



Information for
patients and
carers

Acute Stroke Ambulatory Care
Information

FACE ARMS SPEECH TIME

Has their face fallen on one side? Can they smile?

Can they raise both arms and keep them there?

Is their speech slurred?

To call 999 if you see any single one of these signs

WHEN STROKE STRIKES, Act F.A.S.T.

What do I do if my symptoms return or worsen?

If your symptoms return or become suddenly worse you must seek urgent medical attention by dialling **999**.

When will I be followed up?

Once you have been seen in the stroke ambulatory care unit an outpatient follow-up appointment will be arranged within 6-8 weeks. This will be sent you in the post.

Some patients may require further support to help rehabilitation whilst at home. If this is the case you will have an initial telephone consultation and where appropriate a rehabilitation programme of up to 6 weeks will be implemented.

What if I have any further tests or investigations?

Should you require any further investigations, these will either take place during your appointment or arranged as an outpatient. This will be discussed with you. All outpatient appointments will be sent to you in the post.

How do I get more medications?

If you have been advised to commence any new medications, a prescription will be given to you. You will be advised from the clinic nurse how you can obtain these.

Following your initial appointment should you require anymore medications these can be obtained from your repeat prescription service at your GP surgery.

Driving and travel advice

By law if you have a professional bus or HGV licence you must inform the DVLA if you have:

- been diagnosed with TIA or stroke
- had more than one TIA in a month
- developed post-stroke seizures or epilepsy

If you have a licence and drive a car, you must inform the DVLA if you have:

- had more than one TIA in a month
- developed post-stroke seizures or epilepsy
- had a problem with vision and advised to inform DVLA

The current guidelines state you must not drive for one calendar month from the date of your TIA or stroke. However, if your symptoms have fully resolved after one month, you do not need to inform the DVLA and can resume driving.

For more information please visit:

[Standards for drivers who have had a stroke or transient ischaemic attack \(TIA\) \(INF188/3\) - GOV.UK \(www.gov.uk\)](#)

Contact details

Should you require any further advice or information please contact:

Acute stroke unit, Ward 21, Telephone: 01772 523525 (9am-4pm)

Early intervention team Telephone: 01772 777871

Northwest stroke association: Debby.McCormack@stroke.org.uk

Specific information

Should any additional information or advice be given that is specific to your care plan a clinician will complete this section for your information.

Sources of further information

www.lancsteachinghospitals.nhs.uk

www.nhs.uk

www.patient.co.uk

www.accessable.co.uk

www.stroke.org.uk

www.bhf.org.uk

www.headway.org.uk

www.healthierlsc.co.uk/application/files/6015/1178/8446/LSC_Stroke_Info_Guide_Nov_17.pdf

All our patient information leaflets are available on our website for patients to access and download:

www.lancsteachinghospitals.nhs.uk/patient-information-leaflets

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If you want to stop smoking you can also contact the Quit Squad Freephone 0800 328 6297.

Please ask if you would like help in understanding this information. This information can be made available in large print and in other languages.

Gujarati:

આ માહિતીને સમજવામાં સહાયતા જોઈતી હોય તો કૃપા કરીને પૂછો. આ માહિતી મોટા છપાણામાં અને અન્ય ભાષામાં ઉપલબ્ધ કરી શકાય છે.

Romanian:

Vă rugăm să întrebați dacă aveți nevoie de ajutor pentru înțelegerea acestor informații. Aceste informații pot fi puse la dispoziție în format mare și în alte limbi.”

Polish:

Poinformuj nas, jeśli potrzebna jest ci pomoc w zrozumieniu tych informacji. Informacje te można również udostępnić dużym drukiem oraz w innych językach

Punjabi:

ਜੇ ਤੁਸੀਂ ਇਹ ਜਾਣਕਾਰੀ ਸਮਝਣ ਵੱਲੋਂ ਮਦਦ ਲੈਣੀ ਚਾਹੋਗੇ ਤਾਂ ਕਰਿਪਾ ਕਰਕੇ ਇਸ ਬਾਰੇ ਪੁੱਛੋ। ਇਹ ਜਾਣਕਾਰੀ ਵੱਡੇ ਪ੍ਰਿੰਟ ਅਤੇ ਹੋਰਨਾਂ ਭਾਸ਼ਾਵਾਂ ਵੱਲੋਂ ਮੁਹੱਈਆ ਕੀਤੀ ਜਾ ਸਕਦੀ ਹੈ।

Urdu:

دوسری زبانوں اور بڑی اگر آپ کوہی معلومات سمجھنے کے لئے مدد کی ضرورت ہے تو
یچھیہا جس یبھی دست بو یسکت ہے براے مہر یبان پوے یچھیہی معلومات

Arabic:

مطبوعه بأحرف كبيرة و بلغات إذا كنت تريد مساعدة في فهم هذه المعلومات يُرجى أن تطلب
أخرى يمكن توفير هذه المعلومات

Department: Acute stroke unit

Division: Medicine

Production date: July 2021

Review date: July 2024

JR652 v1