



Information for
patients and
carers

**Virtual Fracture Clinic
(VFC)**

What is 'Virtual Fracture Clinic' (VFC)?

You have been referred to our 'Virtual Fracture Clinic' (VFC). This is a virtual clinic in which patients with bone and soft tissue injuries are referred that do not need immediate admission to hospital.

Do I need to attend a clinic appointment?

You are not required to attend this clinic, but within 24 – 72 hours of your attendance at A&E / minor injuries unit, your xrays and documents will be reviewed by a senior orthopaedic doctor. You will then be contacted by one of our specialist nurses by telephone, and a plan will be proposed for the management of your injuries. It is important you ensure your contact details are up to date on our system when you attend A&E / minor injuries unit.

What happens next?

The majority of our patients referred through VFC can be safely managed with self-care at home under our advice. Some patients will be referred to other services such as physiotherapy or hand therapy. Some patients may be asked to come to our clinic for a face to face assessment. Very occasionally, surgery may be advised and you will usually be offered a face-to-face appointment to discuss this further.

What happens if I have not heard anything within a few days?

Our VFC runs from Monday to Friday and these clinics are generally very busy. Please give us 72 hours of your attendance in A&E / minor injuries unit before contacting us. If you have not heard anything from us within 72 hours, it is important you contact us on 01772522878.

What if I have been virtually assessed in the clinic and I still have problems?

Some patients will still have ongoing problems, questions or concerns despite being assessed in the VFC. We encourage patients to contact us in the event of any of these situations on 01772 522878 so that we can address any issues early on.

Contact details

Should you require further advice or information please contact the Fracture clinic on: 01772 522878

Sources of further information

www.lancsteachinghospitals.nhs.uk

www.nhs.uk

www.accessable.co.uk

www.patient.co.uk

All our patient information leaflets are available on our website for patients to access and download:

www.lancsteachinghospitals.nhs.uk/patient-information-leaflets

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Lancashire Teaching Hospitals is a smoke-free site. Smoking is not permitted anywhere on any of our premises, either inside or outside the buildings. Our staff will ask you about your smoking status when you come to hospital and will offer you support and advice about stopping smoking this will include Nicotine Replacement Therapy to help manage your symptoms of withdrawal and the opportunity to speak to a nurse or advisor from the specialist Tobacco and Alcohol Care Team. If you want to stop smoking, you can also contact the Quit Squad Freephone 0800 328 6297.

Please ask if you would like help in understanding this information. This information can be made available in large print and in other languages.

Gujarati:

આ માહિતીને સમજવામાં સહાયતા જોઈતી હોય તો કૃપા કરીને પૂછો. આ માહિતી મોટા છપાણામાં અને અન્ય ભાષામાં ઉપલબ્ધ કરી શકાય છે.

Romanian:

Vă rugăm să întrebați dacă aveți nevoie de ajutor pentru înțelegerea acestor informații. Aceste informații pot fi puse la dispoziție în format mare și în alte limbi.”

Polish:

Poinformuj nas, jeśli potrzebna jest ci pomoc w zrozumieniu tych informacji. Informacje te można również udostępnić dużym drukiem oraz w innych językach

Punjabi:

ਜੇ ਤੁਸੀਂ ਇਹ ਜਾਣਕਾਰੀ ਸਮਝਣ ਵੱਲੋਂ ਮਦਦ ਲੈਣੀ ਚਾਹੋਗੇ ਤਾਂ ਕਰਿਯਾ ਕਰਕੇ ਇਸ ਬਾਰੇ ਪੁੱਛੋ। ਇਹ ਜਾਣਕਾਰੀ ਵੱਡੇ ਪ੍ਰਿੰਟ ਅਤੇ ਹੋਰਨਾਂ ਭਾਸ਼ਾਵਾਂ ਵੱਲੋਂ ਮੁਹੱਈਆ ਕੀਤੀ ਜਾ ਸਕਦੀ ਹੈ।

Urdu:

دو سر ی زبانوں او ر بڑی اگر آپ کو ہی معلومات سمجھنے کے لیے مدد کی ضرورت ہے تو ییچھپیا جس ییہ ابی دست ہو یسکت ہے براے مہر یان ہو ییچھپا ہی معلومات

Arabic:

مطبوعه بأ حروف كبيرة و بلغات إذا كنت تريد مساعدة في فهم هذه المعلومات يرجى أن تطلب أخرى يمكن توفير هذه المعلومات

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Division: Surgery

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