



Lancashire Teaching
Hospitals
NHS Foundation Trust

Information for patients and carers

Discharge Lounge RPH

What is the Discharge Lounge?

The Discharge Lounge is a designated unit which provides you with a relaxing environment, comfortable seating, television, and activities such as playing cards, dominos, and puzzles.

Hot meals, snacks and refreshments are provided throughout the day, with breakfast club starting at 8am.

Staff will be able to assist you with your care needs whilst in the Discharge Lounge.

On the day you leave hospital you will be moved to the Discharge Lounge before 12 midday.

You will be provided with either a chair or bed dependent on your needs and mobility.

The Discharge Lounge is staffed with Registered Nurses and Health Care Assistants who will facilitate your discharge.

The Discharge Lounge staff will work closely with your ward staff, doctors and pharmacy.

The Discharge Lounge is located on Blue Street, close to the main hospital entrance. This makes it easy for family members or friends to collect you when you are ready to leave.

If you are unable to arrange your own transport home, a member of the Discharge Lounge team will be available to talk through patient transport options with you.

The time you spend in the Discharge Lounge will depend on the following:

- Discharge Letter being written by your ward doctor

- Medication being checked and dispensed by Pharmacy
- Transport home

The Discharge Lounge staff will:

- Ensure you understand your discharge letter and any medications you are required to take home
- Administer any critical medications you are prescribed while in the Discharge Lounge
- Communicate with Family/Friends/ Patient transport to ensure the correct mode of transport is arranged
- Contact your next of kin/family/friend
- Give any health education on discharge
- Give you the opportunity to ask any questions around discharge and next steps

Car Parking

As we are very close to the main entrance this will allow your family/ friend to be able to park for free for 30 minutes whilst you are collected from the Discharge Lounge.

When we have given you your discharge letter and medication the Discharge Lounge staff will help you contact your family to advise you are ready for collection.

Transport

Transport arrangements should be arranged with family and friends. If you are eligible for hospital transport the staff in the Discharge Lounge will arrange this for you. However, we regret that we will be unable to give you an exact time of their arrival.

Feedback

While in the Discharge Lounge we would value your feedback on the time you have spent with us in the Discharge Lounge, as this allows us to look at ways in which we can improve the service we offer.

Contact details

Should you require any further advice or information please contact:
Discharge Lounge **01772523353/ 01772523182** and **01772523153**

The Discharge Lounge is open 7 days a week:
Monday- Friday 8.00-20:00 and Saturday/Sunday 10:00-18:00.

Sources of further information

www.lancsteachinghospitals.nhs.uk

www.nhs.uk

www.accessable.co.uk

www.patient.co.uk

www.lancsteachinghospitals.nhs.uk/veteran-aware

<https://bepartofresearch.nihr.ac.uk/>

Lancashire Teaching Hospitals NHS Foundation Trust is not responsible for the content of external internet sites.

All our patient information leaflets are available on our website for patients to access and download:

www.lancsteachinghospitals.nhs.uk/patient-information-leaflets

Lancashire Teaching Hospitals is a smoke-free site. Smoking is not permitted anywhere on any of our premises, either inside or outside the buildings. Our staff will ask you about your smoking status when you come to hospital and will offer you support and advice about stopping smoking this will include Nicotine Replacement Therapy to help manage your symptoms of withdrawal and the opportunity to speak to a nurse or advisor from the specialist Tobacco and Alcohol Care Team. If you want to stop smoking, you can also contact Smokefree Lancashire on Freephone **08081962638**

Please ask a member of staff if you would like help in understanding this information.

This information can be made available in large print, audio, Braille and in other languages.

Our patient information group review our leaflets regularly, if you feel you would like to feedback on this information or join our reading group please contact on email address:

patientexperienceandinvolem@LTHTR.nhs.uk

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Division: Diagnostics and Clinical Support
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