



Information for patients
and carers

OPERATIONS ON THE SCROTUM

Urology Department

Preparing for your operation

Please shave the scrotum.

After the operation

After the operation the wound will be checked by a nurse, and the dressing will be renewed as necessary. During the operation it is sometimes necessary to insert a small drain at the wound site, this will be removed approximately 24-48 hours after your operation, once the drainage is minimal.

You will be advised to wear a scrotal support (or close fitting underpants) for the first few weeks after your operation. This may help to prevent swelling or bruising around the scrotum. The stitches are usually dissolvable and may take 10-14 days to dissolve. It is important that you should take daily baths, starting 48 hours after the operation, and keep the area clean and dry to help prevent any infection.

You may notice that there is some firmness or thickening under the scar, due to the stitches in the deeper tissues. This will gradually soften and the redness of the scar will eventually fade. Some patients may be required to attend the hospital Outpatients Clinic for a check-up some weeks after their operation. If an appointment is necessary you will be given an appointment card or it will be posted to you. If you do not have an appointment for a check-up and you feel that you have a problem related to your operation, you are advised to seek the advice of your doctor.

Depending on the type of operation you have had, it may be important for you to avoid any lifting or straining for a few weeks after the operation to allow the operation site to heal fully. Please ask the doctor or nurse on this matter before you leave hospital.

How long you remain off work will depend on the nature of your job and the type of operation you have had. Your doctor will advise you about returning to work and will give you a sick note if necessary. If you need a sick note or self-certificate to cover the days that you are in hospital, please ask the ward.

It may be advisable for you to avoid driving your car for a few weeks after your operation. This will depend on the type of operation you have had and you should ask the doctor's advice before returning to it.

Walking and swimming are good for you but if you are involved in any other sport you should seek your doctor's advice before returning to it.

You may resume sexual activity as soon as you feel comfortable.

If you have any problems or require any further information or advice, please ask the staff on the ward who will do their best to help.

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Protection of Healthcare Workers

In accordance with the Department of Health Guidelines for Clinical Care Workers 1998 (Protection against infection with blood-borne viruses), you may be requested to provide a blood sample if a member of staff sustains an injury involving a used needle, sharp instrument and/or contamination with your body fluids. Your co-operation would be appreciated.

Contact details

Should you require further advice or information please contact:

The Surgical Unit on 01257 245179



Sources of further information

www.lancsteachinghospitals.nhs.uk

www.nhs.uk

www.patient.co.uk

Lancashire Teaching Hospitals NHS Foundation Trust is not responsible for the content of external internet sites.

Notes



Please ask if you would like help in understanding this information. This information can be made available in large print and in other languages.

Lancashire Teaching Hospitals is a smoke-free site

On 31 May 2017 Lancashire Teaching Hospitals became a smoke-free organisation. From that date smoking is not permitted anywhere on any of our premises, either inside or outside the buildings. Our staff will ask you about your smoking status when you come to hospital and will offer you support and advice about stopping smoking including Nicotine Replacement Therapy to help manage your symptoms of withdrawal.

If you want to stop smoking you can also contact the Quit Squad Freephone 0800 328 6297.

Cantonese:

如果你希望以另外一種格式接收該資訊，請和我們聯絡，不必猶豫。

Gujarati:

જો તમને આ માહિતી બીજી રચના કે ફોર્મેટમાં મેળવવાની ઈચ્છા હોય, તો કૃપા કરી અમારો સંપર્ક કરતા અચકાશો નહિ.

Hungarian:

Kérjük, vegye fel velünk a kapcsolatot, ha más formában kéri ezt az információt.

Polish:

Jeżeli chciał(a)by Pan/Pani otrzymać niniejsze informacje w innym formacie, prosimy o kontakt.

Punjabi:

ਜੇ ਤੁਸੀਂ ਕਿਸੇ ਹੋਰ ਫਾਰਮੈਟ ਵਿਚ ਇਹ ਜਾਣਕਾਰੀ ਲੈਣਾ ਚਾਹੁੰਦੇ ਹੋ ਤਾਂ ਸਾਡੇ ਨਾਲ ਸੰਪਰਕ ਕਰਨ ਤੋਂ ਨਾ ਝਿਜਕੋ।

Urdu:

اگر آپ اس معلومات کو کسی اور صورت میں حاصل کرنا چاہتے ہیں تو برائے مہربانی ہم سے رابطہ کرنے میں ہچکچاہٹ محسوس نہ کریں۔

Department: Surgical Unit

Division: General Surgery

Production date: September 2019

Review date: September 2022

JR 333 v1

