



Information for patients  
and carers

# PREPUCIOPLASTY

Urology Department

1. You should rest as much as possible in the first 48 hours following your operation.
2. Clothes should be cotton and loose fitting.
3. **Starting 24 hours after surgery**, you should have a bath twice daily. Do not add anything to the water. Make sure you sit down in the water.
4. Some swelling of the wound area is normal.
5. If bleeding occurs, more than you would expect from a cut finger, then get in touch with your GP, or go the Accident & Emergency (A&E) department.
6. If you cannot pass urine, sit in a warm bath. This sometimes helps. If you still cannot pass urine, then you must get in touch with your GP or the A&E department.
7. The stitches in your wound are dissolvable. They take 2-3 weeks to dissolve.
8. You may have been prescribed pain relief. This is to ease discomfort.
9. You must avoid swimming in public pools, as this may affect wound healing.

## Protection of Healthcare Workers

In accordance with the Department of Health Guidelines for Clinical Care Workers 1998 (Protection against infection with blood-borne viruses), you may be requested to provide a blood sample if a member of staff sustains an injury involving a used needle, sharp instrument and/or contamination with your body fluids. Your co-operation would be appreciated.

## Contact details

Should you require further advice or information please contact:  
The Surgical Unit on 01257 245179

## Sources of further information

[www.lancsteachinghospitals.nhs.uk](http://www.lancsteachinghospitals.nhs.uk)

[www.nhs.uk](http://www.nhs.uk)

[www.patient.co.uk](http://www.patient.co.uk)

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## Notes

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Please ask if you would like help in understanding this information. This information can be made available in large print and in other languages.

### **Lancashire Teaching Hospitals is a smoke-free site**

On 31 May 2017 Lancashire Teaching Hospitals became a smoke-free organisation. From that date smoking is not permitted anywhere on any of our premises, either inside or outside the buildings. Our staff will ask you about your smoking status when you come to hospital and will offer you support and advice about stopping smoking including Nicotine Replacement Therapy to help manage your symptoms of withdrawal.

If you want to stop smoking you can also contact the Quit Squad Freephone 0800 328 6297.

#### **Cantonese:**

如果你希望以另外一種格式接收該資訊，請和我們聯絡，不必猶豫。

#### **Gujarati:**

જો તમને આ માહિતી બીજી રચના કે ફોર્મેટમાં મેળવવાની ઈચ્છા હોય, તો કૃપા કરી અમારો સંપર્ક કરતા અચકાશો નહિ.

#### **Hungarian:**

Kérjük, vegye fel velünk a kapcsolatot, ha más formában kéri ezt az információt.

#### **Polish:**

Jeżeli chciał(a)by Pan/Pani otrzymać niniejsze informacje w innym formacie, prosimy o kontakt.

#### **Punjabi:**

ਜੇ ਤੁਸੀਂ ਕਿਸੇ ਹੋਰ ਫਾਰਮੈਟ ਵਿਚ ਇਹ ਜਾਣਕਾਰੀ ਲੈਣਾ ਚਾਹੁੰਦੇ ਹੋ ਤਾਂ ਸਾਡੇ ਨਾਲ ਸੰਪਰਕ ਕਰਨ ਤੋਂ ਨਾ ਝਿਜਕੋ।

#### **Urdu:**

اگر آپ اس معلومات کو کسی اور صورت میں حاصل کرنا چاہتے ہیں تو برائے مہربانی ہم سے رابطہ کرنے میں ہچکچاہٹ محسوس نہ کریں۔

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**Division:** General Surgery

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