



Information for  
patients and  
carers

## Hearing aid fitting appointment

What to expect

## What is the purpose of this appointment?

This appointment usually lasts 45 minutes. At the start of the appointment the audiologist will discuss your options and will fit the hearing aid most suitable for your needs, from a variety of digital hearing aids. Staff in this clinic will always support you to make the right decision for you.

Your new hearing aid/aids will be programmed to a prescription for your hearing loss, which is based on the hearing test results measured at today's appointment.

Hearing aids, as their name suggest, are an aid to hearing and although you're hearing ability will be greatly improved; your hearing aids will not restore normal hearing, nor will they prevent or improve a hearing impairment resulting from a physiological condition.

## Preparation for your hearing aid fitting

Prior to your hearing aid fitting you may want to reflect on the specific situations in which you struggle to hear. At the start of your fitting appointment the audiologist will discuss these with you in order to customise the hearing aid settings to your needs.

## The procedure involves taking measurements from your ears

The audiologist will examine your ears. In order to set your hearing aids to prescription, soft tubes may be placed in your ears which will measure sounds generated from a speaker in front of you. You are not required to respond to any of these sounds. The measurements will take approximately 10 minutes to complete. It is not always possible to do this measurement, in which case the hearing aids will be set up using specialist software.

The audiologist will determine how well you are hearing and adjust the hearing aid settings based on your perceptions. The audiologist will

discuss further optional settings and what to expect from the hearing aids.

## How to use your hearing aids

The audiologist will discuss how to use the hearing aids in detail and demonstrate how to insert, remove and clean the hearing aids. You will have an opportunity to practise this during the appointment. Detailed written instructions will also be provided for you to take home.

## What happens following my appointment?

You will leave with your hearing aids on this occasion. The audiologist will explain what to expect following your fitting as it can take several weeks to adjust to the hearing aids.

We will write to you 6 weeks following your hearing aid fitting to invite you to attend a follow up appointment if you have any concerns.

Alternatively you can arrange an appointment for a hearing aid repair at Royal Preston Hospital or Chorley Hospital.

## Contact details

Should you require further advice or information please contact:

Audiology Department (Hearing and Balance Service)

Royal Preston Hospital

Sharoe Green Lane

Fulwood

Preston

PR2 9HT

Telephone: **01772 522751**

Email: [hearing.balance@lthtr.nhs.uk](mailto:hearing.balance@lthtr.nhs.uk)

## Sources of further information

[www.lancsteachinghospitals.nhs.uk](http://www.lancsteachinghospitals.nhs.uk)

[www.nhs.uk](http://www.nhs.uk)

[www.patient.co.uk](http://www.patient.co.uk)

[www.accessable.co.uk](http://www.accessable.co.uk)

[www.c2hearonline.com](http://www.c2hearonline.com)

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Please ask if you would like help in understanding this information. This information can be made available in large print and in other languages.

**Cantonese:**

如果你希望以另外一種格式接收該資訊，請和我們聯絡，不必猶豫。

**Gujarati:**

જો તમને આ માહિતી બીજી રચના કે ફોર્મેટમાં મેળવવાની ઇચ્છા હોય, તો કૃપા કરી અમારો સંપર્ક કરતા અચકાશો નહિ.

**Hungarian:**

Kérjük, vegye fel velünk a kapcsolatot, ha más formában kéri ezt az információt.

**Polish:**

Jeżeli chciał(a)by Pan/Pani otrzymać niniejsze informacje w innym formacie, prosimy o kontakt.

**Punjabi:**

ਜੇ ਤੁਸੀਂ ਕਿਸੇ ਹੋਰ ਫਾਰਮੈਟ ਵਿਚ ਇਹ ਜਾਣਕਾਰੀ ਲੈਣਾ ਚਾਹੁੰਦੇ ਹੋ ਤਾਂ ਸਾਡੇ ਨਾਲ ਸੰਪਰਕ ਕਰਨ ਤੋਂ ਨਾ ਝਿਜਕੋ।

**Urdu:**

اگر آپ اس معلومات کو کسی اور صورت میں حاصل کرنا چاہتے ہیں تو برائے مہربانی ہم سے رابطہ کرنے میں ہچکچاہٹ محسوس نہ کریں۔

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**Division:** Surgery

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