

Information for patients and carers

Epilepsy Nurse Specialist

A decorative graphic at the bottom of the page consisting of three overlapping, wavy bands of blue. The top band is a light blue, the middle is a medium blue, and the bottom is a dark blue.

A diagnosis of Epilepsy can cause worry for you, your relatives or carers. The Epilepsy Specialist Nurses can offer support and advice at diagnosis and at any time throughout your treatment.

The Epilepsy Nurse Specialist can advise on all aspects of care for people with Epilepsy and those who are newly diagnosed.

This includes:

- Advice / Support
- Information – Living with epilepsy
- Seizure monitoring
- Medication monitoring
- Preconception counselling
- Pregnancy and epilepsy
- Self-management
- Education / Training for families, carers, health care professionals
- Rescue medication plans and training
- Adjustment of Vagal Nerve Stimulator

The Epilepsy Nurse Specialist can meet with patients, relatives and carers in a Nurse led clinic, at home / in the community or on a hospital ward.

How you can access the service

Referrals are taken from patients and carers, Consultant Neurologists, General Practitioners and members of the multidisciplinary team.

The Epilepsy Nurses work Monday to Friday 8.30 am to 4.30 pm, excluding bank holidays.

Contact details

Should you require advice or information please contact: **01772 523132**

There is a telephone answering service. If the Epilepsy Specialist Nurse is unable to answer your call, please leave a message and we aim to return your call within one working day.

Please note that this is not an emergency service and does not operate out of office hours. If you are in an emergency situation you should contact your GP service or 111 or 999.

Sources of further information

www.lancsteachinghospitals.nhs.uk

www.nhs.uk

www.accessable.co.uk

www.patient.co.uk

www.epilepsy.org.uk

www.epilepsyandpregnancy.co.uk

www.sudep.org

www.gov.uk/epilepsy-and-driving

www.youngepilepsy.org.uk

Lancashire Teaching Hospitals NHS Foundation Trust is not responsible for the content of external internet sites.

Follow us on social media @lancshospitals

All our patient information leaflets are available on our website for patients to access and download:

www.lancsteachinghospitals.nhs.uk/patient-information-leaflets

Lancashire Teaching Hospitals is a smoke-free site. Smoking is not permitted anywhere on any of our premises, either inside or outside the buildings. Our staff will ask you about your smoking status when you come to hospital and will offer you support and advice about stopping smoking this will include Nicotine Replacement Therapy to help manage your symptoms of withdrawal and the opportunity to speak to a nurse or advisor from the specialist Tobacco and Alcohol Care Team.

If you want to stop smoking, you can also contact the Quit Squad Freephone 0800 328 6297.

**Please ask a member of staff if you would like help in understanding this information.
This information can be made available in large print, audio, Braille and in other languages.**

Department: Neurology
Division: Medicine
Production date: August 2023
Review date: August 2026
JR 1011 v1