

What is Occupational Therapy Orthotics?



Who are we?

We are a team based at Royal Preston Hospital (RPH) in the outpatient therapy department.

We have a Clinical Lead Occupational Therapist (OT), a number of Specialist OTs, Rotational Post Band 5 OTs and Senior Therapy Assistants, with a large skill mix.



Having such a vast amount of knowled

amount of knowledge helps us deliver a client centred service with personalised care.

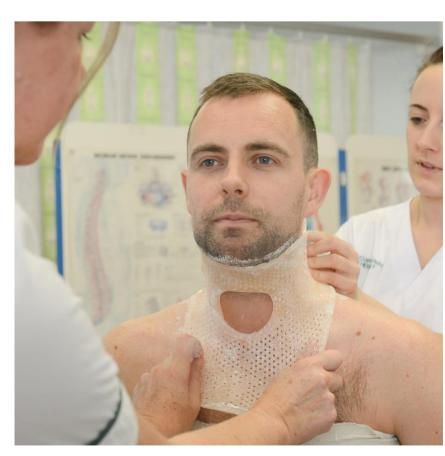
Who do we see?

We see a range of patients, both paediatrics and adults, with a large variety of acute and chronic conditions. This includes:

- Preston and Chorley Hospital In-patients
- Patients from other hospitals in the North West
- Clinic patients
- Outpatients

What do we do?

We assess each individual patient holistically, and provide an appropriate splint/brace for their needs.



Within our department we are able to make bespoke braces and splints directly moulded on the patient as well as provide off the shelf orthoses.

We also hand make and provide all the Deprivation of Liberty (DoLs) mitts for the hospital.

What is an Orthosis?

"A brace, splint or other artificial external device serving to support the limb or spine to prevent or assist relative movement" (Oxford Dictionary, 2019).

Why Occupational Therapy?

"Occupational therapy provides practical support to empower people to facilitate recovery and overcome barriers preventing them from doing the activities (or occupations) that matter to them" (RCOT, 2019).

Within this specialist area (Orthotics) the OT team problem solve the patient's individual issues (fracture/pain etc.) by designing, making and implementing the orthosis to allow the patient to continue to do their Activities Of Daily Living (ADLs) safely.

"An occupational therapist will consider all of the patient's needs - physical, psychological, social and environmental" (RCOT, 2019).

Patient Feedback:

"Staff are excellent, they are kind, caring, and very knowledgeable. I have had a custom splint and cannot thank the staff enough."

"Extremely helpful in all aspects of the neck injury.

Gave confidence to patient & husband

on taking collar on and off, independently of any

medical supervision."

"Very friendly - explained everything and my pain went instantly when they put the back brace on."

We are the only hospital in Lancashire who make the custom moulded collars and spinal braces.

How to Refer:

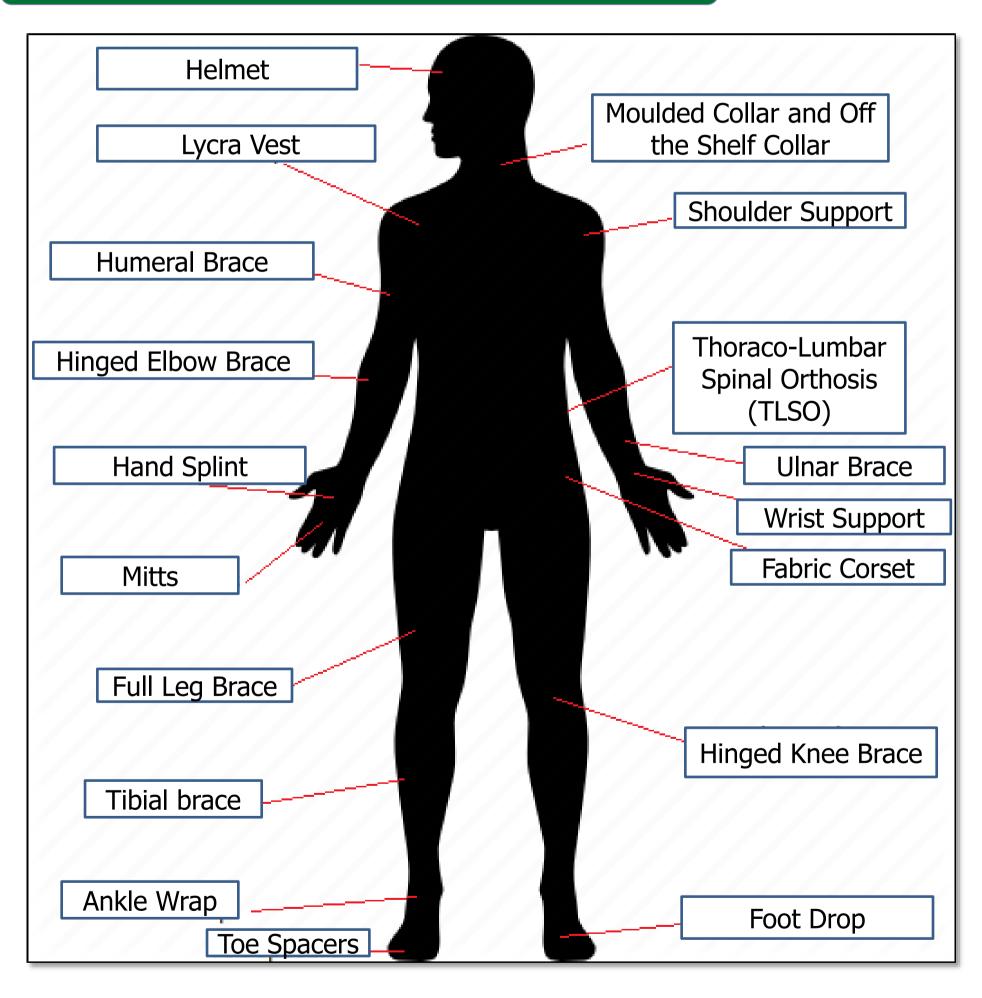
We take referrals via our in-hospital Quadramed system for inpatients.



For outpatients we will triage any patient with a referral sent by a consultant or GP.

We see patients during clinics Mon-Fri. If this isn't possible the next suitable appointment will be made, taking into account clinical urgency.

Examples of Orthoses:



Our contact details:

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References:

Oxford English Dictionary (2019) www.lexico.com/en
Royal College of Occupational Therapists (2019) www.rcot.co.uk