



Information for
patients and
carers

24 Hour Urine Collection

Introduction

This leaflet explains the procedure for collecting a 24 hour urine sample.

What do I need for this test?

You will be given a bottle for urine collection and a laboratory request form.

How do I collect 24 hour urine?

When you wake up on the day of collection (for example at 7am) pass all urine down the toilet. Do not collect this urine.

Collect all the urine that you pass during the next 24 hours into the container. The following morning (for example at 7am) empty the bladder completely. This urine is also collected into the container.

Cap the container tightly. It is essential that the container is fully labelled. This should include your name, date of birth, and the date and times of the start and end of urine collection.

It is important that all the urine passed during the 24 hours is collected. If you do not collect all the urine the results will not be valid.

Store the bottle in a cool place during the collection.

What do I do with the urine sample?

Return the urine collection to the Pathology laboratory at the Royal Preston Hospital (01772 522607) or Chorley Hospital (01257 245255).

Please return the sample on the morning that you complete the collection.

How will I get the result?

The result will be sent to the doctor who asked for you to be tested.

Further questions

If you have any questions about the process of collecting a 24 hour urine sample, please contact the Clinical Biochemistry department on 01772 522607 between 9am and 5pm.

Sources of further information

www.lancashireteachinghospitals.nhs.uk

www.nhs.uk

www.patient.co.uk

www.labtestsonline.org.uk

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All our patient information leaflets are available on our website for patients to access and download:

www.lancsteachinghospitals.nhs.uk/patient-information-leaflets

Lancashire Teaching Hospitals is a smoke-free site. Smoking is not permitted anywhere on any of our premises, either inside or outside the buildings. Our staff will ask you about your smoking status when you come to hospital and will offer you support and advice about stopping smoking including Nicotine Replacement Therapy to help manage your symptoms of withdrawal.

If you want to stop smoking you can also contact the Quit Squad Freephone 0800 328 6297.

Please ask if you would like help in understanding this information. This information can be made available in large print and in other languages.

Gujarati:

આ માહિતીને સમજવામાં સહાયતા જોઈતી હોય તો ફ્રીફોન ૦૮૦૦ ૩૨૮ ૬૨૯૭ પર પૂછો. આ માહિતી મોટા છપાણામાં અને અન્ય ભાષામાં ઉપલબ્ધ કરી શકાય છે.

Romanian:

Vă rugăm să întrebați dacă aveți nevoie de ajutor pentru înțelegerea acestor informații. Aceste informații pot fi puse la dispoziție în format mare și în alte limbi.”

Polish:

Poinformuj nas, jeśli potrzebna jest ci pomoc w zrozumieniu tych informacji. Informacje te można również udostępnić dużym drukiem oraz w innych językach

Punjabi:

ਜੇ ਤੁਸੀਂ ਇਹ ਜਾਣਕਾਰੀ ਸਮਝਣ ਵੱਲੋਂ ਮਦਦ ਲੈਣੀ ਚਾਹੋਗੇ ਤਾਂ ਕਰਿਪਾ ਕਰਕੇ ਇਸ ਬਾਰੇ ਪੁੱਛੋ। ਇਹ ਜਾਣਕਾਰੀ ਵੱਡੇ ਪ੍ਰਿੰਟ ਅਤੇ ਹੋਰਨਾਂ ਭਾਸ਼ਾਵਾਂ ਵੱਲੋਂ ਮੁਹੱਈਆ ਕੀਤੀ ਜਾ ਸਕਦੀ ਹੈ।

Urdu:

دوسری زبانوں اور بڑی اگر آپ کو ہی معلومات سمجھنے کے لئے مدد کی ضرورت ہے تو
یہی چھپا جس یہ ابی دست ہو سکت ہے براے مہر بیان پوے چھدی۔ معلومات

Arabic:

مطبوعة بأحرف كبيرة و بلغات إذا كنت تريد مساعدة في فهم هذه لمعلومات يُرجى أن تطلب
أخرى يمكن تو فير هذه المعلومات

Department: Clinical Biochemistry / Pathology

Division: Diagnostics and Clinical Support

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