



Information for
patients and
carers

Caring for your child at home with

Steristrips, soluble stitches and removable stitches

Steristips

- Keep the wound clean and dry
- If your child is in pain give pain relief, your nurse can advise you

The steristrips can be removed after.....days

In the dressing clinic.....

Date.....

Time.....

Or by the practice nurse at your GP surgery.

Or at home.

If the steristrips begin to curl, snip the curled end but leave the remaining in place.

The Steristrips should be gently peeled off from each side towards the wound.

Soluble Stitches

- These will dissolve in 2-3 weeks (can on occasion take up to 5 weeks)
- Do not pull at them
- They may need trimming, but you will be advised of this

Removable Stitches

You will be advised when the stitches need to be removed by:

Dressing clinic

Date Time

Practice nurse (GP surgery)

Contact details

Should you require further advice or information please contact:

Children's Day Case **01772 524913**

Paediatric Assessment Unit **01772 523632**

Ward 8 **01772 522398**

Sources of further information

www.lancsteachinghospitals.nhs.uk

www.nhs.uk

www.accessable.co.uk

www.patient.co.uk

All our patient information leaflets are available on our website for patients to access and download:

www.lancsteachinghospitals.nhs.uk/patient-information-leaflets

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If you want to stop smoking, you can also contact the Quit Squad Freephone 0800 328 6297.

Please ask if you would like help in understanding this information. This information can be made available in large print and in other languages.

Gujarati:

આ માહિતીને સમજવામાં સહાયતા જોઈતી હોય તો કૃપા કરીને પૂછો. આ માહિતી મોટા છપાણામાં અને અન્ય ભાષામાં ઉપલબ્ધ કરી શકાય છે.

Romanian:

Vă rugăm să întrebați dacă aveți nevoie de ajutor pentru înțelegerea acestor informații. Aceste informații pot fi puse la dispoziție în format mare și în alte limbi.”

Polish:

Poinformuj nas, jeśli potrzebna jest ci pomoc w zrozumieniu tych informacji. Informacje te można również udostępnić dużym drukiem oraz w innych językach

Punjabi:

ਜੇ ਤੁਸੀਂ ਇਹ ਜਾਣਕਾਰੀ ਸਮਝਣ ਵੱਲੋਂ ਮਦਦ ਲੈਣੀ ਚਾਹੋਗੇ ਤਾਂ ਕਰਿਖਾ ਕਰਕੇ ਇਸ ਬਾਰੇ ਪੁੱਛੋ। ਇਹ ਜਾਣਕਾਰੀ ਵੱਡੇ ਪ੍ਰਿੰਟ ਅਤੇ ਹੋਰਨਾਂ ਭਾਸ਼ਾਵਾਂ ਵੱਲੋਂ ਮੁਹੱਈਆ ਕੀਤੀ ਜਾ ਸਕਦੀ ਹੈ।

Urdu:

دو سر ی زبانوں او ر بڑی اگر آپ کو ہی معلومات سمجھنے کے بے ل مدد ی ضرورت ہے تو یی چھپا یں یبہ ابی دست بو یسکت ہے برا ئے مہر یان پو ئے چھہ ی۔ معلومات

Arabic:

مطبو عة بأ حر ف كبير ة و بلغات إذا كنت تر يد مسا عدة في فهم هذه لمعلومات يُر جى أن: تطلب أخرى يماكن تو فسير هذه المعلوما ت

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