



Information for
patients and
carers

Epilepsy Specialist Nurse

A diagnosis of Epilepsy can cause worry for you, your relatives or carers. The Epilepsy Specialist Nurses can offer support and advice at diagnosis and at any time throughout your treatment.

The Epilepsy Nurse Specialist can advise on all aspects of care for people with Epilepsy and those who are newly diagnosed.

This includes:

- Advice / Support
- Information – Living with epilepsy
- Seizure monitoring
- Medication monitoring
- Preconception counselling
- Pregnancy and epilepsy
- Self-management
- Education / Training for families, carers, health care professionals
- Rescue medication plans and training
- Adjustment of Vagal Nerve Stimulator

The Epilepsy Nurse Specialist can meet with patients, relatives and carers in a Nurse led clinic, at home / in the community or on a hospital ward.

How you can access the service

Referrals are taken from patients and carers, Consultant Neurologists, General Practitioners and members of the multidisciplinary team. The Epilepsy Nurses work Monday to Friday 8.30 am to 4.30 pm, excluding bank holidays.

Contact details

Should you require advice or information please contact: **01772 523132**

There is a telephone answering service. If the Epilepsy Specialist Nurse is unable to answer your call, please leave a message and we aim to return your call within one working day.

Please note that this is not an emergency service and does not operate out of office hours. If you are in an emergency situation you should contact your GP service or 111 or 999.

Sources of further information

www.lancsteachinghospitals.nhs.uk

www.nhs.uk

www.patient.co.uk

www.epilepsy.org.uk

www.ncype.org.uk

www.epilepsyandpregnancy.co.uk

www.sudep.org

www.gov.uk/epilepsy-and-driving

Lancashire Teaching Hospitals NHS Foundation Trust is not responsible for the content of external internet sites.

Please ask if you would like help in understanding this information. This information can be made available in large print and in other languages.

Lancashire Teaching Hospitals is a smoke-free site.

On 31 May 2017 Lancashire Teaching Hospitals became a smoke-free organisation. From that date smoking is not permitted anywhere on any of our premises, either inside or outside the buildings. Our staff will ask you about your smoking status when you come to hospital and will offer you support and advice about stopping smoking including Nicotine Replacement Therapy to help manage your symptoms of withdrawal.

If you want to stop smoking you can also contact the Quit Squad Freephone 0800 328 6297.

Cantonese:

如果你希望以另外一種格式接收該資訊，請和我們聯絡，不必猶豫。

Gujarati:

જો તમને આ માહિતી બીજી રચના કે ફોર્મેટમાં મેળવવાની ઇચ્છા હોય, તો કૃપા કરી અમારો સંપર્ક કરતા અચકાશો નહિ.

Hungarian:

Kérjük, vegye fel velünk a kapcsolatot, ha más formában kéri ezt az információt.

Polish:

Jeżeli chciał(a)by Pan/Pani otrzymać niniejsze informacje w innym formacie, prosimy o kontakt.

Punjabi:

ਜੇ ਤੁਸੀਂ ਕਿਸੇ ਹੋਰ ਫਾਰਮੈਟ ਵਿਚ ਇਹ ਜਾਣਕਾਰੀ ਲੈਣਾ ਚਾਹੁੰਦੇ ਹੋ ਤਾਂ ਸਾਡੇ ਨਾਲ ਸੰਪਰਕ ਕਰਨ ਤੋਂ ਨਾ ਝਿਜਕੋ।

Urdu:

اگر آپ اس معلومات کو کسی اور صورت میں حاصل کرنا چاہتے ہیں تو برائے مہربانی ہم سے رابطہ کرنے میں ہچکچاہٹ محسوس نہ کریں۔

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Division: Medicine

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