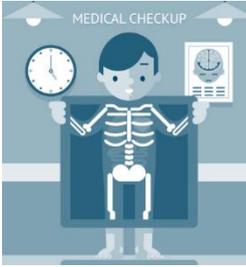


Information for Patients and Carers

Having an X-ray Information for Children (Ages 4-12)

A decorative graphic at the bottom of the page consisting of three overlapping, wavy bands of blue. The top band is a light blue, the middle is a medium blue, and the bottom is a dark blue.



WHAT IS AN X-RAY?

An X-ray is a special kind of picture that helps doctors see inside your body — like your bones or tummy. It's a bit like taking a photo, but it shows things we can't normally see!



WHY DO I NEED TO HAVE AN X-RAY?

You might need an X-ray if:

- You've hurt yourself and the doctor wants to check your bones.
- You're feeling unwell and the doctor wants to find out why.
- The doctor wants to see how you're healing.



IS AN X-RAY SAFE?

X-rays use a tiny bit of energy called radiation. The people who take your X-ray (called Radiographers) make sure everything is done safely. If you are a girl over 10 years old, the Radiographer might ask you about your periods.



WHAT SHOULD I WEAR?

Try to wear clothes without metal bits like zips or buttons. You might be asked to wear a hospital gown. This helps to make the X-ray picture nice and clear.

You might also need to take off things like:

- Necklaces or bracelets
- Glasses
- Hair clips
- Anything else which may show up on the picture



CAN SOMEONE COME WITH ME?

Yes! You can bring a grown-up like your mum, dad, or carer. They can come into the X-ray room with you but may need to stand behind a special window when the X-ray is taken.



WHAT HAPPENS WHEN I ARRIVE?

You'll go to the X-ray department and say hello at the desk. A member of staff will check your name and birthday and what kind of X-ray you need.

You might change into a gown.
Then you'll go into the X-ray room.





WHAT HAPPENS DURING THE X-RAY?

You might be asked to stand, sit, or lie down. The Radiographer will help you get into the right position. You'll need to stay very still — just for a few seconds. They might ask you to hold your breath for a moment.

The Radiographer will stand behind a window but can still see and talk to you.



DOES IT HURT?

No! You won't feel anything at all.



WHAT HAPPENS AFTER?

The Radiographer will check the X-ray pictures.

If they're all done, you can get dressed and go home or back to your ward.

The results of the X-rays will go to your doctor.



NEED HELP OR HAVE QUESTIONS?

Your parent or carer can call us:

- X-ray Department Appointments Team: 01772 522480
(Monday to Friday, 8:30am – 4:00pm)

Sources of further information

www.lancsteachinghospitals.nhs.uk

www.nhs.uk

www.patient.co.uk

www.accessable.co.uk

www.gov.uk/government/publications/ionising-radiation-from-medical-imaging-examinations-safety-advice/exposure-to-ionising-radiation-from-medical-imaging-safety-advice

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This information can be made available in large print, audio, Braille and in other languages.**

Our patient information group review our leaflets regularly, if you feel you would like to feedback on this information or to join our reading group please contact us on email address:

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