

Information for patients and carers

Percutaneous Endoscopic Gastrostomy (PEG) – Day Case Approach

Three horizontal, wavy bands of blue color at the bottom of the page, with the top band being a lighter shade of blue and the bottom band being a darker shade.

This leaflet has been prepared for patients who are having a Day Case PEG procedure, who may experience the following:

Please attend your local Emergency Department immediately if you experience:

- Severe abdominal pain
- Profuse leaking from the PEG site
- Pyrexia (high temperature/fever)
- If you experience pain or leaking when flushing the tube, stop using the tube.
- **If you do attend your local hospital, please take this booklet with you and contact the nutrition nurses at Royal Preston Hospital and let them know**

Contact your nutrition nurses if:

- Your PEG site is too tight
- Mild leaking from the site
- Pain at the site
- You are concerned you have a site infection

Following the procedure:

- After the four-hour PEG check, you can eat and drink as normal
- For pain relief, we recommend over the counter analgesia

Sedation Advice

For 24 hours after receiving sedation, **you must not:**

- Drive a car or other vehicle
- Operate machinery
- Drink alcohol
- Sign legally binding documents

Please ensure that you have a responsible adult stay with you overnight.

Contact details

Should you require further advice or information please contact Nutrition nurses on:

01772523057 (Monday to Friday 8am-5pm)

07958436325 (Weekend and Bank Holidays 8am – 5pm)

Please leave your name and number on the answer machine and we will call you back.

Sources of further information

www.lancsteachinghospitals.nhs.uk

www.nhs.uk

www.accessable.co.uk

www.patient.co.uk

www.lancsteachinghospitals.nhs.uk/veteran-aware

<https://bepartofresearch.nihr.ac.uk/>

<https://gbukgroup.com/product/enplug/>

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All our patient information leaflets are available on our website for patients to access and download:

www.lancsteachinghospitals.nhs.uk/patient-information-leaflets

Lancashire Teaching Hospitals is a smoke-free site. Smoking is not permitted anywhere on any of our premises, either inside or outside the buildings. Our staff will ask you about your smoking status when you come to hospital and will offer you support and advice about stopping smoking this will include Nicotine Replacement Therapy to help manage your symptoms of withdrawal and the opportunity to speak to a nurse or advisor from the specialist Tobacco and Alcohol Care Team.

If you want to stop smoking, you can also contact Smokefree Lancashire on Freephone **08081962638**

Please ask a member of staff if you would like help in understanding this information.

This information can be made available in large print, audio, Braille and in other languages.

Our patient information group review our leaflets regularly, if you feel you would like to feedback on this information or join our reading group please contact on email address:

patientexperienceandinvolem@LTHTR.nhs.uk

Department: Nutrition Nurses, INCS

Division: Surgery

Production date: July 2026

Review date: July 2029

JR 1490 v1