



Information for
patients and
carers

Planning your Radiotherapy treatment

When you first arrive

Please book in at reception. You will be asked to take a seat in the patient waiting area and a radiographer will collect you when they are ready for you. They will check your name, address and date of birth, explain what is going to happen at the appointment and answer any questions you may have.

Are you, or do you think you may be pregnant?

If so, please let us know immediately. It is vitally important that you are not pregnant, and do not become pregnant, for the duration of your treatment. If you are aged less than 55 years we may check at your first appointments then weekly if you could be pregnant.

Treatment Planning

Before we start to plan your treatment we will take a photograph of you for our records to assist in checking your identity each day and you will be asked to sign a consent form if you have not already done so.

Designing the treatment is very important and ensures we can be as accurate as possible with your radiotherapy treatment and ensure we gain the maximum benefit.

CT scanners are used to help us define the exact area to treat and to take x-ray pictures as a permanent record of treatment.

It may be necessary to remove some clothing to allow us to see the treatment area. The radiographers will try to keep you as covered as possible.

During the procedure the radiographers may draw some marks onto your skin. The radiographer will ask your permission to make some of these marks permanent – using a small needle. These tiny permanent marks, together with the measurements we have taken, will ensure the pinpoint accuracy of your treatment on a day-to-day basis. When you are being given the permanent marks you may feel a slight scratch but otherwise the process is painless.

This appointment usually takes between 20 and 60 minutes. It is important that you lie as still as you can throughout the procedure.

After the appointment

At the end of this appointment we will give you the date and time for your first treatment. You will receive the rest of your dates and times when you attend for your first treatment appointment.

We aim to start your treatment as soon as possible but some treatments require detailed planning and take several days to prepare. Some patients will require further planning appointments before commencing treatment.

There is a heavy demand for some appointment times. Occasionally it may be necessary to change your appointment times at short notice, although we try to avoid this.

For patients using hospital transport, you may experience delays and may prefer to arrange your own transport when possible.

Contact details

Should you require further advice or information please contact:

Radiotherapy Reception/Transport queries (01772) 522900

Radiotherapy Appointment queries (01772) 522931

Sources of further information

www.lancsteachinghospitals.nhs.uk

www.nhs.uk

www.patient.co.uk

www.accessable.co.uk

www.macmillan.org.uk

All our patient information leaflets are available on our website for patients to access and download:

www.lancsteachinghospitals.nhs.uk/patient-information-leaflets

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Lancashire Teaching Hospitals is a smoke-free site. Smoking is not permitted anywhere on any of our premises, either inside or outside the buildings. Our staff will ask you about your smoking status when you come to hospital and will offer you support and advice about stopping smoking including Nicotine Replacement Therapy to help manage your symptoms of withdrawal.

If you want to stop smoking you can also contact the Quit Squad Freephone 0800 328 6297.

Please ask if you would like help in understanding this information. This information can be made available in large print and in other languages.

Gujarati:

આ માહિતીને સમજવામાં સહાયતા જોઈતી હોય તો કૃપા કરીને પૂછો. આ માહિતી મોટા છપાણામાં અને અન્ય ભાષામાં ઉપલબ્ધ કરી શકાય છે.

Romanian:

Vă rugăm să întrebați dacă aveți nevoie de ajutor pentru înțelegerea acestor informații. Aceste informații pot fi puse la dispoziție în format mare și în alte limbi."

Polish:

Poinformuj nas, jeśli potrzebna jest ci pomoc w zrozumieniu tych informacji. Informacje te można również udostępnić dużym drukiem oraz w innych językach

Punjabi:

ਜੇ ਤੁਸੀਂ ਇਹ ਜਾਣਕਾਰੀ ਸਮਝਣ ਵੱਲ ਮਦਦ ਲੈਣੀ ਚਾਹੋਗੇ ਤਾਂ ਕਰਿਪਾ ਕਰਕੇ ਇਸ ਬਾਰੇ ਪੁੱਛੋ। ਇਹ ਜਾਣਕਾਰੀ ਵੱਡੇ ਪ੍ਰਿੰਟ ਅਤੇ ਹੋਰਨਾਂ ਭਾਸ਼ਾਵਾਂ ਵੱਲ ਮੁਹੱਈਆ ਕੀਤੀ ਜਾ ਸਕਦੀ ਹੈ।

Urdu:

دو سر ی زبانوں او ر بڑی اگر آپ کو ہی معلومات سمجھنے کے لیے مدد کی ضرورت ہے تو یی چھپا یں ییہ ابی دست بو یسکت ہے برا ئے مہر یان پو ے یچھہ ی۔ معلومات

Arabic:

مطبوعة بأحرف كبيرة و بلغات إذا كنت تريد مساعدة في فهم هذه المعلومات يُرجى أن تطلب أخرى يمكن تو فسير هذه المعلومات

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Division: Surgery

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