







### **Patients Contribution to Case Notes (PCCN speciality)**

Our patients are a member of the team



**Lancashire Teaching Hospitals** 









- It's ok to ask staff and doctors whatever you think is important.
- It's ok for carers or next of kin to contribute to this document.
- It's ok to share your feeling and concerns freely either in writing or with staff.
- It's ok if you want to talk about sensitive or confidential information and not write it down.

### Patients note keeping diary

This document is intended for you to share your own feelings and views on your own progress while admitted to the hospital. It is meant to give you time to document your thoughts at your own pace.

The diary is meant to enhance your positive experience by giving you a platform that allows you more control on your own health and any decisions taken about you by healthcare staff.

The diary aims to concentrate on areas that are of importance to you. It is divided into the following headings in general:

- 1. A summary of your journey from the time of your referral to diagnosis, tests done and clinic visit outcome. This is a page length for you to share your feelings about your journey up and until the time of your admission.
- 2. Your daily progress in your own words.
- 3. Any issues or concerns you want to address about your care
- 4. What you need to do to enhance your recovery.

We aim for this diary to be part of daily ward round where nurses and doctors read and act on what is important to you as written in your diary. We hope to get you very much engaged in your own treatment by actively participating in this diary. This will help us too improving the way we provide service to our patients.

Sincerely
The team

Please share with us your feelings and experience from the time of referral by your doctor through to tests and clinic visits up to your date of admission to hospital today.				

D	ay 1: Date:	Name:	
Му	diagnosis is:		
Му	operation - in my own words is:		
Th	e doctor who saw me today is:		
Be	low is what I understand about my curre	nt hospital admission:	
1.	I am fully informed about how the surgery	went on;	Yes /No
2.	I am fully updated about my daily observat	tions and test results;	Yes/No
3.	I am fully informed about my estimated day	y of discharge;	Yes/No
4.	I am fully informed about timelines to remo	ove drains and other tubes;	Yes/No/NA
5.	I am progressing with my stoma care;		Yes/No/NA
	ave the following issues/concerns to disc . communication issues or any other issues		ff:
	low is what I need to do to make my recond as you understand	very faster: - Please comment a	after the ward
-	Walking/getting out of bed		
-	Eating and drinking		
_	Other instructions as agreed with medical/	nursing staff - nlease write	

D	ay 2: Date:	Name:	
My	diagnosis is:		
My	operation - in my own words is:		
Th	e doctor who saw me today is:		
Ве	low is what I understand about my current he	ospital admission:	
1.	I am fully informed about how the surgery went	t on;	Yes /No
2.	I am fully updated about my daily observations	and test results;	Yes/No
3.	I am fully informed about my estimated day of	discharge;	Yes/No
4.	I am fully informed about timelines to remove of	Irains and other tubes;	Yes/No/NA
5.	I am progressing with my stoma care;		Yes/No/NA
	ave the following issues/concerns to discuss	with nursing/modical staff	
	g. communication issues or any other issues.	, with naroling/inculour stant	
	elow is what I need to do to make my recovery und as you understand	/ faster: - Please comment af	ter the ward
-	Walking/getting out of bed		
-	Eating and drinking		

Other instructions as agreed with medical/nursing staff - please write.

D	ay 3: Date:	Name:	
Му	diagnosis is:		
Му	operation - in my own	words is:	
Th	e doctor who saw me to	oday is:	
Be	low is what I understa	nd about my current hospital admission:	
1.	I am fully informed abo	out how the surgery went on;	s /No
2.	I am fully updated abo	ut my daily observations and test results;	es/No
3.	I am fully informed abo	out my estimated day of discharge;	es/No
4.	I am fully informed abo	out timelines to remove drains and other tubes; Yes/N	lo/NA
5.	I am progressing with	my stoma care; Yes/N	lo/NA
	ave the following issues	es/concerns to discuss with nursing/medical staff: or any other issues.	
	low is what I need to dund as you understand	o to make my recovery faster: - Please comment after the ward	
-	Walking/getting out of	bed	
-	Eating and drinking		
_	Other instructions as a	greed with medical/nursing staff - please write.	

D	ay 4: Date:	Name:			
Му	My diagnosis is:				
Му	operation - in my own w	vords is:			
Th	e doctor who saw me tod	lay is:			
Ве	low is what I understand	d about my current hospital admission:			
1.	I am fully informed abou	t how the surgery went on;	Yes /No		
2.	I am fully updated about	t my daily observations and test results;	Yes/No		
3.	I am fully informed abou	t my estimated day of discharge;	Yes/No		
4.	I am fully informed abou	t timelines to remove drains and other tubes;	es/No/NA		
5.	I am progressing with m	y stoma care;	es/No/NA		
	ave the following issues g. communication issues o	s/concerns to discuss with nursing/medical staff: or any other issues.			
	low is what I need to do and as you understand	to make my recovery faster: - Please comment after the	ward		
-	Walking/getting out of be	ed			
-	Eating and drinking				
_	Other instructions as aq	reed with medical/nursing staff - please write.			

D	ay 5: Date:	Name:
My	diagnosis is:	
My	operation - in my own words is:	
Th	e doctor who saw me today is:	
Ве	low is what I understand about my current hos	pital admission:
1.	I am fully informed about how the surgery went of	on; Yes /No
2.	I am fully updated about my daily observations a	and test results; Yes/No
3.	I am fully informed about my estimated day of dis	scharge; Yes/No
4.	I am fully informed about timelines to remove dra	ains and other tubes; Yes/No/NA
5.	I am progressing with my stoma care;	Yes/No/NA
	ave the following issues/concerns to discuss v	vith nursing/medical staff:
	low is what I need to do to make my recovery fund as you understand Walking/getting out of bed	aster: - Please comment after the ward
-	Eating and drinking	

Other instructions as agreed with medical/nursing staff - please write.

Da	ay 6: Date:	Name:	
Му	diagnosis is:		
Му	operation - in my own words is:		
The	e doctor who saw me today is:		
Bel	ow is what I understand about m	ny current hospital admission:	
1.	I am fully informed about how the	surgery went on;	Yes /No
2.	I am fully updated about my daily	observations and test results;	Yes/No
3.	I am fully informed about my estin	nated day of discharge;	Yes/No
4.	I am fully informed about timelines	s to remove drains and other tubes;	Yes/No/NA
5.	I am progressing with my stoma c	are;	Yes/No/NA
	eve the following issues/concern communication issues or any other	s to discuss with nursing/medical stafer issues.	f:
	ow is what I need to do to make nd as you understand	my recovery faster: - Please comment a	ifter the ward
-	Walking/getting out of bed		
-	Eating and drinking		
-	Other instructions as agreed with	medical/nursing staff - please write.	

D	ay 7: Date:	Name:				
My	My diagnosis is:					
My	operation - in my own words is:					
Th	e doctor who saw me today is:					
Be	low is what I understand about	my current hospital admission:				
1.	I am fully informed about how the	ne surgery went on;	Yes /No			
2.	I am fully updated about my dai	ly observations and test results;	Yes/No			
3.	I am fully informed about my es	timated day of discharge;	Yes/No			
4.	I am fully informed about timeling	nes to remove drains and other tubes;	Yes/No/NA			
5.	I am progressing with my stoma	a care;	Yes/No/NA			
	ave the following issues/conce g. communication issues or any o	rns to discuss with nursing/medical staff: ther issues.				
	low is what I need to do to make	ke my recovery faster: - Please comment aff	ter the ward			
-	Walking/getting out of bed					
_	Eating and drinking					

Other instructions as agreed with medical/nursing staff - please write.

### Feedback (continued):

Below is what I expect when I go home:- Please write as you understand-

- 1. Bowel functions
- 2. Wound care
- 3. Pain control/other medicine
- 4. Driving
- 5. Back to work
- 6. Heavy lifting/activities
- 7. Going on holidays
- 8. Food and drink
- 9. Follow up plans
- 10. Other queries

### I felt truly involved using this diary?







### I recommend this diary for all patients?





