



Information for patients
and carers

INSTRUCTIONS FOR VASECTOMY

Urology Department

Preparing for your operation

- Please shave the front of your scrotum
- **If you are taking WARFARIN tablets, these must be stopped 3 days before your admission.** You will be given advice on when to restart the Warfarin following your procedure. All other medication should be taken as usual.

After your operation

After a vasectomy you may remain fertile for several weeks' even months. You should continue to use contraceptive precautions until a negative sperm test has been obtained.

The examination of seminal fluid should be carried out 3/4 months after your operation.

Do not have sexual intercourse or any sexual activity for 3 days, preferably 5 days, before producing your specimen.

This should be a fresh specimen (not urine) collected into the container provided. Not into a sheath or other container.

Take the specimen to the Pathology department at Chorley Hospital within two hours of collection. The Pathology Department at Chorley will accept your specimen, Monday-Friday, 8.45am-3.30pm.

The report will be sent to your Consultant in 4-5 weeks. He will then write to you to say if the specimen is clear.

It cannot be stated with complete finality that the spermatozoa will not appear in your seminal fluid after the sperm test, but the chances of this happening are very remote.

Wound Care

Some swelling and bruising may occur, this is natural. You should try to avoid strenuous activity for a few days.

Take twice daily warm baths or showers. Using ordinary soap in the water. Start 48 hours after your operation.

To help relieve discomfort and for support you should wear a pair of Y-Fronts, not boxer shorts.

Your stitches will dissolve, this usually takes 10-14 days.

To ease discomfort, take the same painkillers that you take for a headache

Protection of Healthcare Workers

In accordance with the Department of Health Guidelines for Clinical Care Workers 1998 (Protection against infection with blood-borne viruses), you may be requested to provide a blood sample if a member of staff sustains an injury involving a used needle, sharp instrument and/or contamination with your body fluids. Your co-operation would be appreciated.

Contact details

Should you require further advice or information please contact:

The Surgical Unit on 01257 245179

Sources of further information

www.lancsteachinghospitals.nhs.uk

www.nhs.uk

www.patient.co.uk

Lancashire Teaching Hospitals NHS Foundation Trust is not responsible for the content of external internet sites.

Notes

Please ask if you would like help in understanding this information. This information can be made available in large print and in other languages.

Lancashire Teaching Hospitals is a smoke-free site

On 31 May 2017 Lancashire Teaching Hospitals became a smoke-free organisation. From that date smoking is not permitted anywhere on any of our premises, either inside or outside the buildings. Our staff will ask you about your smoking status when you come to hospital and will offer you support and advice about stopping smoking including Nicotine Replacement Therapy to help manage your symptoms of withdrawal.

If you want to stop smoking you can also contact the Quit Squad Freephone 0800 328 6297.

Cantonese:

如果你希望以另外一種格式接收該資訊，請和我們聯絡，不必猶豫。

Gujarati:

જો તમને આ માહિતી બીજી રચના કે ફોર્મેટમાં મેળવવાની ઈચ્છા હોય, તો કૃપા કરી અમારો સંપર્ક કરતા અચકાશો નહિ.

Hungarian:

Kérjük, vegye fel velünk a kapcsolatot, ha más formában kéri ezt az információt.

Polish:

Jeżeli chciał(a)by Pan/Pani otrzymać niniejsze informacje w innym formacie, prosimy o kontakt.

Punjabi:

ਜੇ ਤੁਸੀਂ ਕਿਸੇ ਹੋਰ ਫਾਰਮੈਟ ਵਿਚ ਇਹ ਜਾਣਕਾਰੀ ਲੈਣਾ ਚਾਹੁੰਦੇ ਹੋ ਤਾਂ ਸਾਡੇ ਨਾਲ ਸੰਪਰਕ ਕਰਨ ਤੋਂ ਨਾ ਝਿਜਕੋ।

Urdu:

اگر آپ اس معلومات کو کسی اور صورت میں حاصل کرنا چاہتے ہیں تو برائے مہربانی ہم سے رابطہ کرنے میں ہچکچاہٹ محسوس نہ کریں۔

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Division: General Surgery

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