



Information for
patients and
carers

Semen Analysis

What is a Semen Analysis?

This test measures the proportion of mature sperm in your semen sample and is an important assessment for your fertility treatment.

Please read all the information in this leaflet before producing the sample.

Before you produce a sample

- An appointment, to receive the sample, needs to be made with the pathology laboratory at Royal Preston Hospital
- Please call 01772 522104 to book and allow at least **1 week** before the intended day of submission
- Appointments are available Monday to Thursday between 9.30am and 3.30pm

How do I take the sample?

- Avoid ejaculation 3-5 days before you produce the sample. This allows sperm to reach full maturity
- You will be provided with a semen container for the sample
- Produce the semen sample, by masturbation, directly into the semen container
- Do not use a condom to collect the sample
- Please write your name, date of birth, date and time the sample was produced on the pot
- Place the semen container in the plastic bag provided
- The sample needs to reach the pathology laboratory at Royal Preston Hospital within **1 hour** of being produced. Please take this into consideration when choosing the time to obtain a sample

Sources of further information

www.lancsteachinghospitals.nhs.uk

www.nhs.uk

www.patient.co.uk

www.accessable.co.uk

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Lancashire Teaching Hospitals is a smoke-free site.

On 31 May 2017 Lancashire Teaching Hospitals became a smoke-free organisation. From that date smoking is not permitted anywhere on any of our premises, either inside or outside the buildings. Our staff will ask you about your smoking status when you come to hospital and will offer you support and advice about stopping smoking including Nicotine Replacement Therapy to help manage your symptoms of withdrawal.

If you want to stop smoking you can also contact the Quit Squad Freephone 0800 328 6297.

Please ask if you would like help in understanding this information. This information can be made available in large print and in other languages.

Cantonese:

如果你希望以另外一種格式接收該資訊，請和我們聯絡，不必猶豫。

Gujarati:

જો તમને આ માહિતી બીજી રચના કે ફોર્મેટમાં મેળવવાની ઇચ્છા હોય, તો કૃપા કરી અમારો સંપર્ક કરતા અચકાશો નહિ.

Hungarian:

Kérjük, vegye fel velünk a kapcsolatot, ha más formában kéri ezt az információt.

Polish:

Jeżeli chciał(a)by Pan/Pani otrzymać niniejsze informacje w innym formacie, prosimy o kontakt.

Punjabi:

ਜੇ ਤੁਸੀਂ ਕਿਸੇ ਹੋਰ ਫਾਰਮੈਟ ਵਿਚ ਇਹ ਜਾਣਕਾਰੀ ਲੈਣਾ ਚਾਹੁੰਦੇ ਹੋ ਤਾਂ ਸਾਡੇ ਨਾਲ ਸੰਪਰਕ ਕਰਨ ਤੋਂ ਨਾ ਝਿਜਕੋ।

Urdu:

اگر آپ اس معلومات کو کسی اور صورت میں حاصل کرنا چاہتے ہیں تو برائے مہربانی ہم سے رابطہ کرنے میں ہچکچاہٹ محسوس نہ کریں۔

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