

In partnership with:



Lancashire Teaching
Hospitals
NHS Foundation Trust



Information for patients and carers

Discharge with “Home First Service”



Excellent
care with
compassion

Nursing Directorate – Discharge Services

  @LancsHospitals

You are being discharged with “Home First”

You are well enough to be discharged from hospital. Staying in hospital longer than you need is not good for your health and we are sure you would prefer to be in the comfort of your home.

‘Home First’ Is a form of assessment carried out with you at the time of discharge in your own home.

A member of the Home First team will meet you at home and carry out an assessment with you. If appropriate, they will then arrange support and/or equipment to maintain and improve how you function and help you to remain safely at home.

Once you are at home, a full assessment will be completed with you to look at:

- how physically able you are
- if there are any risks such as steep stairs or unsuitable furniture
- your support network of family, friends and carers
- equipment that might help you manage better at home
- if you need any social care or therapy

Once your assessment is complete, the Home First worker will talk through your needs and let you know if you can be supported safely in your home. If support is needed, this will be arranged to start straight away.

Things you need to know

If you cannot be supported safely in your home alternative options will be discussed with you. You may move to a 24hour care setting whilst alternative discharge planning is considered or return to hospital.

Do I have to pay?

There is no cost to you for Home First. Any costs associated with your ongoing needs will be discussed with you during the assessment.

Contact details

Should you require further advice or information prior to your discharge please speak to your discharge facilitator. Following your discharge please contact adult social care on 0300 123 6720.

Sources of further information

www.lancsteachinghospitals.nhs.uk

www.nhs.uk

www.accessable.co.uk

www.patient.co.uk

All our patient information leaflets are available on our website for patients to access and download:

www.lancsteachinghospitals.nhs.uk/patient-information-leaflets

Lancashire Teaching Hospitals NHS Foundation Trust is not responsible for the content of external internet sites.

Lancashire Teaching Hospitals is a smoke-free site. Smoking is not permitted anywhere on any of our premises, either inside or outside the buildings. Our staff will ask you about your smoking status when you come to hospital and will offer you support and advice about stopping smoking this will include Nicotine Replacement Therapy to help manage your symptoms of withdrawal and the opportunity to speak to a nurse or advisor from the specialist Tobacco and Alcohol Care Team.

If you want to stop smoking, you can also contact the Quit Squad Freephone 0800 328 6297.

Please ask if you would like help in understanding this information. This information can be made available in large print and in other languages.

Gujarati:

આ માહિતીને સમજવામાં સહાયતા જોઈતી હોય તો કૃપા કરીને પૂછો. આ માહિતી મોટા છપાણ માં અને અન્ય ભાષામાં ઉપલબ્ધ કરી શકાય છે.

Romanian:

Vă rugăm să întrebați dacă aveți nevoie de ajutor pentru înțelegerea acestor informații. Aceste informații pot fi puse la dispoziție în format mare și în alte limbi.”

Polish:

Poinformuj nas, jeśli potrzebna jest ci pomoc w zrozumieniu tych informacji. Informacje te można również udostępnić dużym drukiem oraz w innych językach

Punjabi:

ਜੇ ਤੁਸੀਂ ਇਹ ਜਾਣਕਾਰੀ ਸਮਝਣ ਵੱਲੋਂ ਮਦਦ ਲੈਣੀ ਚਾਹੋਗੇ ਤਾਂ ਕਰਿਪਾ ਕਰਕੇ ਇਸ ਬਾਰੇ ਪੁੱਛੋ। ਇਹ ਜਾਣਕਾਰੀ ਵੱਡੇ ਪ੍ਰਿੰਟ ਅਤੇ ਹੋਰਨਾਂ ਭਾਸ਼ਾਵਾਂ ਵੱਲੋਂ ਮੁਹੱਈਆ ਕੀਤੀ ਜਾ ਸਕਦੀ ਹੈ।

Urdu:

دو سر ی زبانوں او ر بڑی اگر آپ کو ہی معلومات سمجھنے کے لئے مدد کی ضرورت ہے تو ییچھیا جس ییہ ابی دست ہو یسکت ہے براے مہر یبان پوے یچھہ ی۔ معلومات

Arabic:

مطبوعه بأحرف كبيرة و بلغات إذا كنت تريد مساعدة في فهم هذه المعلومات يرجى أن تطلب أخرى يمكن توفير هذه المعلومات

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