



Information for
patients and
carers

Specialist Palliative Care in hospital

What is palliative care?

Palliative care focuses on improving your quality of life when you are affected by an illness that cannot be cured. The aim is to help you live as well as possible for as long as possible, and to support you to die with dignity. Palliative care helps to understand and prioritise your goals and wishes. Palliative care includes the management of physical symptoms such as pain and sickness. It also involves psychological, social and spiritual support for you and your loved ones.

Why Have I Been Referred?

Usually people referred to palliative care have advanced illness, or an illness that is expected to progress. Sometimes palliative care is offered earlier in someone's illness at the same time as other treatments for their condition. People are referred to the palliative care team when the doctors, nurses and other professionals looking after them feel that support with managing symptoms and planning for the future would be helpful.

The Hospital Palliative Care Team

The team looking after you will include Palliative Care Consultants, Clinical Nurse Specialists and Specialist Doctors.

The hospital palliative care team is an advisory service that provides seven-days a week specialist level palliative care. They do not replace

your usual care team, instead they work alongside them to give you the best possible care.

The hospital palliative care team have several roles in the hospital setting, including:

- Supporting the care of patients with advanced progressive disease.
- Supporting care for adults in the last days of life.
- Supporting complex advanced care planning.
- Managing symptoms, psychological care, spiritual, cultural & social support in conjunction with the ward team.
- Supporting complex discharge processes, advising on referrals to hospice & community services.
- Promoting a multi-disciplinary team approach to care via internal MDT meetings and close working relationships with community palliative care teams, hospices, social workers, your GP, district nurses, therapy, psychology, chaplaincy, discharge planning teams and bereavement services.

Providing education throughout the trust for all teams in palliative and end of life care.

Information About Your Care

How will my information be shared?

Most of your hospital records are now electronic. Discussions that the palliative care team have with you and your loved ones will be documented on your electronic record. Palliative care information can

also be recorded electronically by your GP. When this is done it can be seen in the hospital and by other community services including the hospice and district nurses. This helps everyone involved in supporting you to know what is important to you.

What Information is included?

Information about your palliative care can include:

- Information about your illness
- Who is looking after you
- Your preferred place of care
- Decisions about your treatment
- Who you wish to speak for you if you become too unwell to make decisions yourself

Please let us know if there is any information about your future care that you do not wish to be shared

Who can see my records and how safe and confidential is it?

Your electronic record can be seen by those health and social care professionals who are involved in your care. Every person who has access to this information is employed by an organisation that understands and respects the need for patient confidentiality. Access to all records is monitored and restrictions apply to who can see, add or alter information.

Your main contact in the Palliative Care Team is:

Contact details

Should you require further advice or information please contact the Hospital Palliative Care Team on 01772 522055. This will be answered between 08.30 and 16.30 Monday-Friday. Outside of these times there is an answer machine for messages.

Sources of further information

www.lancsteachinghospitals.nhs.uk

www.nhs.uk

www.patient.co.uk

www.accessable.co.uk

All our patient information leaflets are available on our website for patients to access and download:

www.lancsteachinghospitals.nhs.uk/patient-information-leaflets

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Lancashire Teaching Hospitals is a smoke-free site.

On 31 May 2017 Lancashire Teaching Hospitals became a smoke-free organisation. From that date smoking is not permitted anywhere on any of our premises, either inside or outside the buildings. Our staff will ask you about your smoking status when you come to hospital and will offer you support and advice about stopping smoking including Nicotine Replacement Therapy to help manage your symptoms of withdrawal.

If you want to stop smoking you can also contact the Quit Squad Freephone 0800 328 6297.

Please ask if you would like help in understanding this information. This information can be made available in large print and in other languages.

Gujarati:

આ માહિતીને સમજવામાં સહાયતા જોઈતી હોય તો કૃપાકૃતિને પૂછો. આ માહિતી મોટા છપાણામાં અને અન્ય ભાષામાં ઉપલબ્ધ કરી શકાય છે.

Romanian:

Vă rugăm să întrebați dacă aveți nevoie de ajutor pentru înțelegerea acestor informații. Aceste informații pot fi puse la dispoziție în format mare și în alte limbi.”

Polish:

Poinformuj nas, jeśli potrzebna jest ci pomoc w zrozumieniu tych informacji. Informacje te można również udostępnić dużym drukiem oraz w innych językach

Punjabi:

ਜੇ ਤੁਸੀਂ ਇਹ ਜਾਣਕਾਰੀ ਸਮਝਣ ਵੱਲੋਂ ਮਦਦ ਲੈਣੀ ਚਾਹੋਗੇ ਤਾਂ ਕਰਿਪਾ ਕਰਕੇ ਇਸ ਬਾਰੇ ਪੁੱਛੋ। ਇਹ ਜਾਣਕਾਰੀ ਵੱਡੇ ਪ੍ਰਿੰਟ ਅਤੇ ਹੋਰਨਾਂ ਭਾਸ਼ਾਵਾਂ ਵੱਲੋਂ ਮੁਹੱਈਆ ਕੀਤੀ ਜਾ ਸਕਦੀ ਹੈ।

Urdu:

دو سر ی زبانوں او ر بڑی اگر آپ کو ہی معلومات سمجھنے کے لئے مدد کی ضرورت ہے تو ییچھیا جس یبہ ابی دست ہو یسکت ہے براے مہر یان پو ییچھہی۔ معلومات

Arabic:

مطبوعه بأ حروف كبيرة و بلغات إذا كنت تريد مساعدة في فهم هذه المعلومات يُرجى أن تطلب أخري يمكن تو فسير هذه المعلومات

Department: Palliative Care
Division: Medicine
Production date: October 2022
Review date: October 2025
Document CA144 V1