



Information for
patients and
carers

Neuro Oncology CNS

Neuro - Oncology Clinical Nurse Specialist Team

My Clinical Nurse Specialist/Key Worker is:

.....

Neuro Oncology Clinical Nurse Specialist Team are available:
Monday – Friday 8.30am to 4.30pm excluding Bank Holidays.

Contact details: Telephone 01772 523231

A voicemail service is available, we may not always be available to return your call immediately but we will always try to return your call within one working day.

Neuro-Oncology Clinical Nurse Specialist (CNS)

Our team consists of nurses with specialist expertise in the field of brain and central nervous system tumours. You may sometimes hear your clinical specialist nurse referred to as your Key Worker.

A Key Worker is someone who coordinates between the various people that may be involved in your care both in the hospital and when you are at home.

You will meet a member of the CNS team either at a clinic appointment or on the wards. You may have contact with any member of the team throughout your treatment and follow up at Lancashire Teaching Hospitals NHS Trust.

We form part of a multidisciplinary team who provide care during your admission, at diagnosis, during treatment and follow-up care. The team consists of a Neurosurgeon, Neuro-Oncologist, Doctors, Nurses, Occupational Therapist, Physiotherapists, Radiotherapists as well as other health care professionals.

The CNS role involves:

- Meeting you and your family/carers both pre and post-surgery, giving you the opportunity to ask any questions or discuss any information that has been given to you by your Neurosurgeon or Oncologist.
- Providing a telephone service which is accessible to all patients to discuss any problems that you may be experiencing.
- Providing you with written information and contact details.
- Providing nursing advice regarding any symptoms you may experience post-surgery or during treatment.
- The CNS is a main point of contact for you during and after your treatment, for information, advice and support (However, this is NOT an emergency service; please dial 999 if you need urgent medical attention).
- Offer a Health Needs Assessment (HNA) and emotional support. A HNA is a discussion with your CNS to talk about how you are feeling and what is most important to you. Together, we will then create a personalised care plan which focuses on how to manage your concerns and provide contact details. We will signpost you to helpful organisations or services that can offer support.

The information gathered from a HNA can also be shared with the multidisciplinary team (MDT) and your GP to improve your management and care.

The CNS team link with other health care professionals who they can refer you to for additional help and support if required-

- Benefits advice and social service referrals
- Epilepsy Specialist Nurse
- Occupational Therapist, Physiotherapist and Speech and Language Therapists
- Counselling services/Psychologist
- Complementary Therapist
- Other community teams regarding your care such as GP, therapists, District Nurse and Palliative Care services

Other Lancashire Teaching Hospitals NHS Trust telephone numbers that maybe useful:

Ward 2a	01772 522217
Ward 2b	01772 522713
Ward 2c	01772 528180
Sarah Houghton Occupational Therapist	07565 013 689
Dr Beaumont's Secretary	01772 522984
Radiotherapy Reception	01772 522923
Chemotherapy Support Team	01772 523205
Macmillan Information Centre	01772 523709

Sources of further information

www.lancsteachinghospitals.nhs.uk

www.nhs.uk

www.patient.co.uk

www.accessable.co.uk

Macmillan Cancer Support

0808 808 0000

www.macmillan.org.uk

The Brain Tumour Charity

www.thebraintumourcharity.org.uk

Braintrust

www.brainstrust.org.uk

DVLA

0300 790 6802

www.gov.uk/contact-the-dvla

Epilepsy Action

0808 800 5050

All our patient information leaflets are available on our website for patients to access and download:

www.lancsteachinghospitals.nhs.uk/patient-information-leaflets

Lancashire Teaching Hospitals NHS Foundation Trust is not responsible for the content of external internet sites.

Lancashire Teaching Hospitals is a smoke-free site. Smoking is not permitted anywhere on any of our premises, either inside or outside the buildings. Our staff will ask you about your smoking status when you come to hospital and will offer you support and advice about stopping smoking including Nicotine Replacement Therapy to help manage your symptoms of withdrawal.

If you want to stop smoking you can also contact the Quit Squad Freephone 0800 328 6297.

Please ask if you would like help in understanding this information. This information can be made available in large print and in other languages.

Gujarati:

આ માહિતીને સમજવામાં સહાયતા જોઈતી હોય તો કૃપા કરીને પૂછો. આ માહિતી મોટા છપાણ માં અને અન્ય ભાષામાં ઉપલબ્ધ કરી શકાય છે.

Romanian:

Vă rugăm să întrebați dacă aveți nevoie de ajutor pentru înțelegerea acestor informații. Aceste informații pot fi puse la dispoziție în format mare și în alte limbi.”

Polish:

Poinformuj nas, jeśli potrzebna jest ci pomoc w zrozumieniu tych informacji. Informacje te można również udostępnić dużym drukiem oraz w innych językach

Punjabi:

ਜੇ ਤੁਸੀਂ ਇਹ ਜਾਣਕਾਰੀ ਸਮਝਣ ਵੱਲ ਮਦਦ ਲੈਣੀ ਚਾਹੋਗੇ ਤਾਂ ਕਰਿਪਾ ਕਰਕੇ ਇਸ ਬਾਰੇ ਪੁੱਛੋ। ਇਹ ਜਾਣਕਾਰੀ ਵੱਡੇ ਪ੍ਰਿੰਟ ਅਤੇ ਹੋਰਨਾਂ ਭਾਸ਼ਾਵਾਂ ਵੱਲ ਮੁਹੱਈਆ ਕੀਤੀ ਜਾ ਸਕਦੀ ਹੈ।

Urdu:

دو سر ی زبانوں او ر بڑی اگر آپ کو ہی معلومات سمجھنے کے لیے مدد کی ضرورت ہے تو ییچھپیا یں ییہ ابیلست ہو یسکت ہے برا ئے مہر یان ہو ییچھہی۔ معلومات

Arabic:

مطوبه بأحر ف كيبير ة و بلغات إذا كنت تر يد مساعده في فهم هذه لمعلومات يُر جي أن نطلب أخرى يمكن تو فير هذه المعلوما

Department: Neurosurgery
Division: Surgery
Production date: May 2021
Review date: May 2024
Document Code and version: CA2 V1