



Information for
patients and
carers

Upper Gastrointestinal (UGI) Clinical Nurse Specialist Service



Excellent
care with
compassion

Surgery: Upper GI

The Upper GI Clinical Nurse Specialist (CNS/Key Worker)

We specialise mainly in the care and support of people with cancer of the oesophagus, stomach, pancreas, liver and bile ducts. This leaflet shows the ways in which we may be of help to you and how to contact us in the future. We work closely with the doctors and nurses on the wards and the Out Patient clinics.

What is the function of the Upper Gastrointestinal nurse specialist?

We provide support for patients and their families and to act as a link between health care professionals.

We provide a point of contact for patients and carers from diagnosis onwards. This can be a very uncertain time in your life. By providing clear information we hope to reduce some of the fears and anxieties you may be facing.

How can we help?

We can provide an opportunity to discuss your diagnosis, disease and treatment plan, including a chance to talk through information you have been given. We can explain what investigations are for and what they involve, making sure you understand what is happening at each stage of your treatment.

We can put you in touch with other services in the hospital and in the community. There are a number of support agencies that you may like to know about.

If you are experiencing any problems or symptoms at home then please contact us. If we are unable to answer your questions we will endeavour to help you find the information you need, or put you in touch with the right person.

It is often when you have left hospital that you think of things you should have asked, or would like more explanation. We are available to help at this time. If you are admitted to any hospital for any reason, please ask someone to let your specialist nurse know.

We are also available to speak to your family (with your consent). They may have their own questions about your illness or treatment. You might like to show them this leaflet.

How to contact the Upper GI Specialist Nurses

CNS/Key worker: _____

Telephone: 01772 524788

Upper GI Secretary: 01772 523595

Our normal working hours are:

Monday to Friday, 8am - 4pm (except bank holidays)

If we are not in the office at the time of your call an answer machine is available. If you reach this please leave a message. Your calls will be returned as soon as possible, however please be aware this may not be the same day.

Clinical Trials

A clinical trial may be discussed with you as a potential option for treatment. This discussion does not commit you to taking part.

You may also want to ask your doctor or nurse if there are any clinical trials available for which you might be suitable.

Some Helpful Organisations

Cancer Research

PO Box 123 Lincoln's Inn Fields London WC2A3PX Tel 020 7121 6699
www.cancerresearchuk.org

Oesophageal Patients Association

22 Vulcan House Vulcan Rd Solihull West Midlands B91 2JY Tel 0121 704 9860 www.opa.org.uk

Cancer Help Preston

Vine House 22 Cromwell Road Ribbleton Preston PR2 6YB Tel 01772 793344 www.cancerhelppreston.co.uk

Questions about cancer?

We're here to help, the Macmillan Cancer Information & Support Service at Lancashire Teaching Hospitals is open to anyone affected by cancer and is situated at both Chorley Hospital & Royal Preston Hospital.

Contact us on 01772 523709 or cancerinfocentre@lthtr.nhs.uk

Sources of further information

www.lancsteachinghospitals.nhs.uk

www.nhs.uk

www.patient.co.uk

www.accessable.co.uk

Lancashire Teaching Hospitals NHS Foundation Trust is not responsible for the content of external internet sites.

All our patient information leaflets are available on our website for patients to access and download:

www.lancsteachinghospitals.nhs.uk/patient-information-leaflets

Lancashire Teaching Hospitals is a smoke-free site. Smoking is not permitted anywhere on any of our premises, either inside or outside the buildings. Our staff will ask you about your smoking status when you come to hospital and will offer you support and advice about stopping smoking including Nicotine Replacement Therapy to help manage your symptoms of withdrawal.

If you want to stop smoking you can also contact the Quit Squad Freephone 0800 328 6297.

Please ask if you would like help in understanding this information. This information can be made available in large print and in other languages.

Gujarati:

આ માહિતીને સમજવામાં સહાયતા જોઈતી હોય તો કૃપા કરીને પૂછો. આ માહિતી મોટા છપાણામાં અને અન્ય ભાષામાં ઉપલબ્ધ કરી શકાય છે.

Romanian:

Vă rugăm să întrebați dacă aveți nevoie de ajutor pentru înțelegerea acestor informații. Aceste informații pot fi puse la dispoziție în format mare și în alte limbi.”

Polish:

Poinformuj nas, jeśli potrzebna jest ci pomoc w zrozumieniu tych informacji. Informacje te można również udostępnić dużym drukiem oraz w innych językach

Punjabi:

ਜੇ ਤੁਸੀਂ ਇਹ ਜਾਣਕਾਰੀ ਸਮਝਣ ਵੱਲ ਮਦਦ ਲੈਣੀ ਚਾਹੋਗੇ ਤਾਂ ਕਰਿਪਾ ਕਰਕੇ ਇਸ ਬਾਰੇ ਪੁੱਛੋ। ਇਹ ਜਾਣਕਾਰੀ ਵੱਡੇ ਪ੍ਰਿੰਟ ਅਤੇ ਹੋਰਨਾਂ ਭਾਸ਼ਾਵਾਂ ਵੱਲ ਮੁਹੱਈਆ ਕੀਤੀ ਜਾ ਸਕਦੀ ਹੈ।

Urdu:

دو سر ی زبانوں او ر بڑی اگر آپ کو ہی معلومات سمجھنے کے لیے مدد کی ضرورت ہے تو یی چھپا یں ییہ ابی دست بو یسکت ہے برا ے مہر یان پو ے یچھہی۔ معلومات

Arabic:

مطبوعة بأحرف كبيرة و بلغات إذا كنت تريد مساعدة في فهم هذه لمعلومات يُرجى أن تطلب أخرى يمكن تو فسير هذه المعلومات

Department: Surgery

Division: Upper GI

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