

Information for patients and carers

Discharge Support Units

What is a Discharge Support Unit?

A Discharge Support Unit is a nurse led unit that cares for patients who are medically well enough to leave hospital. The unit provides additional support to help arrange a safe discharge. This may include organising care, equipment, rehabilitation, or a short-term care setting before you return home.

Who will be supporting me?

The Unit's nursing team will care for you on the Discharge Support Unit whilst a multidisciplinary team works with you and your family to plan your discharge. You will be kept up to date on progress.

What to expect on the Discharge Unit

Your comfort, dignity and safety remains a priority at all times. There are no doctors permanently based on the ward, as you are medically fit for discharge. If you become unwell or staff have concerns, a doctor will be asked to review you.

What happens next?

Once your discharge plan is agreed, we will make all the necessary arrangements to help you leave the hospital safely with the right support in place to give you confidence and reassurance at home.

Where possible, we ask that family or friends help to arrange transport home. On the day of discharge, you may move to the discharge lounge while final arrangements are completed or while you wait for transport home.

If you or your relatives have any questions about your care or discharge arrangements, please speak to a member of the ward team. They will be happy to help.

Contact details

Should you require further advice or information please contact:

Ward 23 Royal Preston Hospital – **01772 523524**

Ward 18 Royal Preston Hospital – **01772 522318**

Discharge Lounge Royal Preston Hospital – **01772 523153**

Brindle Ward Chorley and South Ribble Hospital - **01257 247537**

Sources of further information

www.lancsteachinghospitals.nhs.uk

www.nhs.uk

www.accessable.co.uk

www.patient.co.uk

www.lancsteachinghospitals.nhs.uk/veteran-aware

<https://bepartofresearch.nihr.ac.uk/>

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All our patient information leaflets are available on our website for patients to access and download:

www.lancsteachinghospitals.nhs.uk/patient-information-leaflets

Lancashire Teaching Hospitals is a smoke-free site. Smoking is not permitted anywhere on any of our premises, either inside or outside the buildings. Our staff will ask you about your smoking status when you come to hospital and will offer you support and advice about stopping smoking this will include Nicotine Replacement Therapy to help manage your symptoms of withdrawal and the opportunity to speak to a nurse or advisor from the specialist Tobacco and Alcohol Care Team.

If you want to stop smoking, you can also contact Smokefree Lancashire on Freephone **08081962638**

Please ask a member of staff if you would like help in understanding this information.

This information can be made available in large print, audio, Braille and in other languages.

Our patient information group review our leaflets regularly, if you feel you would like to feedback on this information or join our reading group please contact on email address:

patientexperienceandinvolve@LTHTR.nhs.uk

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