



Information for patients
and carers

CIRCUMCISION AND FRENULOPLASTY

Urology Department

Following your operation you may have a small gauze dressing on the operation site. This dressing should be left in place until the morning after your operation when you may be advised to sit in a warm bath to allow the dressing to soak off. **However, it is important that you do not soak in the bath, once the dressing has come off.**

The stitches should dissolve in about 10-14 days' time, and it is important to keep the area clean by having a bath/shower twice a day. Showering is preferable to bathing, if available. Let the water run over the wound and do not rub the affected area.

Some swelling around the operation site is normal and should settle within a few days.

You may be prescribed pain-killers to take home with you, if not, take mild pain relief tablets such as Paracetamol, if required.

After you go home

Most people find that they feel tired for a few days after their operation and may need to rest more than usual.

How long you remain off work will depend on the nature of your job. Your GP will advise you about returning to work and will give you a sick note if necessary. If you need a self-certificate to cover your time off work, please ask on the ward.

You may resume sexual activity once the wound is fully healed and you feel comfortable to do so. If you are worried at all regarding this, please ask the doctor before leaving the hospital.

If you have any problems after you go home, you are advised to contact your doctor.

If you require any further information or advice, please ask the staff on the ward who will do their best to help you.

Protection of Healthcare Workers

In accordance with the Department of Health Guidelines for Clinical Care Workers 1998 (Protection against infection with blood-borne viruses), you may be requested to provide a blood sample if a member of staff sustains an injury involving a used needle, sharp instrument and/or contamination with your body fluids. Your co-operation would be appreciated.

Contact details

Should you require further advice or information please contact:

The Surgical Unit on 01257 245179

or

Longton Day Case Unit on 01257 245721

Sources of further information

www.lancsteachinghospitals.nhs.uk

www.nhs.uk

www.patient.co.uk

Lancashire Teaching Hospitals NHS Foundation Trust is not responsible for the content of external internet sites.

Notes

Please ask if you would like help in understanding this information. This information can be made available in large print and in other languages.

Lancashire Teaching Hospitals is a smoke-free site

On 31 May 2017 Lancashire Teaching Hospitals became a smoke-free organisation. From that date smoking is not permitted anywhere on any of our premises, either inside or outside the buildings. Our staff will ask you about your smoking status when you come to hospital and will offer you support and advice about stopping smoking including Nicotine Replacement Therapy to help manage your symptoms of withdrawal.

If you want to stop smoking you can also contact the Quit Squad Freephone 0800 328 6297.

Cantonese:

如果你希望以另外一種格式接收該資訊，請和我們聯絡，不必猶豫。

Gujarati:

જો તમને આ માહિતી બીજી રચના કે ફોર્મેટમાં મેળવવાની ઈચ્છા હોય, તો કૃપા કરી અમારો સંપર્ક કરતા અચકાશો નહિ.

Hungarian:

Kérjük, vegye fel velünk a kapcsolatot, ha más formában kéri ezt az információt.

Polish:

Jeżeli chciał(a)by Pan/Pani otrzymać niniejsze informacje w innym formacie, prosimy o kontakt.

Punjabi:

ਜੇ ਤੁਸੀਂ ਕਿਸੇ ਹੋਰ ਫਾਰਮੈਟ ਵਿਚ ਇਹ ਜਾਣਕਾਰੀ ਲੈਣਾ ਚਾਹੁੰਦੇ ਹੋ ਤਾਂ ਸਾਡੇ ਨਾਲ ਸੰਪਰਕ ਕਰਨ ਤੋਂ ਨਾ ਝਿਜਕੋ।

Urdu:

اگر آپ اس معلومات کو کسی اور صورت میں حاصل کرنا چاہتے ہیں تو برائے مہربانی ہم سے رابطہ کرنے میں ہچکچاہٹ محسوس نہ کریں۔

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Division: General Surgery

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