

TRUST Matters

News • Awards • Membership • Governors • Information • and much more...



Members' magazine: Winter 2021 edition



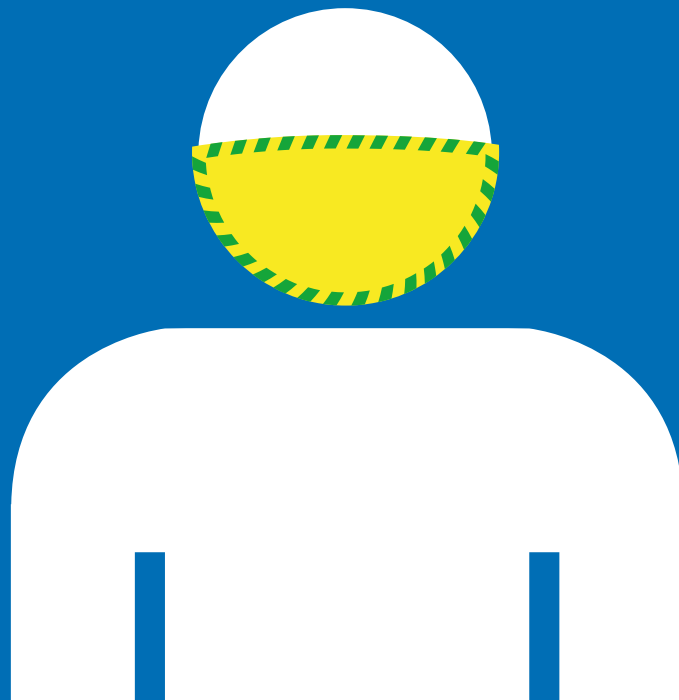
HM Government



CORONAVIRUS

STAY ALERT TO STAY SAFE

A FACE COVERING MUST BE WORN AT ALL
TIMES IN OUR HOSPITALS



If you don't have a face covering (that covers your mouth and nose) please speak to a member of staff.

STAY ALERT ▶ CONTROL THE VIRUS ▶ SAVE LIVES



“...our staff have continued to make many personal sacrifices to provide high standards of care to our patients and have shown true resilience, kindness and support to each other. I could not be more proud.”

Welcome to our latest edition of Trust Matters

Dear Foundation Trust Members,

Welcome to the latest edition of Trust Matters, our publication designed to keep you informed of the latest developments across our hospital sites.

I'd like to start by recognising the contribution of our incredible staff who have shown outstanding compassion, dedication and courage throughout the pandemic. Since March 2020, we have experienced the most difficult and challenging period in the history of the NHS. Throughout this, our staff have continued to make many personal sacrifices to provide high standards of care to our patients and have shown true resilience, kindness and support to each other. I could not be more proud.

It was a pleasure to welcome over 150 members to our first virtual Annual Members' Meeting in November 2020. It was very different to our usual event and although we missed being able to interact with our local community on a face-to-face basis, we received feedback from some Members who were grateful not to have to venture out of the house on a dark winter evening. I would particularly like to thank Dr Mohammed Munawar and Dr Aashish Vyas

who delivered informative presentations on our approach to treating patients with Covid-19 which I know people really appreciated. If you were in attendance, thank you for joining us and I hope to see you at our next Annual Members' Meeting later this year.

In this edition of Trust Matters, we cover the opening of new units, the awards that our staff have won and the many improvements being made as a result of the numerous donations we have received from our very generous community. You will also find the latest update from our governors, including details of our Elections to the Council of Governors 2021.

Finally, I would like to share my deepest condolences to the families of our patients and colleagues who lost their lives as a result of the pandemic. You, and your loved ones, remain very much in our thoughts.

Best wishes,

Professor Ebrahim Adia
Chair

Covid-19 online resource

One of our biggest successes throughout the pandemic has been the Covid-19 online resource which has had an extremely positive impact on patients recovering from Coronavirus. Set up by a multi-skilled team, 'Covid-19: Supporting Your Recovery' was led by Catherine Edwards, Emma Forster and Sarah Moore, and has been used in 86 countries!

The team wanted to support patients' initial recovery and ongoing rehabilitation once they had left our hospitals. The resource provides advice on physical health, such as mobility and exercises that can be done while sitting or standing, as well as tips on any struggles patients may be having with their psychological health. This has been a massive success – so much so it was entered for a prestigious award. Well done to the entire Covid follow up team for their fantastic efforts.



Psychological support

Our workforce has been under immense pressure due to the pandemic, and naturally, this has taken its toll on the mental health of many members of staff. In anticipation of this, at the beginning of the pandemic, we set up an in-house Staff Psychological Wellbeing helpline, offering listening, coping strategies and psychological first aid for issues related to mental health. Staff are also regularly signposted to external mental health support, including the Minds Matter service and the Lancashire and South Cumbria Resilience Hub, who offer Covid-related psychological support to all public sector workers and their families in the region.

Although there has been much focus and concern about the wellbeing of NHS staff, we are acutely aware that this is a very stressful time for everyone.

For many of us, our local GP practice is the first place we go when we're unwell. Remember, your doctor is also there to help you with your mental health as well as your physical health – please don't hesitate to pick up the phone.

Whether you're concerned about yourself or a loved one, there are also a range of mental health charities, organisations and support groups that can offer expert advice. Please visit: www.nhs.uk/conditions/stress-anxiety-depression/mental-health-helplines/



Online training support a huge success

Our Clinical Applications Training & Support Department were delighted to scoop the Best Covid-19 Training Solution category in the prestigious Health Tech Digital Awards!

They received the award thanks to their work in developing dynamic and flexible online training resources in response to social distancing measures introduced in spring 2020.

Thank you to all the team, who have ensured our staff, including those shielding or working from home, have access to the high-quality training they require despite the restrictions of the pandemic.



Keeping families together with Connected Hearts

Many of you will be aware of our Connected Hearts campaign, set up by our family liaison service, which issues identical knitted or crocheted hearts to our patients and their loved ones, along with a poem to help keep them stay connected whilst they can't be together.

The campaign has been a huge success, and we have received some really moving feedback from patients and their families to say how much they appreciated the gesture.

We have seen a fantastic response to our appeal on social media and we are now appealing for more donations of Connected Hearts to keep patients connected with their loved ones during their stay with us. Please support us to spread the word by sharing any social media posts.



Research successes

Since mid-March 2020, our Research department has recruited 1,900 people across 25 Covid-19 research studies, which comprises of 1,163 patients and 737 staff.

These trials, some of which have been well-publicised in the national press, have seen great success to date. It is the hard work and dedication of our Research team, as well as other supporting staff and our willing recruits that have made this possible.

To celebrate and express our thanks to those who have taken part, the team have created a rainbow heart display on the main corridor with each heart representing a patient who has been recruited into a Covid-19 study. Well done and thank you to everyone in the Research team, our patients and staff members who have chosen to take part in the trials.



Drive-through clinics

In response to the pandemic, some of our specialist teams have set up a number of drive-through clinics to ensure our patients can still receive the care they need without having to attend face-to-face appointments in our hospitals.

We have formed ongoing partnerships with Preston North End Football Club and Chorley Council to deliver essential anticoagulant services for our community. These services ensure selected patients, who would normally attend an outpatient clinic to monitor their warfarin levels, can access the same service while adhering to social distancing guidelines.

Our Sleep Service team also set up a drive-through clinic to give patients access to a new model of CPAP machines, ensuring their treatment was not disrupted and they felt supported through the pandemic.



Pathology's response to the pandemic

Our Clinical Biochemistry and Point of Care Testing (POCT) teams responded rapidly to deliver new diagnostics to support patient care when the pandemic first hit. Our staff have been fantastic in the way they responded to the challenge, they have achieved so many 'firsts' in the country it has become impossible to count them!

Dr Martin Myers, Consultant Clinical Biochemist said "The POCT Team have been exemplary. They worked tirelessly in ensuring that POCT devices were deployed throughout the hospitals to support patient care. SARS-CoV2 is primarily a respiratory disease and it is critical that blood gases are monitored in patients with Covid-19 to ensure that they get enough oxygen."



Covid-19 vaccination programme under way

On Tuesday 8th December at 7.20am, Lancashire Teaching Hospitals became the first Trust in the North West to administer the Pfizer-BioNTech Covid-19 vaccine.

The first dose was given to 81-year old Doreen McKeown at Royal Preston Hospital less than an hour after the first patient received this nationally.

Doreen is one of our volunteers, making this extra special and a privilege to be able to give back to someone who does so much for our hospitals.

Since then, the Trust has worked seven days a week to deliver thousands of vaccinations to the Government's priority groups including over 80s, care home workers and high risk NHS staff.

With more vaccines now approved in the UK, as well as a directive to receive the second dose extending from three to 12 weeks, it is the Trust's aim to have inoculated all staff with their first dose over the coming weeks.

The NHS will notify everyone in priority order when they should book their vaccination. We would be grateful if you do not contact your GP or hospital – this could block the line for patients who have urgent medical concerns.

Please note that Covid-19 vaccinations are free of charge. If you are contacted about receiving a vaccination that requires a fee, please ignore this and report it if possible – these are fraudulent claims.

Staff testing

Since the pandemic began, the Trust has worked tirelessly to ensure that staff members and members of their household have access to a timely PCR swab to help maintain business continuity.

To date, over 7,250 swabs have been conducted of which around 4,900 have been for symptomatic staff and around 2,350 for potential outbreak investigations.

Back in October, the Trust also conducted a mass swabbing exercise over a two week period to help identify any asymptomatic staff members to help reduce the chances of nosocomial infection in our hospitals. Over the period, 6,030 staff members were tested, helping to identify 97 staff members who were not displaying symptoms and reducing the spread of nosocomial infection.

In November, all frontline staff were also given the opportunity to take part in a 12 week antigen lateral flow programme to also help reduce the number of asymptomatic staff members in our hospitals.

This involves patient-facing staff members completing a self-swab twice per week which generates their results within 30 minutes. Should a staff member test positive, a confirmatory PCR swab is completed whilst self-isolation practices are followed for the staff member and their household. To date, almost 30,000 results have been received.

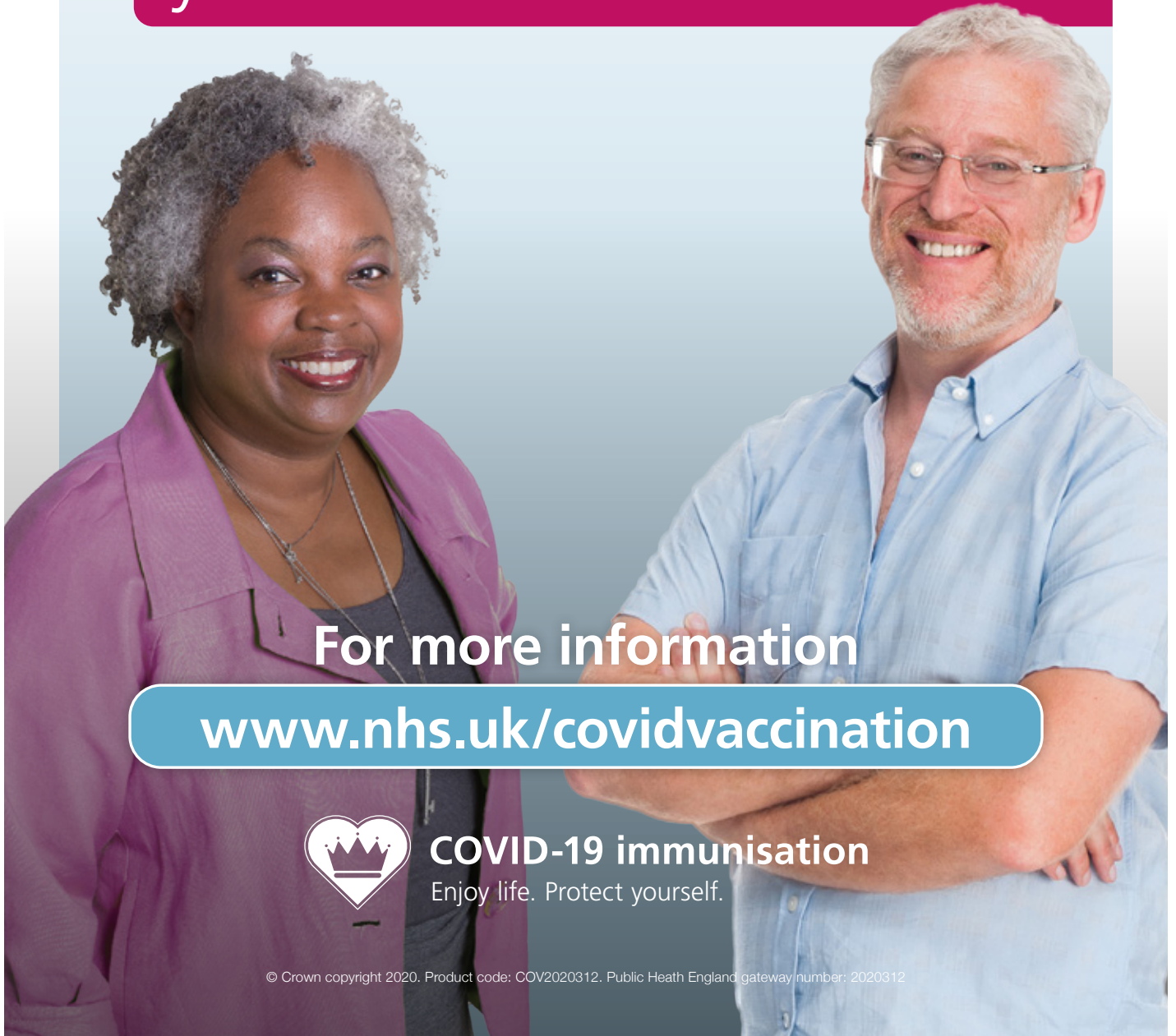
We would like to put on record our thanks to the swabbing team for the efforts over the last nine months in the Trust's response to tackling the virus.



Public Health
England



Are you over 65 years of age? Get ready to have your COVID-19 vaccination

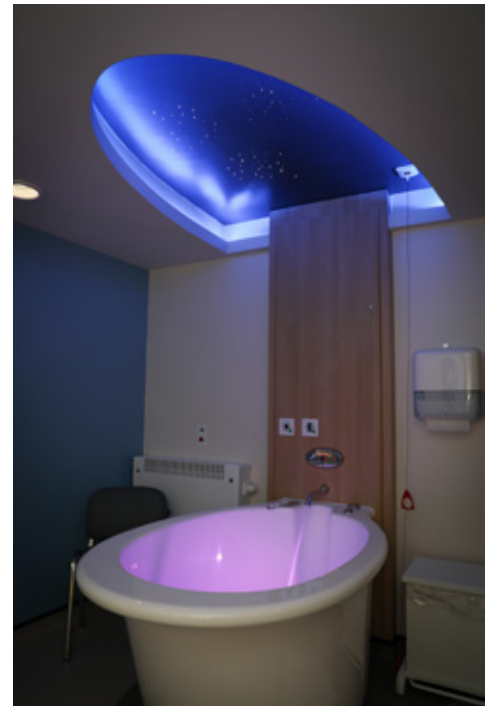


For more information

www.nhs.uk/covidvaccination



COVID-19 immunisation
Enjoy life. Protect yourself.



Chorley Birth Centre officially opened its doors

The brand-new Chorley Birth Centre officially opened its doors on Monday 14th December 2020. The Centre offers mums to be a midwifery lead service, ensuring they have their own named midwife and continuity of care during their time with us.

We enjoyed a socially-distanced opening of the new facility, learned that the first baby had been born at the centre, as well as many more women booking in with us.

A big thank you to our fantastic team for your dedication in making the new birth centre a success at such a busy time.



Critical Care Unit nearing completion

Phase four of the Critical Care development at Royal Preston Hospital is set for completion towards the end of February 2021.

This follows the accelerated completion of phases one and two last June after receipt of additional government funding allowing for the finish ahead of schedule.

With increased natural light and enhanced patient facilities, the unit was designed by architects Gilling Dod with full support from the Critical Care Project Team. It now features state of the

art bed spaces and isolation rooms amongst other significant improvements for patients and staff.

The new unit also focuses on facilities for relatives which include a waiting area, kitchen and purpose-built reception.

The modern approach provides a calming environment for relatives, while purpose-built clinical areas enhance the way staff work and provide care to the most critically ill patients within our hospitals.

Acute Frailty Assessment Unit opens

In August, we were delighted to open our new Acute Frailty Assessment Unit at Royal Preston Hospital to trial specialist services for elderly and vulnerable people in Lancashire. The new unit has been set up with the aim of catering for frail patients and making sure staff have the right specialist skills and equipment to deliver tailored care of the highest possible standard.

The unit has been in development for a while, so it was incredible to see this become a reality! Well done to the team for making this happen.



Specialist rehab unit opens to help patients return home

We recently opened a new unit for patients who need specialist rehabilitation in order to return home from hospital. Based at Royal Preston Hospital, the Avondale Rehabilitation Unit is proving very popular with patients and the support on offer improves both patient outcomes and experience.

Patients will be referred from all inpatient areas, including those from Chorley and South Ribble Hospital - with the exception of those requiring highly specialised neuro rehabilitation - and the unit will support a wide range of people, from those recovering from major trauma to lower-limb amputees and those with a cognitive impairment.



New Ophthalmology unit for Chorley & South Ribble Hospital

Building work is now well under way to develop an enhanced Ophthalmology and day case facility at Chorley and South Ribble Hospital.

We have invested £17.5 million to build this exciting development which will replace some of the current facilities at Royal Preston Hospital and is expected to open in October 2021.



It will help us improve patient experience and will include a dedicated outpatient and diagnostic space as well as three additional theatres to provide extra capacity for patients requiring a variety of day case procedures. A time-lapse film of construction can be viewed [here](#).

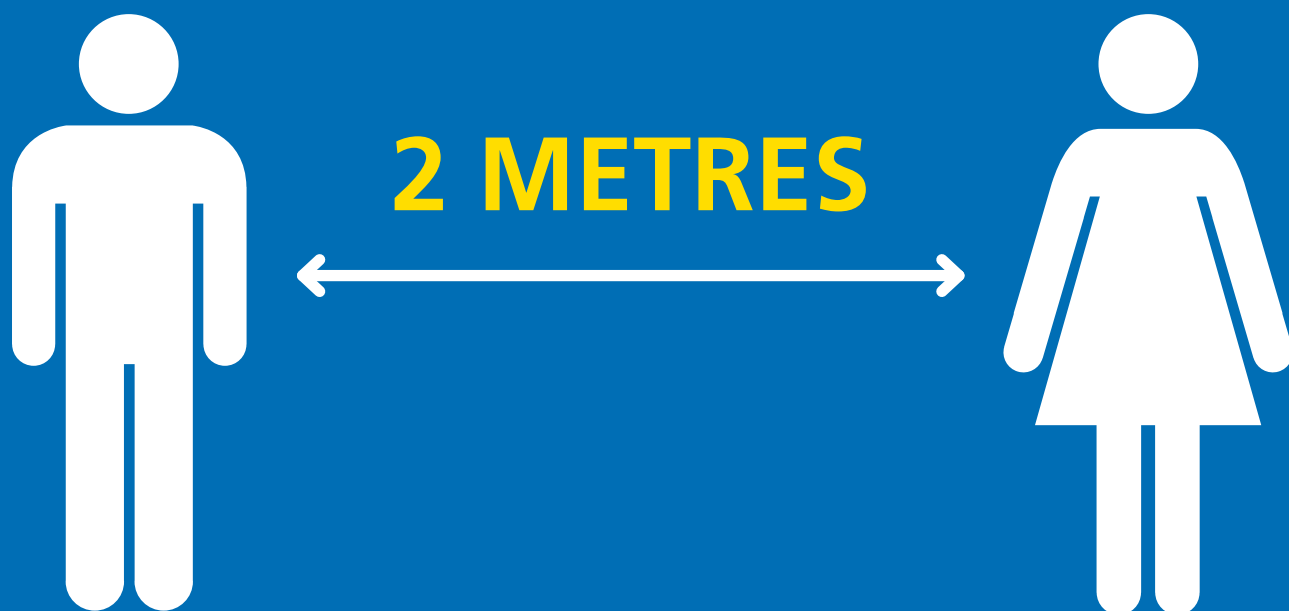


CORONAVIRUS

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KEEP YOUR DISTANCE

SAVE LIVES



STAY ALERT ▶ CONTROL THE VIRUS ▶ SAVE LIVES



Our Health Our Care

Our Health, Our Care (OHOC) update

The Our Health Our Care programme has been developed to transform patient outcomes in central Lancashire. All organisations across the Integrated Care Partnership continue to work together to provide better joined-up (or integrated) care, making sure that services are accessible, responsive, and designed around the needs of people who use them.

As part of these proposals, a series of options have been developed to improve how hospital services are configured and run, using substantial feedback from patients, staff, and other stakeholders gained through a series of engagement events over the past few years.

These proposals will be the subject of a Public Consultation run by the local Clinical Commissioning Groups (CCGs) before any decision is taken. We will invite staff and the public to have

their say in a fair, open, and transparent process to help us understand what the best option is to proceed with. We have detailed plans to ensure that the public and staff can be a part of the consultation whilst social distancing measures are in place.

The proposals require approval from NHS England before the Public Consultation can take place and have taken account of the continued learnings from the Coronavirus pandemic. At this stage, we do not have a final date as to when the consultation will occur, but we will update the public via the programme website www.healthierlsc.co.uk/central-lancs when this changes.

Preston North End continues Christmas support for children in hospital

Preston North End and Preston North End Community and Education Trust have continued their annual support for the Royal Preston Hospital with the donation of toys to the children's ward.

While the first team squad's annual Christmas visit to the hospital to hand out gifts and meet sick children has not been possible due to the Coronavirus pandemic, the club and the Community and Education Trust have again donated toys to the children's ward.

Children received Preston North End themed goodie bags which also included selection boxes provided by Hinduja Global Solutions.

Thank you to the club for their continued support.





Cancer robot performs its 1,000th procedure at Royal Preston Hospital

Lancashire's most advanced surgical robot system recently performed its 1,000th procedure in its third year in place at Royal Preston Hospital.

The DaVinci Xi robotic system, which conducted its first operation at the Trust on 3rd May 2017, means Lancashire Teaching Hospitals has one of the country's biggest robotic surgery case lists and is able to improve outcomes for patients with cancer.

Some notable surgeries we have been able to perform over the last three years include the first upper gastrointestinal robotic

tract surgery in the North West, a combined robotic procedure to treat both bowel and womb cancer in the same patient, and the first patient recruited onto an international clinical robotic trial into rectal cancer. The Da Vinci Xi was funded in the most part by Rosemere Cancer Foundation – the charity contributed a staggering £1.25m to get the robot in place at Royal Preston Hospital.



Our fantastic Finance team recognised

Earlier in 2020, our Trust's Finance team were awarded a Future-Focused Finance Towards Excellence Level 3 accreditation for their financial competence and commitment to skills development.

This is an amazing achievement which makes us one of only 15 NHS organisations across the country to be operating at the highest accredited level.

The accreditation recognises organisations that have the very best finance skills development culture and practices in place. The accreditation lasts until May 2023.

Future-Focused Finance is a national programme designed to engage everyone in improving NHS Finance in order to support the delivery of quality services for patients.



Lancashire Teaching Hospitals set to benefit from the Government's new hospitals programme

Lancashire Teaching Hospitals and University Hospitals of Morecambe Bay NHS Foundation Trusts are both set to benefit from the Government's exciting plans to build and refurbish hospitals across the country.

Both organisations have agreed to work collaboratively to maximise the initial £10m funding given to them under the second tranche of schemes within the Health Infrastructure Programme (HIP2). This money will be used to develop a business case to enable the Trusts to access further significant funds which will allow them to refurbish facilities and build a new hospital or hospitals. This is a competitive process so it is important that proposals are robust and are developed in line with an ambitious timetable set out by the Department of Health and Social Security. If we are successful we aim to be in a position to start building work by 2025!

No decisions have yet been taken, and over the coming months both Trusts will carry out extensive engagement with communities to explore how the new funding could best be used to provide the health services of the future. We will then develop a series of options which will go to a public consultation towards the end of the year. Look out for further updates on our websites below and in future editions of Trust Matters.

Lancashire Teaching Hospitals website
<https://www.lancsteachinghospitals.nhs.uk>

University Hospitals of Morecambe Bay website
<https://www.uhmb.nhs.uk>



International Day of Persons with Disabilities

December's public Board meeting fell on International Day of Persons with Disabilities 2020, an important day for us all as each of us has a vital role to play in identifying and addressing the discrimination, marginalisation, exclusion and inaccessibility that many people living with disabilities face on a daily basis.

We measure the work and career experiences of our colleagues with disabilities through the Workforce Disability Equality Standard (WDES). The introduction of WDES in 2019 enables us to review our current practices and key areas for improvement in supporting colleagues with disabilities. Some examples of projects available to staff at the Trust include Staff Psychological Support Services, identifying and highlighting issues in respect of access to facilities for colleagues, shielding support packs, the Dyslexia Support Network and the Hidden Disabilities Scheme.



Boosting the bond between mum and baby

In September, our fantastic Maternity Unit was nominated for the Patient Safety Improvement Award in the renowned Nursing Times Awards 2020.

The team were nominated for their work in reducing the number of new born admissions to the Neonatal Unit caused by hypoglycaemia (a condition caused by low blood sugar), by 80%. Our maternity team introduced interventions such as the 'golden hour' of skin-to-skin contact, where mothers and their new born experience a period of undisturbed skin-to-skin contact for at least an hour, or until after the baby's first feed.

♥ Our Charities



It has been an incredibly difficult year for charities across the world, yet our charity family has been overwhelmed by the generosity they have seen from staff, local businesses and the wider community. Our hospital charities have been working tirelessly to manage the amazing donations and support we have received. With these donations we are able to fund new projects and equipment for our hospitals which will improve patient experience and staff wellbeing. Here are some of our highlights. . .



Public donations transform patient experience at our new Critical Care Unit

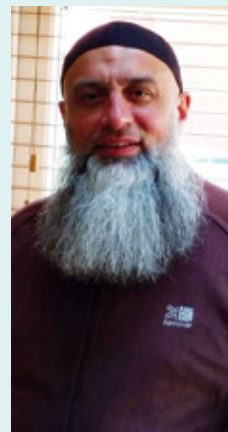
Thanks to the overwhelming generosity of local people and businesses, Lancashire Teaching Hospitals Charity was able to add extra comforts and furnishings to the new Critical Care Unit at Royal Preston Hospital, greatly enhancing patient experience as well as comforts for their families.

The charity funded a wide variety of additional items including furniture for the special counselling rooms, a family room with kitchen area and reclining chairs, comforts including a specialist bed, digital 'fish tanks', backlit pictured ceiling tiles and special exercise equipment to help patients with their recovery.

We'd like to thank every single person and company who showed their support – in particular the Bhailok family for their incredible contribution.

The NHS Heroes Hubs

In April, the Lancashire Teaching Hospitals Charity team worked with a team of fantastic local volunteers who came together to open the hugely appreciated NHS Heroes Support Hub following the loan of retail unit at Oliver's Place, Fulwood, Preston.



Lead volunteer Naeem Din quickly seized the opportunity to pull everyone together to create this supermarket-sized 'free shop'. Naeem and his team ensured the Hub was constantly stocked with a plethora of donated items from businesses who wanted to make sure that staff, who were struggling to access items in stores, had access to essentials such as toiletries, fresh fruit, flour, pasta and frozen meals at the end of a long shift.

We were overwhelmed by support from both local people and many national companies and the Hub was a resounding success. As a result, with the help of Governors Janet Miller, Margaret France and Frank Robinson, a satellite service opened in Chorley and South Ribble Hospital in June. While both Hubs have now closed because food shopping and buying essential items became easier, they were a very important lifeline for staff and the team did a fantastic job in opening, stocking and running these.

We would like to say a huge thank you to everyone involved.

NHS CHARITIES TOGETHER

NHS Charities Together

Thanks to the heroic efforts of Colonel Tom Moore who won the nation's hearts, NHS Charities Together has received incredible donations nationally and have been able to award these to NHS Hospital Charities across the country. To date we have received over £114,000 and are waiting to hear the result of a grant application for a further £190,000, which will be spent on exciting new improvements to staff and patient facilities across the Trust.

Lancashire Teaching Hospitals Charity has done an excellent job of stewarding this, which has so far provided a wide variety of benefits such as new outdoor seating areas at Chorley, NHS Heroes care packs for frontline staff and storage systems in the NHS Heroes Hub.



Up, up and away!

Despite the challenges of the pandemic, Baby Beat successfully held their first virtual event, a balloon race, to help raise vital funds and improve care for mums and babies in our region.

Raising a fantastic £270, the race saw staff and local people getting involved to watch the progress of their balloons, which set off in Moscow! This was a lovely way to raise money and have some fun at what has been and continues to be a really difficult time.

Brewing up funds for Rosemere

As well as always being ready with a friendly smile and a warm brew for any customer, the Rosemere Coffee Shop volunteers help us make a huge difference for our patients. Traditionally, at their AGM, volunteers present a cheque to Rosemere staff which constitutes the profits from the coffee shop. Despite the AGM being cancelled due to the pandemic the volunteers sent their cheque to Rosemere for a fantastic £5,939!

This was a wonderful and currently much needed donation from the volunteers, who work tirelessly to support the charity by

providing a warm, friendly environment for patients, carers and staff alike. It is an incredible amount, especially considering the shop closed in March, even before the UK's official lockdown came into place due to shielding guidance for cancer patients, and a loss of footfall earlier in the year due to ongoing maintenance.

As well as offering much-appreciated comfort and refreshment, the coffee shop has (through the profits, the collection tubs, and other fundraising) raised over £300,000 over the years!

Rosemere helps to fund study into a treatment for kidney cancer



Rosemere were delighted to award £33,254.25 of charitable funds to consultant oncologist Dr Natalie Charnley, who is based at the Rosemere Cancer Centre, and is leading on a clinical study into immunotherapy treatment for kidney cancer.

The donation has gone to fund PET scans that Dr Charnley and her team are using to look for early signs that Nivolumab, an immunotherapy medicine, is producing a response in patients. Scanning the patients will help ensure they are on the most effective treatment plan to suit their individual needs, making a great difference to their cancer journey.

Dr Charnley said: "Using the scans, we are hoping the study will help us determine which patients are more likely to respond the best to Nivolumab. We are very grateful for Rosemere Cancer Foundation's support of our research, which we are now planning to extend by expanding it to more patients with renal cancer."

Thank you to all of our fantastic supporters who've made this possible!



Christmas on the Ribblesdale Ward

Every year for the last four years, Rosemere supporter Helen Duchamp (who lives in France with her husband and three children) and her dad Mick Brakewell, of Bamber Bridge, have secured gifts for patients on our Ribblesdale Ward at Christmas.

With the current regulations, Christmas 2020 was a little different but they still managed it! Mick, now 72, delivered a boot full of gifts in early December, so the items could endure a 'quarantine period' before being delivered to the ward. The gifts included bath products donated by Preston's Royal Sanders Company, toiletries donated by Morrisons at Leyland and

Bamber Bridge, chocolates from Beeches and a consignment of Greenhalgh's mince pies. Blackburn Company Frank Anthony Kitchens Ltd also made a cash donation to help buy gifts.

Helen takes on this role of Santa each year in memory of her mum Jill, who spent time on Ribblesdale and sadly passed away with leukaemia in 2015, and who loved the festive period.

Thank you to Helen and Mick, and all the kind companies involved, for helping us bring Christmas cheer to our patients this year!



Funding state of the art equipment

Baby Beat has helped to install some incredible, state of the art equipment such as the Sensory Voyager, a mobile play therapy unit for long-term admissions with complex needs requiring developmental stimulation. The equipment will be used with both preterm and sick infants who will really benefit from sensory stimuli, and will help both babies and their families in times of stress. Thanks to donations from the Rhodi Charitable Trust.

The charity has also funded a neonatal ultrasound probe which is essential for scanning babies' hearts, thanks to a grant of £4,300

from Fort Vale Engineering. Baby Beat has ensured that staff on our maternity unit have access to two Lifestart trolleys, at a cost of nearly £28,000, enabling the resuscitation and stabilisation of newborns at the bedside without having to separate baby from mum.

We are so grateful to Baby Beat for all of these incredible improvements they help to make to our maternity and neonatal teams, as well as all the mums, babies and families they serve.



New machine supporting safe births at our hospitals

Baby Beat has purchased a specialised ultrasound machine for the Women's Health theatres teams at Royal Preston Hospital, with the help of a £1,000 grant from the Yorkshire Building Society Charitable Foundation.

The equipment helps with the placement of epidural pain relief and spinal anaesthetic, both of which are vital in ensuring mums have a safe birth without the side effects of strong painkillers or general anaesthetic.

When a mum-to-be has a spinal anaesthetic, she will be awake for the birth of her baby and can care for her baby more readily than if she underwent a general anaesthetic. The new ultrasound machine enhances the chance that an epidural or spinal anaesthetic can be administered. This means that mums can have immediate skin-to-skin contact with their babies, which comes with great benefits.

Tissue bank to enable local lung cancer research

Rosemere Cancer Foundation have agreed to fund a three-year project which will enable more local research into the better diagnosis and treatment of lung cancer – the UK's third most common cancer and responsible for the most deaths.

The charity spent £32,590 on freezer units and other crucial equipment needed to set up a Cardiothoracic and Biofluid Research Bank, which will be housed within the cellular pathology department here at Lancashire Teaching Hospitals, but will serve the whole region.

The research bank will collect samples from consented patients who are already undergoing lung cancer treatment at Blackpool Victoria Hospital, which is the region's specialist cardiothoracic disease centre, and undertakes lung cancer surgery on patients from across Lancashire and South Cumbria.

Local consultants and scientists will then apply to the bank to be gifted specimen samples to help them in their research to identify new treatments and diagnostic tools. The research bank, which it is hoped will be self-financing by the time our charitable support ends, will also make samples available nationally at cost to other UK researchers.

Thank you to all of our wonderful donors and fundraisers who've made this possible - this has the potential to make a huge difference for local lung cancer patients!

Local company's kindness is transforming our hospitals



Since the start of the pandemic, James Hall & Company Limited, who operate as the primary wholesaler to SPAR retailers throughout the North of England, has been showing their support to our hospitals.

Thanks to a £250,000 donation, the Lancashire Teaching Hospitals Charity have been able to make incredible rest and recuperation improvements aimed at supporting staff wellbeing, such as sleep pods for staff, care packages, outdoor areas for staff to enjoy and much more. The company also adorned its trucks with our logo alongside a rainbow, which has been a real symbol of hope during these testing times.



GOVERNORS' UPDATE



Alistair Bradley
Appointed Governor



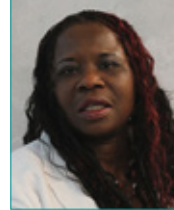
Javed Iqbal
Appointed Governor



Sue Jones
Appointed Governor



Shirley Murray
Appointed Governor



Jacinta Nwachukwu
Appointed Governor



Eddie Pope
Appointed Governor



Keith Ackers
Public Governor



Pav Akhtar
Public Governor



Takhsin Akhtar
Public Governor



Peter Askew
Public Governor



Paul Brooks
Public Governor



David Cook
Public Governor



Margaret France
Public Governor



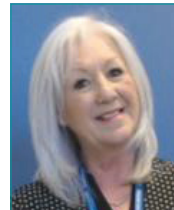
Hazel Hammond
Public Governor



Steve Heywood
Public Governor



Trudi Kay
Public Governor



Lynne Lynch
Public Governor



Janet Miller
Public Governor



Janet Oats
Public Governor



Frank Robinson
Public Governor



Anne Simpson
Public Governor



Mike Simpson
Public Governor



David Watson
Public Governor



Rebecca Allcock
Staff Governor



Anneen Carlisle
Staff Governor



Alison Slater
Staff Governor



Huw Twamley
Staff Governor

Our governors always work hard, often behind the scenes, to facilitate changes and improvements across our organisation.

They have been committed to continuing their hard work via virtual meetings, events and much more during the pandemic.

See below for further examples of their activities and if this inspires you to want to become a governor, please see more on our elections on page 20.

A message to all of our staff from our Council of Governors

At the quarterly Council of Governors meeting on Thursday 22nd October 2020, the Trust's governors discussed how they were inspired by the amazing levels of skill, personal commitment, compassion, flexibility and resilience all Lancashire Teaching Hospitals staff displayed throughout the Covid-19 pandemic.

Governors are kept informed of the pressures and challenges on the services and the professional and selfless responses of staff through both direct and indirect contact with staff, patients, families, the Trust Management team and Executive and non-Executive Directors.

This is their message to staff:

"Your embodiment of our Trust values in finding different ways of working and continually improving at a time when you are experiencing the same worries and concerns around lockdown rules, protecting your own loved ones, childcare etc as your patients and their families is exceptional.

As pressures on the NHS are building up again, as we move into the winter and the second wave of the pandemic, the governors are unanimous in wishing to publicly express their heartfelt and sincere thanks to all staff across both Chorley and Royal Preston Hospitals for their hard work and dedication and to their families without whose support this couldn't happen.

There are so many examples both on the front line and behind the scenes of exceptional quality of care, patience and dedication and of individuals and teams going the extra mile. It simply makes us as governors and the communities we represent proud and thankful that we have such a magnificent healthcare team to look after us."

THANK YOU TO ALL OUR MARVELLOUS STAFF!

Improving patient experience

Our governors are instrumental in helping to proofread and review our patient information leaflets. This is just one part of their responsibility within the Patient Experience and Involvement Group, where they have been attending virtual meetings along with patients, carers and staff. This group is vital if we are to consider feedback from service users and make changes or improvements wherever we can.

Pre-Covid-19, governors also regularly took part in PLACE visits – Patient-Led Assessment of the Care Environment – which is a national NHS initiative involving a physical visit looking at the patient environment, tasting the hospital food, assessing cleanliness and much more, with a view to making any improvements possible.



Annual Members' Meeting

On Wednesday 18th November 2020, the Trust held its Annual Members' Meeting on Microsoft Teams Live.

Our Chair, Professor Ebrahim Adia, hosted the evening which gave the public more information about the last financial year together with some of the current and future developments at the Trust. It also gave the public a chance to ask questions directly to our Trust Board.

A big thank you to Dr Mohammed Munawar and Dr Aashish Vyas, who delivered fantastic presentations on 'Clinical Management and Covid-19 Research Trials' and 'Treatment of Respiratory Failure in the High Care Unit' respectively.

A transcript of the Board of Directors' Q&A and Consultant Q&A, together with responses to questions that weren't answered on the evening, are available on our website here: <https://www.lancsteachinghospitals.nhs.uk/annual-members-meeting-2020>

If you would like a copy of these, please contact the Membership Office on **01772 524412** or Freephone **0800 073 0663**, leave your contact details (including name, telephone number and address) on the answering machine and we will post a copy to you.

If you didn't manage to attend the event, a recording is also available on the above link.



Ensuring our staff and patients are protected

When the guidance was announced on the compulsory wearing of face masks in our hospitals, a real team effort was made across the Trust to ensure all staff and patients have access to masks. Some of our governors have helped us to staff the mask stations which has been really appreciated. They have also helped us by raising concerns and suggesting how we can improve some of these processes. Thank you!

Be the voice for your community

Governor Elections 2021

Have **you** got what it takes?
Are you interested in becoming
one of our hospital governors?

Are you passionate about the NHS
and would you like to be a voice for
patients, their families, carers and
NHS staff? If so, why not stand for
election as a Governor of our NHS
Foundation Trust?

Governor Elections 2021

What do governors do?

Governors have a key role in representing the interests and views of our members (staff and public) and the wider general public and in supporting our Trust's performance by:

- Helping us to promote membership opportunities and the role of governor
- Developing networks for engaging members (staff and public) and the wider community, including minority groups
- Seeking the views of members (public and staff) and the wider public when developing our future plans and priorities and sharing these with our Board of Directors
- Seeking assurance from our Board of Directors around the Trust's performance and conveying key performance assurance information to members and the wider public

We have vacancies within the public constituency. You do not need specific qualifications for the governor role; only a commitment to representing members and the wider public to the best of your ability. We provide an induction programme for newly elected governors and an ongoing training programme is provided for all governors.

The notice of Election and nominations opens Tuesday 2nd February 2021. If you or anybody you know are interested in becoming a governor at our hospitals, we recommend that you book a place on one of our two virtual workshops, which will be

held via MS Teams on 21st January 2021 at 10am – 11am and 5pm – 6pm. You will have the chance to learn more about the governor role and meet some of our existing governors.

To book your place on a workshop or for further information, please contact Catherine Arrand-Green, on telephone number Freephone **0800 073 0663** and leave your contact details (name and telephone number) alternatively you can email foundation.trust@lthtr.nhs.uk

✕ Elections to the Council of Governors 2021

If being a governor is not for you, you can still make a really positive contribution by voting for new governors. Voting packs will be despatched from CIVICA Electoral Services on Tuesday 9 March 2021, the election will close on Monday 29 March 2021 and the results will be declared on Tuesday 30 March 2021. We have vacant seats in the public and staff constituencies (representing Doctors and Dentists and Non-Clinical Staff).

You can cast your vote either by post or email but please don't forget to vote!

What do our governors say?

Public Governor: "I worked for the NHS for 38 years as a midwife and staff nurse and I have been a governor for 6 years. I find it fascinating, sometimes challenging, but I have met the most wonderful people who have good intentions and wish to help the patients, relatives and staff."

"As a governor one can have a great deal of input, many governors can bring their knowledge and expertise from many different perspectives as many governors have not worked in the NHS, but have experience of industry, IT, Social Care, Education, etc."

"If you are thinking of becoming a governor then I would strongly recommend having a look at 'the role' of a governor on the internet and attend the pre-election workshop, you will be able to gain an insight and ask questions directly to existing governors."

Staff Governor: "As a new staff governor, I have been overwhelmed with the great work and commitment that the governors continue to deliver to ensure that our patients and staff are safe. I am equally impressed with the positive partnership demonstrated between the corporate board and how much they value the 'voice' of the governors"

Public Governor: "I wanted to become a governor - I have had over forty years working in the NHS and on retiring felt that I still had more to offer. It's been my life and I am very proud of our hospitals. I have gained more knowledge of how the Trust is organised and what we have to offer both now and in the future. I feel I can represent the public in asking questions and giving them reassurance, pointing them in the right direction to

get assistance where necessary. Being a governor has been an interesting role, enlightening and I feel very worthwhile and I hope I have been able to contribute as much as I possibly could."

Public Governor: "My work in Business Analysis took me into NHS Trusts and gave me insight into the workings of process and IT within the hospital world. As work eased down, I looked around for something to invest my time in and give back a little of what I had gained in a life doing something that I enjoyed."

"I felt obligated to start at the bottom and became a volunteer, which I remain to the present day, and was persuaded to stand as a governor. We offer all appointments for a three-year term so that you have time to find your feet, contribute and decide what more you want to do."

"We don't get involved in day to day operations, but we can encourage and support the future of our hospital service and the brilliant work of our staff."

We want your email address!

We are urging members with email addresses to contact the Membership Office to change their communication preference to email rather than post. Communication via email is fast, effective and significantly reduces costs – get in touch today!

We'd also like to hear from you if your name or any of your other contact details have changed.

How to apply?

If you are interested in standing for election, you will be able to download an information pack and nomination form after 1st February 2021 using the link:

www.cesvotes.com/LTH2021

Alternatively you can contact:

Ciara Hutchinson,
Returning Officer,
Civica Election Services
via email: ftnominations@cesvotes.com
telephone: **0208 889 9203**

or post:

**33 Clarendon Road,
London,
N8 0NW**

**Don't delay
the deadline for
completed nomination
forms is
Wednesday 17th
February 2021**

Governors' charitable fund helps to improve patient experience

Last year saw an ever-increasing demand on our Governors' Patient Experience Charitable Fund, with monies raised helping to purchase much-needed equipment to enhance the patient experience across the Trust.

An example of this are CD and radio players for the new Escalation ward at Royal Preston Hospital, as well as new TVs for the waiting areas at our Fracture Clinic at Preston and Suite 3 at Chorley.

The fund has enabled our governors to supply and install a selection of durable toys for our Children's Emergency Department at Royal Preston Hospital.

Our staff are delighted with the finished result and have commented that they will make a huge difference to the waiting experience of our young patients, helping to relax and distract children when they come in for an assessment.

An added bonus is that for infection control purposes, they are easy to keep clean between each use.



A place of remembrance for those we have lost

On 9th August 2020, Public Governor, Janet Miller and Head of Widening Participation & Apprenticeships, Jackie Higham, attended the blessing ceremony of the Wrea Green Remembrance Wood. The sermon and blessing was delivered by the Rt Rev Dr Jill Duff, the Bishop of Lancaster. Within the woodland there is a large granite stone and oak tree dedicated to those key workers who have lost their lives to Coronavirus.

Subsequently, staff from Myerscough College kindly planted a tree on behalf of our governors to commemorate our own staff and patients who have died due to Covid.

STAR awards success

Our STAR Quality Assurance Framework has been designed by clinical teams and governors to provide an evidence base to demonstrate the standard of care and delivery, identify what works well and where further improvements are required.

We have been very fortunate in having our governors fully involved in the design and implementation of STAR, dedicating their time, feedback and constructive criticism to raising our quality standards across the organisation and improving staff and patient experience.

To date, 12 departments have achieved Gold status, and recently we held a virtual online celebration to showcase the latest teams to have achieved this prestigious accolade.



 **Contact our Membership Office**

T: 01772 524412 or

Freephone 0800 073 0663

E: foundation.trust@lthtr.nhs.uk



How to get your COVID-19 vaccination

Currently, people at risk of serious illness because of coronavirus due to their age are being contacted by the NHS to have their vaccination. The NHS may contact you in a range of ways to book your appointment.

1 Local GP service: GP surgeries are working together in your area to vaccinate as many people as possible. You may be contacted by a different surgery to the one you usually go to. If you have had your first jab, you will be contacted about getting your second.

2 Local hospital services: You might be contacted to have the vaccination as an inpatient or outpatient. If you have had your first jab, you will be contacted about getting your second.

3 National NHS Covid-19 Vaccination Booking Service: People who haven't already been vaccinated will receive a letter to book an appointment in a vaccination centre or community pharmacy – either online or by phone. The number of locations will increase over the coming weeks.

If you can't travel to one of these, or there is another reason you can't book an appointment, you can choose to wait until the local GP service contacts you.

If you receive a letter to book through the NHS COVID-19 Vaccination Booking Service and you already have an appointment booked elsewhere please ignore the Booking Service letter.

For more information visit: www.nhs.uk/covid-vaccination

Covid-19 vaccine

The NHS will get in touch when it's your turn to be vaccinated

Find out about the roll-out at nhs.uk/CovidVaccine

Dates for your diary 2021

The [Corporate Calendar 2021](#) can be viewed on our website.

Due to the ongoing impact of the Covid-19 pandemic venues will be reviewed and converted to virtual meetings using Microsoft Teams. The calendar will be kept under constant review and a revised version published on the Trust's website on a monthly basis.

Board of Directors' meetings

04/02/2021	1.30pm – 5.30pm	Virtually using Microsoft Teams
01/04/2021	1.30pm – 5.30pm	To be confirmed
27/05/2021**	1.30pm – 2.30pm	To be confirmed
03/06/2021	1.30pm – 5.30pm	To be confirmed
05/08/2021	1.30pm – 5.30pm	To be confirmed
07/10/2021	1.30pm – 5.30pm	To be confirmed
02/12/2021	1.30pm – 5.30pm	To be confirmed
03/02/2022	1.30pm – 5.30pm	To be confirmed

** Not a public meeting; to approve Annual Report and Accounts

Reports to be submitted following audit committee meeting on 20 May 2021

Council of Governors' meetings

28/01/2021	1pm – 4pm	Virtually using Microsoft Teams
29/04/2021	10am – 1pm	To be confirmed
29/07/2021	1pm – 4pm	To be confirmed
26/10/2021	10am – 1pm	To be confirmed
27/01/2022	1pm – 4pm	To be confirmed

Council of Governors' meetings are held four times per year and any member of staff or the public are welcome to attend.

Annual Members' Meeting and Focus On Event

27/10/2021	6pm – 8pm	To be confirmed
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Please note that meeting dates may occasionally be subject to change. Please email company.secretary@lthtr.nhs.uk to double check Council of Governor and Board of Director meeting dates before attending.

If you have any queries, please contact **Corporate Affairs on 01772 522010** or email company.secretary@lthtr.nhs.uk

To view **TRUSTMatters** online go to: www.lancsteachinghospitals.nhs.uk/trust-matters

Trust Matters is available in different versions including audio. If you require this magazine in a different format, please contact the Membership Office.

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