



Information for
patients and
carers

**Personalised Follow Up for
Endometrial Cancer**

What is personalised follow up?

Personalised follow up ensures that you receive support and advice from your clinical team when you need it the most, and reduces unnecessary attendances and examinations at the hospital.

Why has personalised follow up been introduced?

Evidence has shown that issues following endometrial cancer are far more likely to be picked up by educating people to be aware of the signs and symptoms of recurrence of endometrial cancer. Routine examination is less likely to pick up these signs.

What information will I be given?

You will be invited to an educational event that will be led by the Clinical Nurse Specialist and the Cancer Support Worker, and will be held at Vine House in Preston. At the event the team will discuss signs and symptoms you should be aware of as well as offer advice about any other worries you may have relating to your cancer care. They will be able to signpost you to any other relevant services you may require.

The team will also discuss with you how you can contact them in the future as well as the questionnaires that you will be required to complete as part for the follow up process. They will talk you through what will happen should you have a worrying sign or symptom.

Will I be required to have any further tests?

You will not be required to have any routine blood tests or scans. We will ask you to complete a questionnaire 6 to 12 monthly depending on the treatment you have completed.

I am worried about completing a questionnaire online - will I be able to access help to complete it?

Our Cancer Support Worker will be able to help you to complete the questionnaire if you do not feel you can complete it online. You can be contacted via the telephone or post to do this.

Will I still be able to contact the Gynae-oncology specialist nursing team?

Yes. You can contact the Gynae-oncology specialist nursing team with any worries or concerns on their direct telephone line:

01772 524211

Monday – Friday between 9am and 5pm. The telephone number has an answerphone facility and the Nurses will return your call within 24 hours.

Sources of further information

www.lancsteachinghospitals.nhs.uk

www.nhs.uk

www.patient.co.uk

www.accessable.co.uk

Macmillan Cancer Support

<https://www.macmillan.org.uk/>

Eve Appeal

<https://eveappeal.org.uk/>

Peaches Trust

<https://www.peachestrust.org/>

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Lancashire Teaching Hospitals is a smoke-free site.

On 31 May 2017 Lancashire Teaching Hospitals became a smoke-free organisation. From that date smoking is not permitted anywhere on any of our premises, either inside or outside the buildings. Our staff will ask you about your smoking status when you come to hospital and will offer you support and advice about stopping smoking including Nicotine Replacement Therapy to help manage your symptoms of withdrawal.

If you want to stop smoking you can also contact the Quit Squad Freephone 0800 328 6297.

Please ask if you would like help in understanding this information. This information can be made available in large print and in other languages.

Cantonese:

如果你希望以另外一種格式接收該資訊，請和我們聯絡，不必猶豫。

Gujarati:

જો તમને આ માહિતી બીજી રચના કે ફોર્મેટમાં મેળવવાની ઇચ્છા હોય, તો કૃપા કરી અમારો સંપર્ક કરતા અચકાશો નહિ.

Hungarian:

Kérjük, vegye fel velünk a kapcsolatot, ha más formában kéri ezt az információt.

Polish:

Jeżeli chciał(a)by Pan/Pani otrzymać niniejsze informacje w innym formacie, prosimy o kontakt.

Punjabi:

ਜੇ ਤੁਸੀਂ ਕਿਸੇ ਹੋਰ ਫਾਰਮੈਟ ਵਿਚ ਇਹ ਜਾਣਕਾਰੀ ਲੈਣਾ ਚਾਹੁੰਦੇ ਹੋ ਤਾਂ ਸਾਡੇ ਨਾਲ ਸੰਪਰਕ ਕਰਨ ਤੋਂ ਨਾ ਝਿਜਕੋ।

Urdu:

اگر آپ اس معلومات کو کسی اور صورت میں حاصل کرنا چاہتے ہیں تو برائے مہربانی ہم سے رابطہ کرنے میں ہچکچاہٹ محسوس نہ کریں۔

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Division: Women and Children's Health

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