



Information for patients

Medication in patients with kidney disease

This leaflet deals with medication in patients with chronic kidney disease.

- The kidneys are involved in the excretion of many drugs i.e. this is the way your body gets rid of the medication. Every doctor who prescribes for you **must** know of your kidney disease. Some medication will require a dose reduction while other drugs have to be avoided altogether.
- For every appointment with your GP/Nephrologist please bring a complete and correct **list of your current medication**. It is essential that **ALL** doctors know your medication, particularly if several doctors (GP, nephrologist, heart specialist etc. are involved).Your GP surgery can provide you with a printout of your repeat prescription.
- Non-steroidal anti-inflammatory drugs (NSAIDs) such as Ibuprofen (Brufen) must be avoided or used with caution. Safe alternatives are Paracetamol and Codeine. Please ask the kidney doctor for advice if you want to use these painkillers as a cream or gel.
- Some herbal remedies are unsuitable in kidney disease. Please ask before taking any herbal preparation.

RENAL DIRECTORATE
Royal Preston Hospital

(Patient sticker)

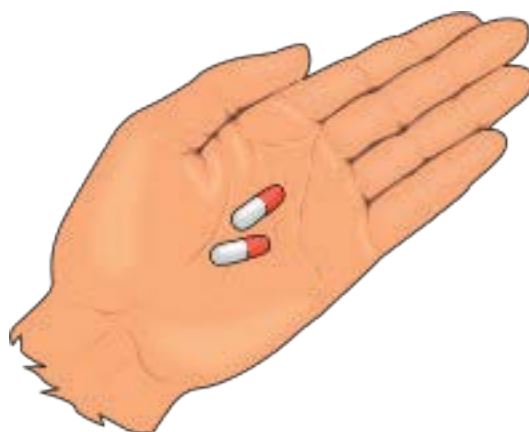
Medication Date: Sep 01, 2007

Drug name and dose	Morning	Lunchtime	Evening	Night time
Decorbis 5mg	1	-	-	-
Tacrolimus 2mg	1	-	1	-
Valsartan 160mg	1	-	-	-
Atenolol 50mg	-	1	-	-
Doxazosin 8mg	1	-	1	-
Pravastatin 40mg	-	-	-	1
Aspirin 75mg	1	-	-	-

This is an example of a very neat medication plan.

- Care must be taken with drugs against high blood pressure, particularly the so-called ACE inhibitors (the name of these drugs usually ends with “-pril”), as well as the so-called ARBs (the name of these drugs usually ends with “-sartan”) and Spironolactone (Aldactone®).
- These drugs are **very** useful in high blood pressure and kidney disease **but kidney function and blood potassium levels must be checked when these drugs are started or increased.**
- Dye used for some X-ray investigations (contrast media): This must be used with caution and under appropriate precautions in kidney disease. If you need an X-ray procedure that involves contrast media/dye: Discuss with the radiologist (the X-ray doctor) and nephrologist.
- Contrast media used for magnetic resonance (MRI) imaging: Special precautions apply for patients with kidney disease. Please discuss this with your radiologist and nephrologist.

Disclaimer: This leaflet was compiled on the basis of personal, institutional and published experience. Other recommendations may apply to individual patients. The contents of this leaflet do **not** replace a consultation with the transplant team/nephrologists.



Please be conscientious with
your medication – it is in your own
interest!

Sources of further information

Contact us:

If you have any further questions please contact our pre-dialysis team
01772-522902 (answer phone)

www.lancsteachinghospitals.nhs.uk

www.nhs.uk

www.patient.co.uk

www.kidney.org.uk

Reference:

The Renal Association (2017) Clinical practice guideline post-operative care in the kidney transplant recipient.

Cantonese:

如果你希望以另外一種格式接收該資訊，請和我們聯絡，不必猶豫。

Gujarati:

જો તમને આ માહિતી બીજી રચના કે ફોર્મેટમાં મેળવવાની ઇચ્છા હોય, તો કૃપા કરી અમારો સંપર્ક કરતા અચકાશો નહિ.

Hungarian:

Kérjük, vegye fel velünk a kapcsolatot, ha más formában kéri ezt az információt.

Polish:

Jeżeli chciał(a)by Pan/Pani otrzymać niniejsze informacje w innym formacie, prosimy o kontakt.

Punjabi:

ਜੇ ਤੁਸੀਂ ਕਿਸੇ ਹੋਰ ਫਾਰਮੈਟ ਵਿਚ ਇਹ ਜਾਣਕਾਰੀ ਲੈਣਾ ਚਾਹੁੰਦੇ ਹੋ ਤਾਂ ਸਾਡੇ ਨਾਲ ਸੰਪਰਕ ਕਰਨ ਤੋਂ ਨਾ ਝਿਜਕੋ।

Urdu:

اگر آپ اس معلومات کو کسی اور صورت میں حاصل کرنا چاہتے ہیں تو برائے مہربانی ہم سے رابطہ کرنے میں ہچکچاہٹ محسوس نہ کریں۔

Lancashire Teaching Hospitals NHS Foundation Trust is not responsible for the content of external internet sites.

Please ask if you would like help in understanding this information. This information can be made available in large print and in other languages.

Lancashire Teaching Hospitals is a smoke-free site

On 31 May 2017 Lancashire Teaching Hospitals became a smoke-free organisation. From that date smoking is not permitted anywhere on any of our premises, either inside or outside the buildings. Our staff will ask you about your smoking status when you come to hospital and will offer you support and advice about stopping smoking including Nicotine Replacement Therapy to help manage your symptoms of withdrawal.

If you want to stop smoking you can also contact the Quit Squad Freephone 0800 328 6297.

Department: Renal

Division: Medicine

Production date: April 2019

Review date: April 2022

JR97 VI

