

Information for patients and carers

Loop Recorders



Why have I been referred for a loop recorder?

You may be having symptoms such as blackouts, dizziness or palpitations that do not happen often and have not been diagnosed with short term cardiac monitoring.

More information will be given to you prior to the procedure on the day and instructions on how to use it. Follow up information will be given after the procedure by the cardiac physiologists.

What is a loop recorder?

A loop recorder is a small thin device that is implanted under the skin using local anaesthetic to record the electrical activity of the heart. It is programmed to monitor and record your hearts electrical activity in order to identify any changes to the heart rhythm. It can remain in place for up to three years.

However, the device may be removed sooner depending on when you experience symptoms, such as a fainting episode.

After the procedure

You will be able to eat and drink as usual. You will be given wound care advice for the implant site. The wound is closed with glue which will need 20 minutes to dry. You will also be given more detailed information on how the loop recorder works.

It can record for up to 3 years and it is common to leave it in place if it is not causing any concerns.

Driving

You will not need any sedation for this procedure and may be able to drive afterwards unless advised otherwise by your consultant or the DVLA.

Contact details

Should you require further advice or information please contact the Cardiac Catheter Suite on (Monday-Friday 8am-4pm) **01772 52 4382**.

Sources of further information

www.lancsteachinghospitals.nhs.uk

www.nhs.uk

www.accessable.co.uk

www.patient.co.uk

www.lancsteachinghospitals.nhs.uk/veteran-aware

<https://bepartofresearch.nihr.ac.uk/>

www.heartrhythmalliance.org

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www.lancsteachinghospitals.nhs.uk/patient-information-leaflets

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If you want to stop smoking, you can also contact Smokefree Lancashire on Freephone **08081962638**.

Please ask a member of staff if you would like help in understanding this information.
This information can be made available in large print, audio, Braille and in other languages.

Our patient information group review our leaflets regularly, if you feel you would like to feedback on this information or join our reading group please contact on email address:
patientexperienceandinvolve@LTHTR.nhs.uk

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