



Information for
patients and
carers

Admission for Surgery

Gynaecology

Welcome to the Sharoe Green Gynaecology Surgical Unit. This leaflet provides information to help you plan your admission for gynaecological surgery.

The evening before your admission

Please phone the gynaecology ward on 01772 524231 between 6pm and 7pm to find out the time you need to arrive at the unit and also the time after which you should not eat and drink. Until then you should try to drink plenty of water and eat a healthy diet.

The day of your admission

- Take your morning medications as you were instructed at the pre-operative clinic
- Please have a bath or shower before coming to the ward. You can use soap or shower gel, but afterwards please do not use body cream/lotion, deodorant, talcum powder or apply make-up
- Remove nail varnish, false nails and any piercings. Jewellery (except wedding rings) should not be worn
- You should not shave the operation site
- Do not suck sweets or chew gum. Please follow the instructions you have already been given regarding food and drink
- Report to Sharoe Green Unit reception, on the ground floor, at the time requested

Day of surgery admission area

Most patients who come to the unit for surgery are admitted through our Day of Surgery Admission Area (DOSAA).

The DOSAA aims to provide a more streamlined service by avoiding the need to come into the hospital the day before your operation is scheduled to take place. DOSAA provides a comfortable waiting area where you can also receive any necessary pre-surgery care.

You may spend between 2-6 hours in DOSAA before being escorted to the operating theatre. The nursing staff will check your details and answer any questions. You will be seen by the anaesthetic and surgical teams. You will then be asked to change into a theatre gown.

After your operation you will be transferred to the Gynaecology Ward or the Day Care Unit for post-operative care.

Items to bring with you to make your stay more comfortable

- All your current medication and the packaging in which they were dispensed
- Nightwear, underwear, dressing gown and slippers
- Toiletries and a hand towel. Bath towels will be provided
- Wet wipes to clean your hands before meals
- Sanitary towels or panty liners
- Pen
- Denture container if needed
- Hard glasses case if you wear glasses
- Entertainment – for example books and magazines

Please do not bring valuable items or large amounts of money.

There are bedside TV and telephone facilities. A payment card system operates and pay stations can be found near the unit entrance and the ward door.

Visiting

This is subject to frequent change. Please check at your pre-operative assessment the most up to date visiting arrangements.

In general

- Visiting times on the Gynaecology Ward are: 10am – 8pm

- Your own children may visit providing that they are supervised at all times on the hospital premises. Friends' and relatives' children under the age of 12 years are not encouraged to visit

Your visitors will also be asked:

- To use the hand gel provided at the ward door before approaching you
- Not to sit on your bed or on any other bed
- Not to visit if they have a cough, temperature, upset stomach or any other infection. If unsure, they can phone the ward for advice
- Not to pull the curtains round your bed

Contact details

Should you require further advice or information please contact:
Gynaecology ward: 01772 524231.

Sources of further information

www.lancsteachinghospitals.nhs.uk

www.nhs.uk

www.patient.co.uk

www.accessable.co.uk

All our patient information leaflets are available on our website for patients to access and download:

www.lancsteachinghospitals.nhs.uk/patient-information-leaflets

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Smoking

Lancashire Teaching Hospitals is a smoke-free site.

On 31 May 2017 Lancashire Teaching Hospitals became a smoke-free organisation. From that date smoking is not permitted anywhere on any of our premises, either inside or outside the buildings. Our staff will ask you about your smoking status when you come to hospital and will offer you support and advice about stopping smoking including Nicotine Replacement Therapy to help manage your symptoms of withdrawal.

If you want to stop smoking you can also contact the Quit Squad Freephone 0800 328 6297.

Please ask if you would like help in understanding this information. This information can be made available in large print and in other languages.

Cantonese:

如果你希望以另外一種格式接收該資訊，請和我們聯絡，不必猶豫。

Gujarati:

જો તમને આ માહિતી બીજી રચના કે ફોર્મેટમાં મેળવવાની ઇચ્છા હોય, તો કૃપા કરી અમારો સંપર્ક કરતા અચકાશો નહિ.

Hungarian:

Kérjük, vegye fel velünk a kapcsolatot, ha más formában kéri ezt az információt.

Polish:

Jeżeli chciał(a)by Pan/Pani otrzymać niniejsze informacje w innym formacie, prosimy o kontakt.

Punjabi:

ਜੇ ਤੁਸੀਂ ਕਿਸੇ ਹੋਰ ਫਾਰਮੈਟ ਵਿਚ ਇਹ ਜਾਣਕਾਰੀ ਲੈਣਾ ਚਾਹੁੰਦੇ ਹੋ ਤਾਂ ਸਾਡੇ ਨਾਲ ਸੰਪਰਕ ਕਰਨ ਤੋਂ ਨਾ ਝਿਜਕੋ।

Urdu:

اگر آپ اس معلومات کو کسی اور صورت میں حاصل کرنا چاہتے ہیں تو برائے مہربانی ہم سے رابطہ کرنے میں ہچکچاہٹ محسوس نہ کریں۔

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Division: Women and Children

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