



Information for
patients and
carers

Personalised Follow Up for
Gynaecological Cancer

What is personalised follow up?

Personalised follow up ensures that you receive support and advice from your clinical team when you need it the most and reduces unnecessary attendances and examinations at the hospital.

Why has personalised follow up been introduced?

Evidence has shown that issues following Gynaecological cancer (Cervical, Ovarian and Endometrial) are more likely to be picked up by educating people to be aware of the signs and symptoms of recurrence of gynaecological cancer. Routine examination is less likely to pick up these signs.

What information will I be given?

You will be invited to an educational event that will be led by the Clinical Nurse Specialist and the Cancer Support Worker and will be held at Vine House in Preston. At the event the team will discuss signs and symptoms you should be aware of as well as offer advice about any other worries you may have relating to your cancer care. They will be able to signpost you to any other relevant services you may require.

The team will also discuss with you how you can contact them in the future as well as the questionnaires that you will be required to complete as part for the follow up process. They will talk you through what will happen should you have any worrying signs or symptoms.

Will I be required to have any further tests?

You will not be required to have any routine blood tests or scans. We will ask you to complete a questionnaire 6 to 12 monthly depending on the treatment you have completed.

I am worried about completing a questionnaire online - will I be able to access help to complete it?

Our Cancer Support Worker will be able to help you to complete the questionnaire if you do not feel you can complete it online. You can be contacted via the telephone or post to do this.

Will I still be able to contact the Gynae-oncology specialist nursing team?

Yes. You can contact the Gynae-oncology specialist nursing team with any worries or concerns on their direct telephone line:

01772 524211

Monday – Friday between 9am and 5pm. The telephone number has an answerphone facility and the Nurses will return your call within 24 hours.

Sources of further information

www.lancsteachinghospitals.nhs.uk

www.nhs.uk

www.accessable.co.uk

Macmillan Cancer Support
<https://www.macmillan.org.uk/>
Eve Appeal
<https://eveappeal.org.uk/>
Peaches Trust
<https://www.peachestrust.org/>

Lancashire Teaching Hospitals NHS Foundation Trust is not responsible for the content of external internet sites.

All our patient information leaflets are available on our website for patients to access and download:

www.lancsteachinghospitals.nhs.uk/patient-information-leaflets

Lancashire Teaching Hospitals is a smoke-free site. Smoking is not permitted anywhere on any of our premises, either inside or outside the buildings. Our staff will ask you about your smoking status when you come to hospital and will offer you support and advice about stopping smoking this will include Nicotine Replacement Therapy to help manage your symptoms of withdrawal and the opportunity to speak to a nurse or advisor from the specialist Tobacco and Alcohol Care Team.

If you want to stop smoking, you can also contact the Quit Squad Freephone 0800 328 6297.

Please ask if you would like help in understanding this information. This information can be made available in large print and in other languages.

Gujarati:

આ માહિતીને સમજવામાં સહાયતા જોઈતી હોય તો કૃપા કરીને પૂછો. આ માહિતી મોટા છપાણામાં અને અન્ય ભાષામાં ઉપલબ્ધ કરી શકાય છે.

Romanian:

Vă rugăm să întrebați dacă aveți nevoie de ajutor pentru înțelegerea acestor informații. Aceste informații pot fi puse la dispoziție în format mare și în alte limbi.”

Polish:

Poinformuj nas, jeśli potrzebna jest ci pomoc w zrozumieniu tych informacji. Informacje te można również udostępnić dużym drukiem oraz w innych językach

Punjabi:

ਜੇ ਤੁਸੀਂ ਇਹ ਜਾਣਕਾਰੀ ਸਮਝਣ ਵੱਲੋਂ ਮਦਦ ਲੈਣੀ ਚਾਹੋਗੇ ਤਾਂ ਕਰਿਪਾ ਕਰਕੇ ਇਸ ਬਾਰੇ ਪੁੱਛੋ। ਇਹ ਜਾਣਕਾਰੀ ਵੱਡੇ ਪ੍ਰਿੰਟ ਅਤੇ ਹੋਰਨਾਂ ਭਾਸ਼ਾਵਾਂ ਵੱਲੋਂ ਮੁਹੱਈਆ ਕੀਤੀ ਜਾ ਸਕਦੀ ਹੈ।

Urdu:

دو سر ی زبانوں او ر بیڑی اگر آپ کو ہی معلومات سمجھنے کے بے ل مدد یک ضرورت ہے تو ییچھپیا یس ییہ ابی دست ہو یسکت ہے برا ے مہر ییان پو ے یچھہی۔ معلومات

Arabic:

مطبوعه بأ حرف كبير ة و بلغات إذا كنت تر يد مساعده في فهم هذه لمعلومات يُر جى أن نطلب أخرى يمكن تو فسير هذه المعلوما ت

Department: Gynaecology
Division: Women and Children's Health
Production date: March 2022
Review date: March 2025
Document Code and version: CA147 V1