

Information for patients and carers

**Chest Clinic Outpatients
Royal Preston Hospital**

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Chest Clinic Outpatients

Your reception point is the Chest Clinic in Royal Preston Hospital. If you are travelling by car, please use the hospital entrance opposite St. Clare's Church, off Sharoe Green Lane, and follow the road round to Car Park G. Car Park G is on your left and has disabled bays.

The clinic can be accessed via the Avondale Unit entrance by turning right immediately as you enter the unit.

Your appointment can take anything between 1-3 hours; Patients will often be seen by more than one member of the chest team. This enables the best possible assessment of your condition. You may be asked to fill in a pre-assessment form. **Please bring reading glasses if you need them.**

You may have one or more of the following during your consultation:

- Chest X-ray
- Spirometry
- Chest Ultrasound
- CT Scan
- Capillary Blood Gases
- ECG
- Blood tests
- Medication review

Having an X-ray

If you are requested to have a chest X-ray, this will usually be carried out in our department by one of the radiographers. The X-ray is a painless procedure which is used to produce images of the lungs.

Spirometry

Spirometry is a lung function test, to assess how well your lungs are working. To perform this test, you will need to blow into a machine. You may be asked to breath out a few times to gain a consistent reading, the readings will be compared with normal measurements for your age.

Chest ultrasound

An ultrasound scan of your chest is used to look at the lungs by producing high frequency sound waves rather than radiation, the ultrasound probe will be used with a gel which may feel cold against your skin, and this may be used to assist the doctor to perform a biopsy in clinic. You will be given a gown for this procedure. Privacy will be maintained at all times.

CT scan

A CT is a computerised tomography scan which uses X-rays and a computer to create detailed images of the lungs. The CT scanner consists of an X-ray tube that rotates around your body. This scan is a painless procedure. You will be given a gown for this procedure. Privacy will be maintained at all times.

Capillary blood gas

Cream will be applied to the ear lobe for approximately 10 to 15 minutes, this will make the earlobe lobe feel very hot, and this is a normal feeling and encourages blood flow to the capillaries allowing the nurses to obtain the blood sample. Your earlobe will be pricked, and the blood will be then collected in a tube, this then will be processed with the results for the Doctor.

E.C.G

An electrocardiogram (ECG) is a painless procedure that records the rhythm and the electrical activity of your heart. A number of electrodes (stickers) will be placed on your chest, arms and legs. The electrodes are then connected to a machine which then records the electrical signals of your heartbeat.

Important

Please bring with you to clinic the following:

A current list of medication and all inhalers, spacer and aero chamber devices.

Contact details

Should you require further advice or information please contact the Chest Clinic on **01772 524550**.

Sources of further information

www.lancsteachinghospitals.nhs.uk

www.nhs.uk

www.accessable.co.uk

www.patient.co.uk

www.lancsteachinghospitals.nhs.uk/veteran-aware

<https://bepartofresearch.nihr.ac.uk/>

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www.lancsteachinghospitals.nhs.uk/patient-information-leaflets

Lancashire Teaching Hospitals is a smoke-free site. Smoking is not permitted anywhere on any of our premises, either inside or outside the buildings. Our staff will ask you about your smoking status when you come to hospital and will offer you support and advice about stopping smoking this will include Nicotine Replacement Therapy to help manage your symptoms of withdrawal and the opportunity to speak to a nurse or advisor from the specialist Tobacco and Alcohol Care Team.

If you want to stop smoking, you can also contact Smokefree Lancashire on Freephone **08081962638**.

Please ask a member of staff if you would like help in understanding this information.

This information can be made available in large print, audio, Braille and in other languages.

Our patient information group review our leaflets regularly, if you feel you would like to feedback on this information or join our reading group please contact on email address:

patientexperienceandinvolve@LTHTR.nhs.uk

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