

Information for parents and carers

Swim Moulds (NHS)

Paediatric Audiology

A decorative graphic at the bottom of the page consisting of three overlapping, wavy bands of blue. The top band is a light blue, the middle is a medium blue, and the bottom is a dark blue.

What is a swim mould?

A swim mould is a custom-made device which moulds exactly to the shape of your ear to prevent water entering your ear canal whilst swimming or washing your hair. The swim mould needs to make quite a tight seal with your ear. It is therefore necessary to take an impression or pattern of the ear so that the swim mould can be made. This is then sent to the manufacturer and a swim mould is made from a silicone type of material.

Swim moulds come in various colours. The standard colours are red, blue, yellow, brown, white and natural, with other colours available on request. It may also be necessary to coat the swim mould with Vaseline to improve its water tightness because even a close-fitting earpiece may allow some water into the ear. It is not advisable to use swim moulds to go under the water or when diving.



How do you order a swim mould?

Ensure your ear/ears are free from wax.

Choose what type of swim mould you would like and how many. To make payment, call General Office on **01772 522528** to pay by phone; or complete the attached order form and take it to the General Office (situated at the Main Entrance). They will accept payment and give you a receipt.

Contact the Paediatric Audiology Department for an appointment for an impression to be taken. You must produce the receipt, or the impression cannot be taken. We will then notify you by post when to collect your swim mould(s) or we can send them out by post (additional postage charge applies) if you are comfortable with fitting them yourself.

Please allow 3-5 weeks for processing.

Alternatives

If you have not already tried, ask your pharmacist, they may have suitable earplugs which are somewhat cheaper than custom made swim moulds.

Order Form

Name: _____

Daytime Telephone No: _____

Email: _____

Address: _____

Type and quantity (colour can be chosen later)

Right ear standard@ £15 fluorescent / floating@ £25

Left ear standard@ £15 fluorescent / floating@ £25

Postage Charge £2 (if applicable)

Total payable £.....

Finance Code J35171 4740

Location Map

General Office, Royal Preston Hospital:



Contact details

Should you require further advice or information please contact Paediatric Audiology on 01772 401310/2 or email paediatric.audiology@lthtr.nhs.uk

Sources of further information

www.lancsteachinghospitals.nhs.uk

www.nhs.uk

www.accessable.co.uk

www.patient.co.uk

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www.lancsteachinghospitals.nhs.uk/patient-information-leaflets

Lancashire Teaching Hospitals is a smoke-free site. Smoking is not permitted anywhere on any of our premises, either inside or outside the buildings. Our staff will ask you about your smoking status when you come to hospital and will offer you support and advice about stopping smoking this will include Nicotine Replacement Therapy to help manage your symptoms of withdrawal and the opportunity to speak to a nurse or advisor from the specialist Tobacco and Alcohol Care Team.

If you want to stop smoking, you can also contact the Quit Squad Freephone 0800 328 6297.

Please ask a member of staff if you would like help in understanding this information.

This information can be made available in large print, audio, Braille and in other languages.

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