



Information for
patients and
carers

Sarcoma Clinical Nurse Specialist Service

Introduction

A diagnosis of a sarcoma can cause worry for you, your relatives or carers. The sarcoma clinical nurse specialist (CNS) can offer support and advice at diagnosis and any time throughout your cancer journey. Another name for the clinical nurse specialist nurse is the Keyworker.

Your CNS is a registered nurse who is very experienced in sarcoma cancer care. They have the skills, knowledge and training to support you with your diagnosis. They are a member of the sarcoma multidisciplinary team (MDT) and can provide a link between you and your sarcoma cancer doctors. The sarcoma cancer specialist nursing team includes specialist nurses and a care co-ordinator. You may have contact with any member of the team throughout your cancer journey.

Sarcoma is a rare cancer and treatment is often shared between the specialist sarcoma unit at the Royal Liverpool and Broadgreen Hospitals in Liverpool, Clatterbridge Cancer Centre, Bebington in Cheshire and here at Lancashire Teaching Hospitals.

What does the service provide?

The CNS provides information, education, advice and support for patients, their families and carers. They can provide information about any aspect of sarcoma including:

- Different types of sarcoma
- Investigation and treatment options
- Written information on planned procedures
- Holistic needs assessment (HNA)
- Referrals to specialist services such as counselling, complimentary therapies, lymphoedema support, benefits advisors and palliative care teams.

- Referrals for support in your local area

Who can use this service?

- Any patient who has a diagnosed sarcoma
- Family and carers of any diagnosed sarcoma patients
- Other health professionals to access information and to provide a seamless pathway of care for the patient

Sarcoma Multidisciplinary Team (MDT)

The sarcoma multidisciplinary team (MDT) is a team of experts who specialise in caring for patients with sarcoma. They are based at the Royal Liverpool and Broadgreen Hospitals. The MDT meets on weekly basis to discuss recent investigations and treatment. The sarcoma specialist nurse based at Lancashire Teaching Hospitals video links into this meeting. When your case is discussed at the MDT meeting and there are any changes to your treatment plan, a member of the team may contact you by telephone or see you at your next clinic appointment to inform you of the changes.

Contact details

Should you require further advice or information please contact 01772 522492, or mobile 07935513565

The sarcoma specialist nurses work from 9am to 5pm Monday to Friday, excluding bank holidays.

Sources of further information

www.lancsteachinghospitals.nhs.uk

www.nhs.uk

www.patient.co.uk

www.accessable.co.uk

All our patient information leaflets are available on our website for patients to access and download:

www.lancsteachinghospitals.nhs.uk/patient-information-leaflets

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Lancashire Teaching Hospitals is a smoke-free site. Smoking is not permitted anywhere on any of our premises, either inside or outside the buildings. Our staff will ask you about your smoking status when you come to hospital and will offer you support and advice about stopping smoking including Nicotine Replacement Therapy to help manage your symptoms of withdrawal.

If you want to stop smoking you can also contact the Quit Squad Freephone 0800 328 6297.

Please ask if you would like help in understanding this information. This information can be made available in large print and in other languages.

Gujarati:

આ માહિતીને સમજવામાં સહાયતા જોઈતી હોય તો કૃપાકરીને પૂછી. આ માહિતી મોટા છપાણામાં અને અન્ય ભાષામાં ઉપલબ્ધ કરી શકાય છે.

Romanian:

Vă rugăm să întrebați dacă aveți nevoie de ajutor pentru înțelegerea acestor informații. Aceste informații pot fi puse la dispoziție în format mare și în alte limbi.”

Polish:

Poinformuj nas, jeśli potrzebna jest ci pomoc w zrozumieniu tych informacji. Informacje te można również udostępnić dużym drukiem oraz w innych językach

Punjabi:

ਜੇ ਤੁਸੀਂ ਇਹ ਜਾਣਕਾਰੀ ਸਮਝਣ ਵੱਲੋਂ ਮਦਦ ਲੈਣੀ ਚਾਹੋਗੇ ਤਾਂ ਕਰਿਪਾ ਕਰਕੇ ਇਸ ਬਾਰੇ ਪੁੱਛੋ। ਇਹ ਜਾਣਕਾਰੀ ਵੱਡੇ ਪ੍ਰਿੰਟ ਅਤੇ ਹੋਰਨਾਂ ਭਾਸ਼ਾਵਾਂ ਵੱਲੋਂ ਮੁਹੱਈਆ ਕੀਤੀ ਜਾ ਸਕਦੀ ਹੈ।

Urdu:

دو سر ی زبانوں او ر بڑی اگر آپ کو ہی معلومات سمجھنے کے لیے مدد کی ضرورت ہے تو ییچھیا یس ییہ ابی دست ہو یسکت ہے برا ئے مہر یان یو ییچھہی۔ معلومات

Arabic:

مطبوعة بأحرف كبيرة و بلغات إذا كنت تريد مساعدة في فهم هذه المعلومات يُرجى أن تطلب أخرى بملفّن تو فسير هذه المعلومات

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Division: Surgery

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