head and Neck
Production date: January 2024
Review date: January 2026
JR580 v3