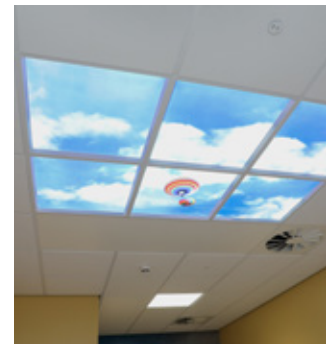


TRUST Matters

News • Awards • Membership • Governors • Information • and much more...

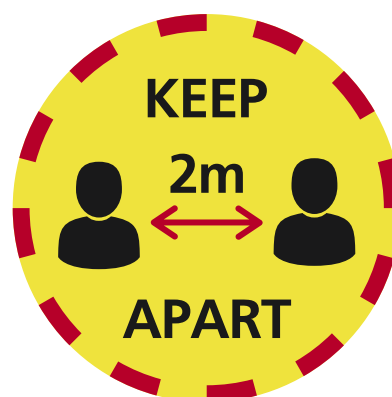


Keeping you safe in our Hospitals

Covid restrictions still apply to the NHS



Surgical face mask
must be worn at all times



Distance
yourself at least 2 metres (6 feet)
away from other people



Keep Left
when walking through
the hospital walkways



Wash hands
on a regular basis for 20 seconds with
soap and water or hand sanitiser

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Welcome to our latest edition of Trust Matters



Dear Foundation Trust Members,

Welcome to the latest edition of Trust Matters, our publication designed to keep you informed of the latest developments across Royal Preston and Chorley and South Ribble Hospitals.

Governors play an essential role in making sure that the views of our wider community are taken into account in providing and developing our hospital services, and we are now actively looking for Foundation Trust members to join the Council of Governors at Lancashire Teaching Hospitals NHS Foundation Trust. You do not need specific qualifications for the Governor role; only a commitment to representing members and the wider public to the best of your ability. If you are interested in standing for election, you can find out more on page 11.

Last September, we welcomed our new Chief Executive, Kevin McGee, to Lancashire Teaching Hospitals NHS Foundation Trust. It has been a pleasure to work alongside Kevin since he joined us and I look forward to working with him on many projects, including the New Hospitals Programme in the years ahead. Kevin has just been awarded the Order of the British Empire (OBE) in the New Year's Honours for his many years of service to the NHS, much of which has been within Lancashire and South Cumbria, so I know you will agree that he is an excellent addition to our Trust.

I'd like to place on record my sincere thanks to all staff for their outstanding efforts as we approach the two-year anniversary of the COVID-19 pandemic. Throughout these unprecedented times, they continue to go above and beyond and deal with very challenging circumstances with

courage, commitment and compassion, to ensure patients across Lancashire & South Cumbria receive the best possible care.

I'm sure all of our local communities will echo my praise, particularly at a time when COVID-19 remains prevalent in our communities with new variants continuing to be identified globally. The new Omicron virus is proving particularly virulent at the time of writing. This means that we are currently considering a number of contingency plans for potential new space on our site at Preston. This will include a new Nightingale Surge Hub in one of our visitor car parks and you can read more about this on our website.

As a result of rising COVID-19 cases, our hospitals remain exceptionally busy and I cannot emphasise enough the importance of asking all who visit our hospitals, whether you're a patient, carer or loved one, that you comply with the infection prevention and control procedures – this includes the use of face masks on-site together with social distancing (>2 metres) and regular hand hygiene practice – that are still required in the NHS and other health care settings.

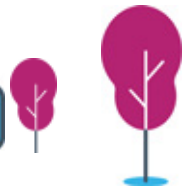
We are continuing to review all of our guidelines on a regular basis, particularly around visiting. It's paramount that we continue to keep our patients, staff and visitors safe when visiting our hospitals and it's for that reason the Trust has taken the difficult decision to restrict adult inpatient visiting until further notice. Due to the changing nature of COVID-19, this is a fluid situation and some exceptions do apply, such as for children, maternity, end-of-life and carer support with full guidance is available on our [Trust website](#). I appreciate this decision will have an impact on patients and families and we will continue to offer alternatives - such as FaceTime - to allow you to communicate with your loved ones..

Thank you for your continued support of your local NHS and taking the time to read all about what's happening at our hospitals.

Please continue to follow Government guidance to help keep yourself and your loved ones safe – and most of all please encourage everyone you know to have their COVID-19 booster jab.

**Best wishes, Professor Ebrahim Adia
Chair – Lancashire Teaching Hospital**

Lancashire & South Cumbria New Hospitals Programme



Latest news from the New Hospitals Programme

The Lancashire and South Cumbria New Hospitals Programme offers a once in-a-generation opportunity to transform our region's ageing hospitals and develop new, cutting-edge hospital facilities that offer the absolute best in modern healthcare.

Following the publication of our Case for Change report in July 2021 (<https://newhospitals.info/CaseForChange>), the Lancashire and South Cumbria New Hospitals Programme has now entered an important phase. Over the last few months, we have been busy collecting information on everything from what future clinical and technological developments we might need to accommodate in new hospital facilities, to potential land availability and building specifications. We have also involved thousands of patients, staff and stakeholders in conversations to start to build a picture of what they do (and don't!) want from new hospital facilities.

In September 2021, we published a longlist of possible solutions to address some or all of the main challenges facing Royal Preston Hospital and Royal Lancaster Infirmary, with investment in Furness General Hospital. As established through the Case for Change process, these three hospitals are the priority for investment. The longlist of proposals includes rebuilding on the existing hospital sites, rebuilding somewhere new and / or refurbishing existing buildings and facilities – and various combinations of all these variables.

We asked for feedback on the longlist of proposals from staff and Foundation Trust Members using our Big Chat online discussion, with 1,895 people joining this conversation. Members of the public also had a chance to have their say in person at our New Hospitals Programme roadshows with Healthwatch Together, as well our survey, which received nearly 3,500 responses from people across

the region. We have also been running a range of workshops and hearing directly from people who will be most impacted by new hospital facilities, as well as keeping MPs and local authority leaders up-to-date with the progress of the programme. Thank you to everyone who has taken the time to share their feedback to date!

What's next?

We now need to start narrowing down the possible scenarios for what we might do.

Step One: Agree the problems we need to solve ✓

Step Two: Create a draft longlist of possible solutions to those problems ✓

Step Three: Work with experts and stakeholders to refine and agree this longlist ✓

Step Four: Gather feedback on the longlist of proposals from NHS staff, patients and local people ✓

Now these steps are complete, we will use all the feedback we've received to help us narrow down the proposals to a shortlist. We anticipate this will conclude in Spring 2022.

For all the latest news about the New Hospitals Programme, visit <https://newhospitals.info> – you can also find us on Twitter @NewHospitalsLSC and like us on Facebook (just search for 'Lancashire and South Cumbria NHS New Hospitals Programme').



Chief Executive awarded OBE in New Year Honours



We are delighted to confirm that our Chief Executive, Kevin McGee, has been named in this year's New Year Honours list.

A familiar and well respected figure both within the Lancashire health and care system, and the wider North West region, Kevin was until September 2021 the joint CEO of East Lancashire Hospitals NHS Trust and Blackpool Teaching Hospitals NHS Foundation Trust, and has received the Order of the British Empire (OBE) for his services to the NHS. Speaking about his OBE, Kevin McGee said it was a 'huge honour' following a varied and extensive career within the health care system: "It's a huge honour to have received the Order of the British Empire and to be named alongside so many inspiring individuals, many of whom work for the NHS.

"I'm very privileged to have had a varied and extensive career within the health care system, but the biggest reward is being able to work with so many amazing staff and partners who are dedicated to ensuring that we provide the very best health care services for the local populations of Lancashire and South Cumbria particularly during this pandemic."

You can read the full story [on our website](#).

One year since our first COVID-19 vaccine was administered

It has been just over a year since our Trust became one of the first hospitals in the country to administer the COVID-19 vaccine.

We gave our first vaccine to 81-year-old Doreen McKeown on 8th December 2020, making her one of the first people in the world to be vaccinated against COVID-19.

Doreen is one of our volunteers and we were delighted to give something back to someone who gives us so much.

Doreen, who is now 82, and lives in Hutton, spoke to the [Lancashire Post](#) twelve months on and says it was a "pure coincidence" that she ended up being one of the first people in Lancashire to be



vaccinated having opted for an early appointment to avoid traffic.

Speaking to Paul Faulkner, Doreen said: "It's been a rollercoaster year for the whole world. I'm so proud of the NHS in Lancashire and Lancashire Teaching Hospitals – they have done a tremendous job, as have the people who developed the vaccine."

Asked what her advice would be to those hesitating to get the vaccine, Doreen added: "My advice to people would be: do not hesitate, don't be afraid – get out there and get it, for your own sake, but for everybody else, too."

The first antiviral drug to treat patients with COVID-19 and trialled at LTH was approved by UK medicines regulator

The first oral antiviral drug designed to treat patients with COVID-19 and trialled at Lancashire Teaching Hospitals NHS Foundation Trust was approved by the UK medicines regulator last November.

The Lancashire Clinical Research Facility, who are a partnership of the Trust were one of seven centres across the UK recruiting volunteers for the AGILE coronavirus drug testing initiative.

In October 2021, television cameras gained access to Royal Preston Hospital as the Trust became one of the first hospitals to administer the antiviral drug to patients with early onset COVID-19, but who had not been hospitalised, as part of the research trial.

Speaking to [ITV News](#), Dr Hadjiyiannakis, medical director for the Lancashire Clinical Research Facility, said: "It causes the virus to over mutate, cause more mutations in its genetic material and therefore kill itself."





Dementia Resource Corridor

In September 2021, the Dementia Resource Corridor opened at Royal Preston Hospital.

The aim of the corridor is to promote dementia awareness and features a range of resources for those affected by dementia to learn about the disease and strategies to enable people to live well. The corridor also features some cognitive stimulation activities and signposting information on local and national services.

We would like to give a heartfelt thanks to colleagues involved with the project, local students for their creativity and services that provided funding through LHTTR Charitable Funds.

You can read the full story [on our website](#).

Christmas lights switch on



For the first time in two years, Royal Preston Hospital was able to get into the festive spirit with a small-scale Christmas lights switch-on.

Due to COVID-19 regulations which still apply to all NHS and social care settings, Lancashire Teaching Hospitals NHS Foundation Trust has not been able to hold festive events for two years.

An Order of Service was led by Lead Chaplain, Martin McDonald, and there were Christmas carols from the Trust's staff-led Choir who, in recent times, have only been able to get together online; before 14-year-old Selina, an inpatient, did the honours of switching-on the lights.

A small service was also held at Chorley & South Ribble Hospital; a tradition which dates back to 2005 but has not been possible since 2019.

You can read the full story [on our website](#).

The UK's first asthma bus launched in Leyland

The UK's first 'asthma bus' spent 10 weeks in Lancashire in 2021 to provide vital resources to pressured NHS respiratory services.

The PRECISION Asthma Mobile Clinic officially opened on 6th October 2021, at Chorley House, based on Lancashire Enterprise Business Park in Leyland before moving to Healthport in Preston.

The partnership has helped to accelerate the delivery of asthma care appointments in the region. This comes after more than 1 in 20 (6.7%) asthma sufferers delayed emergency care during the pandemic and over a quarter (27.5%) avoided receiving treatment from their GP.





New garden opens in Critical Care Unit at Royal Preston Hospital

A brand new garden area outside Royal Preston Hospital's Critical Care unit is now helping staff to relax and recuperate amid busy shifts in intensive care. The purpose built garden provides staff members, working on ICU, with an area to visit during or after their shifts to chat, and unwind from what can be a stressful and emotional environment.

This project helps compliment what has been a significant transformation of the unit with phase four of the expansion and refurbishment being completed in March 2021 which now provides first-class facilities to patients across Lancashire & South Cumbria.

You can read the full story [on our website](#).



Keep up-to-date with the latest vacancies

The Recruitment Team manage three social media jobs pages where people can see the roles our Trust has on offer 24 hours a day, 365 days a year:

- [Facebook](#), [Twitter](#), [Instagram](#): @Lancshospjobs

The current list of vacancies can be viewed on our website where we also have a step-by-step guide and an e-learning course to help prospective applicants with their applications.

Right now we're actively looking for more Healthcare Assistants to join our Trust.

It's hard to sum up in a few words just how much our Healthcare Assistants mean to us, but when we asked our teams, the words they used were: Passionate, Essential, Inspiring, Dedicated, Needed and Invaluable.

We have a dedicated recruitment page [on our Trust website](#) outlining the Healthcare Assistant roles which we are recruiting for on a full-time and part-time basis at Royal Preston and Chorley & South Ribble Hospital sites.



Refurbished Oncology ward opens at Royal Preston Hospital

In October 2021, we opened Rosemere Cancer Centre's new 24-bed Ribblesdale Ward at Royal Preston Hospital.

The Ribblesdale Ward is the only inpatient oncology-specific ward in Lancashire & South Cumbria and supports patients with a wide range of clinical needs and end-of-life care.

The ward was transformed after receiving funding of over £1m from the Rosemere Cancer Foundation following its hugely successful 20th-anniversary appeal.

The state-of-the-art ward consists of shared and single bedroom spaces for patients being cared for by a specialist cancer team, with additional areas for relatives to visit their loved ones. Nature-inspired interiors will promote a healthy recovery and positive wellbeing through bespoke wood designs that feature back-lit art panels, floor vectors, and skylights that can be tailored to the time of day.

A patient's loved ones also have access to a relatives room which

includes homely furnishings such as sofas, a tv unit, bean bags, loose storage, and digital wall prints; as well as a modern kitchen space.

Dan Hill, chief officer of Rosemere Cancer Foundation, said: "We are incredibly proud of our supporters for helping us make the Ribblesdale Ward unrecognisable from how it was just a few short months ago. The upgrade is quite stunning."

Hundreds of patients are treated on Ribblesdale Ward every year and are looked after by a dedicated team of matron, 24 consultants, 15 nurses, 20 healthcare assistants, a ward clerk, two housekeepers and a domestics crew.

The Rosemere Cancer Foundation funds cutting-edge equipment, clinical research, staff training and innovative services and initiatives that the NHS cannot afford in order to make patients' cancer journey more effective, comfortable and stress-free.

You can read the full story [on our website](#).

Lancashire Eye Centre officially opens

Following a multi-million pound investment, we were delighted to officially open our new Ophthalmology development at Chorley & South Ribble Hospital in December 2021.

The Lancashire Teaching Hospitals' site, known as the Lancashire Eye Centre, is a new and modern purpose built facility which will provide increased capacity to patients across local communities.

The three-tier building includes a dedicated outpatient and diagnostic space as well as three additional theatres to provide extra capacity for patients requiring a variety of day case procedures.

The new unit has been designed with the patient experience at the forefront. The various segments of the building are even colour-coded to ease patient navigation and improve accessibility for those who need additional support.

The Centre will provide urgent and emergency clinics, cataract services and all other specialist ophthalmic services including glaucoma, retina, paediatric, neuro-ophthalmic, oculoplastic and cornea.

It is estimated that the new facility, which is in addition to current facilities at Royal Preston Hospital, will significantly increase the service's capacity and help tackle the backlog of patients currently waiting to be seen. Traditionally ophthalmology departments deal with a high volume of patients with our Trust employing over 90 staff, including 13 consultants.





New Theatres open at Chorley & South Ribble Hospital

In November 2021, we opened three new day case theatres at Chorley and South Ribble Hospital. The new theatres, which now make nine in total, are a much welcomed addition to the site and will help make inroads for patients who are currently awaiting elective procedures.

The multi-million pound project, developed by construction company Tilbury Douglas, has already started to welcome its first patients, with many more scheduled for treatment over the coming months.

The theatres will treat patients from across Lancashire and South Cumbria for a range of surgical specialty day case procedures such as

Orthopaedic, Plastic Surgery and General Surgery.

Steve Canty, Divisional Medical Director for Surgery at Lancashire Teaching Hospitals, added: "The new theatres are a much welcomed and important addition to patients across Lancashire and South Cumbria who are waiting to undergo elective procedures.

"Many have waited for a very long time to receive treatment and these new facilities will help us to treat patients more quickly, and ensure our patients receive the excellent care they require."

You can read the full story [on our website](#).



Refurbishment of MacMillan Information centres

Macmillan's Cancer Information and Support Service in Lancashire has undergone a £48k refurbishment to help enhance the experience for people living with cancer.

All three sites across our Trust have been given a fresh makeover, while the main hub based at Royal Preston's Rosemere Cancer Centre has added a new quiet room.

The Macmillan Centre, which launched in 2013, has helped more than 17,000 people affected by cancer over the years providing essential practical, emotional and financial support.

You can read the full story [on our website](#).

New renal services open in Burnley

Our Trust has reached the next milestone in improvements to renal services across Lancashire and South Cumbria with the opening of a new facility in Burnley.

The centre, which will treat patients for kidney disease, opened in October 2021 in Briercliffe Shopping Centre, offering haemodialysis treatment and clinic appointments as part of a seven-year contract.

In September, a similar centre opened in Ulverston to bring outpatient clinic facilities closer to home for patients in the Furness area.





GOVERNORS' UPDATE

Appointed Governors



Will Adams
Appointed Governor



Alistair Bradley
Appointed Governor



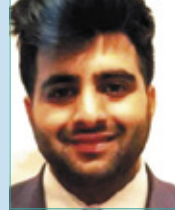
Shirley Murray
Appointed Governor



Jacinta Nwachukwu
Appointed Governor



Eddie Pope
Appointed Governor



Suleman Sarwar
Appointed Governor



Keith Ackers
Public Governor



Pav Akhtar
Public Governor



Takhsin Akhtar
Public Governor



Peter Askew
Public Governor



Sean Barnes
Public Governor



Paul Brooks
Public Governor

Public Governors



David Cook
Public Governor



Margaret France
Public Governor



Hazel Hammond
Public Governor



Steve Heywood
Public Governor



Trudi Kay
Public Governor



Lynne Lynch
Public Governor



Janet Miller
Public Governor



Janet Oats
Public Governor



Frank Robinson
Public Governor



Anne Simpson
Public Governor



Mike Simpson
Public Governor



David Watson
Public Governor

Staff Governors



Rebecca Allcock
Staff Governor



Anneen Carlisle
Staff Governor



Dr Waqas Khan
Staff Governor



Piotr Spadio
Staff Governor

What our Governors do?

There are 28 governors who help to make Lancashire Teaching Hospitals a successful NHS Foundation Trust by ensuring we meet the needs and expectations of our patients.

At the moment our Council of Governors is made up of 6 appointed governors, 18 public governors and 4 staff governors. Both public and staff governors are elected by our constituents.

Together Council represents the interests of our members and partner organisations and provides advice and support to the Board of Directors, which is responsible for the overall management of the Trust. An election to the Council of Governors is to be held in March 2022 and you can read more about the process on page 11.

Despite it being difficult to meet in 2021, Council, like the Board, used Microsoft Teams – fulfilling the obligation to meet four times per year. Governors also used MS Teams to facilitate the

bimonthly meetings of our Care and Safety Subgroup (CaSS) and our Membership Subgroup which meets quarterly.

Our Annual Members' Meeting was also held via MS Teams as were our coffee catch up meetings.

In addition, virtually, some governors attended a national conference organised by NHS Providers; the Trust's staff ambassador group meetings; the launch of our Equality, Diversity Inclusion Strategy 2021-2024; the Safeguarding Champions training; the New Hospital Programme's engagement meetings; the Always Safety First meeting with input from Professor Suzette Woodward and a focus group meeting to consider our new Patient Experience and Involvement Strategy.

There have also been opportunities to visit our hospital sites for a number of events to celebrate the continuing hard work of our wonderful staff which included the opening of the dementia corridor at Royal Preston Hospital; the Lancashire Eye Centre and the new theatres at Chorley and South Ribble Hospital. Last, but not least, Governors had the very difficult decision to short list staff candidates for the coveted Governors' Award in the annual Our People Awards which was awarded to the Hotel Services team.

Notice of Nominations

Have YOU got what it takes?
Are you interested in becoming a hospital governor?

How would you like to be the voice for your community and have the chance to make a difference? We are looking for foundation trust members to join the Council of Governors at Lancashire Teaching Hospitals NHS Foundation Trust. Governors are essential in making sure that the views of our wider community are taken into account in providing and developing our hospital services.

The Elections to the Council of Governors will be held in March 2022 and there will be seven governor vacancies available within the public constituency and one within the volunteer constituency. You do not need specific qualifications for the governor role; only a commitment to representing members and the wider public to the best of your ability. We will provide you with an induction programme and ongoing training in support of the role.

What is the commitment expected of Governors?

A Corporate and Governor Calendar is produced each year and the year 2022/23 will be published on the Trust's website early in February 2022. It is expected that Governors commit to attend the following each year:

- Four formal Council of Governors meetings
- Informal Council Workshops and joint development sessions with the Board of Directors
- Governor Subgroup meetings
- Annual Members' Meeting
- Ongoing training and development

Is it for me? What does a governor really do?

To find out more and if it's right for you then come along to our virtual prospective governor information workshop. You'll get a chance to hear from Electoral Reform Services about the election process, learn more about the role and the expectation of a governor, meet existing governors, and hear about how you can make a difference. The workshop will be held on:

*Tuesday, 8 February 2022,
3.00pm – 6.00pm,
virtual session using Microsoft Teams*

To book your place on the virtual workshop or for any further information, please email foundation@lthtr.nhs.uk or call **07850 775502** and leave your contact details (please state your name, address and telephone number) and arrangements will be made to send joining instructions to your calendar.

If you are interested in becoming a governor we strongly advise booking a place on the workshop.

Contact our Membership Office

**T: 07850 775502 or
E: foundation@lthtr.nhs.uk**

How to apply?

If you are interested in standing for election, an information pack and nomination form can be obtained from the Returning Officer from **Friday, 28 January 2022.**

URL: www.cesvotes.com/LTH2022

Email: ftnominations@cesvotes.com

Telephone: **020 8889 9203**

Text: **2FT LT** and your name and address to **88802**

Post: **Electoral Reform Services, 33 Clarendon Road, London, N8 0NW**

**– Don't delay –
the deadline for completed
nomination forms is
5pm Monday
14th February 2022**



Patient Experience and PALS

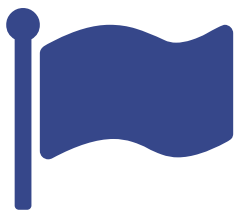
☎ 07591 988962 ✉ PALS@lthtr.nhs.uk

Monday to Friday, 9am–4pm (excluding Bank Holidays)

Follow us  [@LthtrPals](https://twitter.com/LthtrPals)

If a patient has any questions, worries or concerns and wants to talk to someone not directly involved in their care, or their concerns have not been resolved by the staff in the clinical area, they may prefer to speak to our Patient Experience & PALS team who provides confidential support to patients, their families and carers. The team can:

- Actively listen and respond to concerns, suggestions or queries to help improve experiences
- Provide information on NHS Services
- Offer advice on the NHS Complaints process and provide information on how to seek independent advice if you wish to make a complaint
- Feedback your views to the relevant staff, Chief Executive and Trust Board
- Help the organisation learn from feedback and concerns to improve your experience



How can you give us feedback?

Patients have several options:

- You can complete an online questionnaire, by scanning the QR codes displayed in poster form across the trust.
- You could opt for a text message (It is essential we have current contact details, so check we have the patients correct contact number).
- For telephone/VC clinics we can email the survey with the patients consent. Please contact pals@lthtr.nhs.uk
- Business cards can be given in clinics with the QR Code on for patients & visitors to scan at their convenience.
- If you have access to a tablet/iPad we can supply a link for patients to access directly to the survey.
- If you have a dedicated member of your team that could complete the survey with a patient on discharge, we can supply the survey templates for you to print.

To find out more contact Joan Ravenscroft our Patient Experience and PALS Friends and Family Administrator joan.ravenscroft@lthtr.nhs.uk

Friends & Family post boxes

The Patient Experience and PALS team would like to say a big thank you to our Trust volunteers who have helped with the distribution of the Friends & Family post boxes. Feedback is vital to improving our services for patients and families.



Patient Experience & PALS Team raising awareness

The Patient Experience & PALS team has developed resources aimed at increasing the visibility and awareness of the service. The first resource is a short animation about the service and the second has been the launch of three radio messages for our patients listening to either Chorley & South Ribble Hospital radio station or Royal Preston Hospital radio station. The messages are about how to contact the team, the Friends and Family Test and how to leave a compliment. To view the animation you can visit the teams Twitter page: [@LthtrPals](https://twitter.com/LthtrPals).



Here at Lancashire Teaching Hospitals we aim to provide the best care for our patients who are thought to be in the last days of their life, and the people who are important to them. Here are a few ways of how we can help care for you in the best way possible during this difficult time.

Care planning:

We will seek to involve patients in decisions about their care and treatment. This will help us develop an individualised plan of care focussing on their needs and wishes during this time. We would also like to invite you to be involved in this care planning.

Availability:

There is always a member of staff available to talk to. Please let a member of staff know if you have any questions or concerns so we can help support you and your loved one through this difficult time.

Resources:

We understand that spending time with your loved one at this difficult time may be important to you. We can provide fold away beds should you wish to stay overnight with your loved one. We are also able to offer refreshments and free parking.

Information:

We will offer your loved one and those important to them information in an accessible and sensitive way, and ensure that you are kept updated when needed. There is written information available should you find this helpful.

Needs:

You and your loved one are important to us. We will seek to involve you in decisions about their care and treatment, and to help us develop and agree a plan of care that is individual to them. Please let a member of staff know if you have any specific needs.

Guarantee:

For all staff to care for you and your loved one with care, compassion and dignity.



Bereavement Tissue & Donation service

We have a team of bereavement staff who offer immediate tailored emotional and practical support for the recently bereaved.

Support is individual to each person and family and varies depending on whether a death is sudden, unexpected or expected.

Our trained staff will help guide you through the grief process and assist you with any questions or concerns you may have and can also sign-post you to other agencies if required and liaise with external agencies such as the Coroner's Office and Police.

The team can also help with you organising Tissue retrieval.

You can contact the Bereavement & Tissue Donation on the details below:

Telephone: **01772 52 3730**

Monday – Friday 9am – 5pm

Email: bereavement@lthtr.nhs.uk

You can follow the latest updates from the team on

Twitter: [@bdteamlthtr](https://twitter.com/bdteamlthtr).

Connected Hearts



We are continuing to run our lovely Connected Hearts programme and just wanted to THANK all the wonderful people that have donated their time and efforts providing these for our patients and loved ones.

Feedback

"I would just like to thank you for the lovely gesture of the little heart given to me recently during my spell in hospital. I was really touched."

"The impact of such a heartfelt deed has really touched me and I wanted to thank you for your kindness."

We accept any colour hearts, in any size.

If you would like to help us please contact our Patient Experience and Involvement Lead Cookson on **07912 234577** or email alison.cookson@lthtr.nhs.uk



Chaplaincy Service

The Chaplaincy and Spiritual Care Department consists of a multi faith team of chaplains and chaplaincy volunteers. The Chaplains are appointed by the Trust and are professionals from specific religious traditions, who are available 24 hours a day, 7 days a week.

The support offered can be a listening ear, prayers, sacraments and rituals, dependent upon what is asked for. So often, what we most need is a compassionate person: a listening ear and sensitive support from someone who will not judge and who will maintain confidentiality.

You can find out more about the Chaplaincy Service and how they can support you [on our website](#) and keep up to date with the latest updates from the team on Twitter [@chaplaincy@lthtr](https://twitter.com/chaplaincy@lthtr)



Carers Forum

Our Carers Forum is for any carer of any age

We are here to listen to your experiences and ideas to try to shape our services to suit your needs within the community and hospital.

Come join us and have your say!

email:
alison.cookson@lthtr.nhs.uk | colin.bowman@lancscarers.co.uk

call:
07912 234577



Patient and Carers Forums

We continue to shape our services with the help of your valuable feedback and experiences. We have several patient forums where our patients, carers and communities advise what we need to do to improve their experiences. This valuable feedback is used in many ways, sometimes to change small details but sometimes to pull together huge projects to completely change how we work.

One of our forums that is building on this is our Carers Forum, which meets monthly to discuss many different aspects of the hospital and community services.

Currently we are in the early stages of looking at our discharges and how we can assist Carers to make the experience a smoother and an easier transition from hospital back into the community or home.

If you would like to be part of this or any of our forums please get in touch with Alison.Cookson@lthtr.nhs.uk or Colin.Bowman@lancscarers.co.uk.

Feedback

“Through the forum I feel that patients and carers are empowered to take on this essential role, thus changing positively the relationship between patient/carer and health care professional.”

“In an informal friendly atmosphere the Carers’ Forum shares views and experiences of Carers’ with diverse responsibilities and commitments.”

Accessible Information and work within our communities

One of our important aims and continuing work streams is to ensure we provide information in various formats.

We provide Patient Information now in various languages, font and in audio and we are also creating more videos that include British Sign Language and documents that are easy to read to help ensure our information reaches all of our communities.

We have been working with Deafblind UK and NCompass Deaf support link workers to ensure our staff feel confident in providing support to our communities.

We have also been working with external organisations and charities to produce a registered assistance dog policy so patients

can be confident that we minimise the restrictions of access to registered assistance dogs while reducing any potential distress to owners around separation.

Our policy seeks to provide assurance that all people who need access with registered assistance dogs are welcomed to the Trust and that staff have a clear understanding of the requirements for such dogs entering the premises and the areas where they are allowed, while keeping to our high standards of infection, prevention and control.





Thank you

From all of us here at Lancashire Teaching Hospitals Charity – thank you so much for all of your continued support. We are in the process of finalising some exciting new events for this year which we can't wait to share with you. In the meantime if anyone would like to find out more about our work, please visit our website. lthcharity.org.uk or drop us an email at Charity@lthtr.nhs.uk



Lancashire Teaching Hospitals Charity News

Thanks to the overwhelming generosity of local people and businesses, Lancashire Teaching Hospitals Charity was able to add extra comforts and furnishings to the new Critical Care Unit at Royal Preston Hospital, greatly enhancing patient experience as well as comforts for their families.

The charity funded a wide variety of additional items including furniture for the special counselling rooms, a family room with kitchen area and reclining chairs, comforts including a specialist bed, digital 'fish tanks', backlit pictured ceiling tiles and special exercise equipment to help patients with their recovery.

We'd like to thank every single person and company who showed their support – in particular the Bhailok family for their incredible contribution.

Children's Appeal Update

Our Children's Appeal, launched in May 2021, will aim to raise £1 million to create a bright, friendly healing environment for the thousands of children cared for across Lancashire and South Cumbria by our Children's Services at Lancashire Teaching Hospitals Trust.

Last year we were able to introduce not one, but two Sensory Voyager machines through the generous donations of three Preston-based businesses, including The Shepherd Street Trust and Skipton Building Society Charitable Foundation. These fantastic machines help to calm and distract children undergoing or awaiting treatment by diverting their attention through visual, sound, and touch-based stimulation activities.

We were also able to introduce two specially customised gaming carts for the Children's Ward at Royal Preston Hospital. The gaming carts, which have been designed especially for healthcare environments such as hospitals, will play a core role in not only helping manage pain, boredom, anxiety and sadness, but studies have shown that gaming can also lead to shorter hospital stays.



One very special cheque from PNE

On Saturday 27th November 2021, charity team members Paula and Becca were presented with a generous donation of £15,000 by Carole, daughter of the late Preston North End owner, Trevor Hemmings, who sadly passed away in October last year. The money, which will go towards our Children's Appeal, was awarded at the Lilywhites' game against fellow Championship side Fulham.

♥ Our Charities



Baby Beat – Thank you

We'd like to say a BIG THANK YOU to long-time supporters Rachel and Jonathan Lees! Last December, the couple hosted their annual Christmas Shopping event at Barton Village Hall and it was an incredible success. The fair helps to raise much needed funds in memory of their son Joseph, who was stillborn in 2015. The funds they raise help to support the babies, mums and mums-to-be cared for by our amazing staff at Lancashire Teaching Hospitals Trust. With stalls selling beautiful gifts, handmade crafts, candles and much more, there was an incredible £2,930.65 raised, which takes the couples grand total over the years to well over £22,000. Their fundraising has made such a difference to so many families over the years



Amazing Support for Baby Loss Awareness Week (BLAW)

Baby Loss Awareness Week, which took place between the 9th and 15th October 2021, was an opportunity to remember and honour the lives of babies lost in pregnancy or soon after birth.

Over the week, Baby Beat held a variety of events to raise money and support projects that help the bereaved families cared for at Lancashire Teaching Hospitals. The events included: a Walk to Remember at Avenham Park, which drew more than 80 walkers, the Sharoe Green Unit lit up in the BLAW colours of pink and

blue for the week, as well as Preston Markets also lighting up for the week.

In total, the campaign raised £2,200. For that, and all the support we've had, we'd like to say a big THANK YOU. With so much support, we will be holding activities again for BLAW 2022. We hope you will join us for these, so please keep an eye out for updates on our babybeat.org.uk website.

Spreading festive cheer

Baby Beat were delighted to be able to bring some festive cheer to those spending hospital in the Sharoe Green Unit and Chorley Birth Centre last Christmas, following our appeal for gifts for babies, mums and women in our neonatal, maternity and gynae units. The lovely donated treats we received (over 100 of them) were wrapped by our team of volunteers, and really appreciated by all those who received them on Christmas Day. Thank you to everyone who so kindly donated and in particular, to local businesses CCA Occasions in Leyland, [Sainsbury's Fulwood](#), Tesco Leyland and the members of

[PureGym Preston](#), as well as Baby Beat supporters Louise Clayton and Abbie and Callum McMichan.

Over the festive period, we also held five Christmas bucket collections with festive singing from local choirs: One Voice Community Choir, The Harmony Singers, The North West Air Ambulance Choir, and our very own Lancashire Teaching Hospitals Choir, raising in total £976.96! The funds raised will fund projects to support the babies, mums, and mums-to-be cared for at the Trust.



Rosemere Cancer Foundation

The pandemic has been tough for many charities, and the limitations caused by lockdown rules and government guidance has had a knock on effect for charity fundraising and activities. Rosemere Cancer Foundation saw a reduction in income during 2020, but with the slow lifting of lockdown rules, they were delighted to see such a successful return to physical fundraising events in 2021.

The Autumn/Winter period saw the return of the popular Walk in the Dark, from Chorley & South Ribble Hospital to Royal Preston

Hospital, which saw hundreds of walkers lighting up the night to raise over £14,000.

In October 2021, Walk the Lights, down Blackpool's famous promenade raised over £5,000, and then December saw the return of the Cheeky Santa Dash, a festive 5k fun run around Preston's Avenham Park, which raised an additional £700.



Thank you

Thank you so much to everyone who showed support for Rosemere by buying tickets for our annual winter raffle – the total raised came to a fantastic £11,165, which will help us continue to make such a difference for local cancer patients cared for here at Lancashire Teaching Hospitals, and across the region.

It was wonderful to see a number of staff members buying tickets as well as members of the public, in support of their oncology colleagues – including Therapeutic Radiographer Alicia Calow, who was delighted to win a luxury coffee hamper donated by the Lytham Coffee Company!

We would like to offer a special thank you to the Trust's Clinical Coding Team, who have raised money for us for a number of years through their annual Christmas lunch, which includes a raffle and quiz. Although this year's festive lunch was via Microsoft Teams, due to the pandemic, they still managed to raise a wonderful £300. Over the years, the Clinical Coding team donations have added up to a fantastic total of £5,741.22!

Great Wall of China



Last year, Penwortham mum-of-two Amy Mills, and her army of supporters, raised an incredible £12,342 for Rosemere Cancer Foundation through an epic group walking challenge, covering a mileage equivalent to that of the Great Wall of China, and then the distance from the landmark back to Preston. That amount has now paid for more than half of a specialist piece of kit for the benefit of our chemotherapy patients cared for here at the Cancer Centre at Royal Preston – a SiteRite 8 ultrasound system, which cost a total of £23,000.

You can read the full story on the [Rosemere Cancer Foundation website](#).

★ Recognising our wonderful staff



Royal College of Nursing recognises colleagues for their outstanding contribution

Two colleagues won a Royal College of Nursing award to mark their outstanding contribution to the equality, diversity and inclusion agenda and the experience of BAME service users and staff across the health and social care sector.

Anu Thomas and Deepsi Khatiwada, who are both nurses at Lancashire Teaching Hospitals, were recognised at the awards which form part of the RCN North West's annual event to recognise and celebrate the outstanding contribution of nursing staff from BAME backgrounds who work in health and social care across the region.

This year's theme was 'Anti-Racism: A Time for Literacy and Transformation'. The virtual event aimed to give delegates a better understanding of anti-racism and why literacy is important. It wanted to give them the ability to describe what might need to change in their organisations and the confidence to approach conversations.

You can read about Anu's and Deepsi's excellent achievement [on our website](#).

Our Trust 'highly commended' by Parkinson's UK

Our Trust has been 'highly commended' for being a finalist in the 2021 UK Parkinson's Excellence Network Awards for our entry: Parkinson's Medication – Get it on Time!

The overall objective was to improve colleagues' knowledge and understanding for why medications need to be given on time when people with Parkinson's enter our hospitals.

Dr. Donald Grosset, Clinical Director of the UK Parkinson's Excellence Network, said: "This is a truly remarkable teaching hospital that is at the forefront of exceptional Parkinson's care."

Tracheostomy team receive 'Highly Commended' award at BMJ Awards

The Lancashire and South Cumbria Regional Tracheostomy Team received the 'Highly Commended' award within the Respiratory Team of the Year category at the BMJ awards in September 2021.

Following a £301k investment into the annual service commissioning, the LSCRTT has achieved an estimated cost saving of £405,050.68 over the past 12-months.

From the initial staff of one to a team of 2.5, it's an incredible achievement not only to cost save but to improve patient outcomes. What makes the achievement more impressive is that the team only started in April 2020.

Emma Forster, Lead Practitioner, said on behalf of the team: "We are over the moon to receive this recognition especially within such a challenging category which was made up of incredible nominations from around the country."



Dr Kirsty Challen appointed co-lead for Trauma & Emergency Research at CRN North West Coast

Dr Kirsty Challen, Emergency Medicine consultant and ED research lead, as well as co-lead for acute research with Dr Shondipon Laha, has recently been appointed as co-lead for Trauma & Emergency Research for the Clinical Research Network North West Coast. She is going to lead on adult Trauma and Emergency while a colleague from Alder Hey will lead on paediatrics.

We are looking to develop research capacity and engagement across Emergency Care and trauma services across the network, which covers Liverpool, Cheshire, Lancashire and South Cumbria.



Dr Shondipon Laha awarded honorary chair at University of Central Lancashire

We are delighted to confirm that our Critical Care Consultant, Dr Shondipon Laha, has been awarded honorary chair at the University of Central Lancashire.

Dr Laha is the research lead for Critical Care and the trust co-lead for acute research including many of the recent COVID-19 studies. Shond has worked closely with UCLan in developing a system to help position COVID-19 patients effectively and contributed to a lip-reading app (SRAVI) for patients with tracheostomies.

Shond is also the Honorary Secretary and Chair of Professional Affairs Division for the Intensive Care Society and is President of the Association of North Western ICUs.

Some of you may recognise Dr Laha who featured in ITV's Kevin Macdonald documentary '2020: The Story of Us'.

Well done, Shond!



Dates for your diary 2022

The [Corporate Calendar 2022](#) can be viewed on our website.

Members are welcome to come along to the public section of both the Council of Governors and Board of Directors meetings to observe and listen to the Governors and Board Members discussing Trust business.

Board of Directors' meetings

03/02/2022	1.30pm – 5.30pm	To be confirmed
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Council of Governors' meetings

27/01/2022	1pm – 4pm	To be confirmed
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Council of Governors' meetings are held four times per year and any member of staff or the public are welcome to attend.

Please note that meeting dates may occasionally be subject to change. Please email company.secretary@lthtr.nhs.uk if you would like to attend either of the meetings and the virtual links will be forwarded to your calendar.

All public events are advertised on our website: lancsteachinghospitals.nhs.uk

To view **TRUSTMatters** online go to: www.lancsteachinghospitals.nhs.uk/trust-matters



NHS
Lancashire Teaching
Hospitals
NHS Foundation Trust

Governors' Virtual Coffee Catchups

New dates for 2022 will be published on the Trust website

News & views. Live on MS Teams

This meeting will be held virtually via **MS Teams** or members can join via telephone. If you are not a member – you can sign up through our online form.

To find out more:
Email foundation@lthtr.nhs.uk
Telephone **07850 775502**

Trust Matters is available in different versions including audio. If you require this magazine in a different format, please contact the Membership Office.

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