Current Awareness Bulletin & Library News

This monthly bulletin aims to keep you up-to-date with the latest evidence-based health care information, including articles, guidelines and books.

What's new...?

A selection of WELL-BEING books recently added to stock

13 things mentally strong people don’t do by Amy Morin (2015)
A mindfulness guide for the frazzled by Ruby Wax (2016)
Change your life one day at a time by Patricia McNair (2016)
I want to be calm: how to de-stress by Harriet Griffey (2016)
Improve your memory by March Channon (2016)
Superfoods super fast by Michael Van Straten (2016)
This book will make you mindful by Jessamy Hibberd (2015)
Walking on sunshine: 52 small steps to happiness by Rachel Kelly (2015)
Mindfulness for women by Claire Irvin (2016)
The art of people: the 11 simple people skills that will get you everything you want by Dave Kerpin (2016)
Difficult people made easy by Eleanor Shakiba (2016)

Recently published Guidelines / Reports/ Documents

UK renal research strategy UK Kidney Research Consortium (2016) Full text
2016 ESC Guidelines for the diagnosis and treatment of acute and chronic heart failure European Society of Cardiology (2016) Full Text
Evidence-based indications for the use of PET-CT in the UK 2016 Royal College of Physicians & Royal College of Radiologists (2016) Full Text
Administering subcutaneous methotrexate for inflammatory arthritis Royal College of Nursing (2016) Full Text

Spotlight on Patient Education

To request any of these articles, please contact the library


Guidelines / Reports / Documents

EULAR recommendations for patient education for people with inflammatory arthritis European League Against Rheumatism (2015) Full Text

Preoperative education for hip or knee replacement The Cochrane Library (2014) Full Text

Patient education for preventing diabetic foot ulceration The Cochrane Library (2014) Full Text

Patient education in the management of coronary heart disease The Cochrane Library (2011) Full Text

Did you know about… ?

**Library Training**

Need help finding evidence for patient care or articles for an assignment? Did you know the Library can provide one-to-one or group training sessions on a variety of resources and databases, such as Cochrane, PubMed and NHS Evidence Search, and show you how to conduct a literature search to find the latest articles, guidelines and procedures? For more information, please contact any member of library staff.

Access our resources at work and at home:

**Library Intranet:** 1) Go to: [http://online.lthtr.nhs.uk/start.asp](http://online.lthtr.nhs.uk/start.asp), 2) Click on ‘Education’ in the blue bar across the top, 3) Select ‘Library’ from the list.

**Library Website:** [http://www.lancsteachinghospitals.nhs.uk/library](http://www.lancsteachinghospitals.nhs.uk/library)

Any Suggestions? Want to sign up?

If you would like to receive this bulletin on a monthly basis, either by post or by email, or if you would like to see any particular subject areas covered in this bulletin, please email Emily Hurt, Emily.Hurt@lthtr.nhs.uk

Coming up in August 2016

- **Spotlight on:** Oncology services
- **Resource of the month:** PubMed
- **Did you know about… ?** Mindfulness sessions