



Information for
patients and
carers

Capsule Endoscopy Event Log

Patient's Name: _____

Date: _____

Capsule reference number: _____

Please use this booklet to note the times of any events while wearing the sensor belt; such as PillCam® recorder issues, drinking and eating times or a change in your daily activity.

Please return this booklet at the time you return the equipment.

Checklist

- Clear fluids after 2 hours at _____
- Light snack after 4 hours at _____
- Make sure the sensor belt is secure at the waist
- Check the recorder every 15 minutes for the blue flashing light (contact the department if the flashing stops or changes colour)
- Document all events in this booklet
- Avoid strong electromagnetic fields such as MRI or Amateur radios
- Do not disconnect the equipment or completely remove the PillCam® recorder during the procedure
- Please treat the PillCam® recorder carefully and avoid contact with water

Event Log

Time	Events (eating, drinking, activity and unusual sensations)
	PillCam® capsule ingestion.
	PillCam® capsule in the small bowel

	Time to return (Your test will last about 8 hours).
	Capsule noted in large colon.
	Special Instructions:

Inform the Clinical Endoscopist team immediately on the number below if you have any unexplained:

- Abdominal pain
- Nausea (feeling sick)
- Vomiting

The capsule will pass out of your body over the next few days in your normal bowel movement, if you are unsure that the capsule has been passed, contact the Clinical Endoscopist team for an evaluation.

Undergoing an MRI scan while the capsule is still inside your body may result in serious damage to your intestinal tract or abdominal cavity. If you are not certain the capsule has passed out of your body, contact your doctor for evaluation and possible abdominal x-ray before undergoing an MRI scan.

Contact details

Should you require further advice or information please contact the Clinical Endoscopist team on 07784 225603 between the hours of 8:00am - 6:00pm (Mon – Fri).

Post Procedure instructions

Once the procedure has been completed please safely remove the belt and recorder without un-attaching from each other and safely place in a bag, and return to the Endoscopy Unit on the 3rd floor at Chorley District Hospital.

Sources of further information

www.lancsteachinghospitals.nhs.uk

www.nhs.uk

www.patient.co.uk

www.accessable.co.uk

www.gutscharity.org.uk

All our patient information leaflets are available on our website for patients to access and download:

www.lancsteachinghospitals.nhs.uk/patient-information-leaflets

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If you want to stop smoking you can also contact the Quit Squad Freephone 0800 328 6297.

Please ask if you would like help in understanding this information. This information can be made available in large print and in other languages.

Gujarati:

આ માહિતીને સમજવામાં સહાયતા જોઈતી હોય તો કૃપા કરીને પૂછો. આ માહિતી મોટા છપાણામાં અને અન્ય ભાષામાં ઉપલબ્ધ કરી શકાય છે.

Romanian:

Vă rugăm să întrebați dacă aveți nevoie de ajutor pentru înțelegerea acestor informații. Aceste informații pot fi puse la dispoziție în format mare și în alte limbi.”

Polish:

Poinformuj nas, jeśli potrzebna jest ci pomoc w zrozumieniu tych informacji. Informacje te można również udostępnić dużym drukiem oraz w innych językach

Punjabi:

ਜੇ ਤੁਸੀਂ ਇਹ ਜਾਣਕਾਰੀ ਸਮਝਣ ਵੱਲੋਂ ਮਦਦ ਲੈਣੀ ਚਾਹੋਗੇ ਤਾਂ ਕਰਿਯਾ ਕਰਕੇ ਇਸ ਬਾਰੇ ਪੁੱਛੋ। ਇਹ ਜਾਣਕਾਰੀ ਵੱਡੇ ਪ੍ਰਿੰਟ ਅਤੇ ਹੋਰਨਾਂ ਭਾਸ਼ਾਵਾਂ ਵੱਲੋਂ ਮੁਹੱਈਆ ਕੀਤੀ ਜਾ ਸਕਦੀ ਹੈ।

Urdu:

دو سر ی زبانوں او ر بڑی اگر آپ کو ہی معلومات سمجھنے کے لیے مدد کی ضرورت ہے تو ییچھیہا یں یبھ ابی دست ہو یسکت ہے برا ے مہر یان پو ے یچھہی۔ معلومات

Arabic:

مطبو عة بأ ح ر ف ك ب س ر ة و بلغات إذا كنت تر يد مسا عة في فهم هذه لمعلو مات يُر جى أن تطلب أحرى يمكن تو فبر هذه المعلو مات

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Division: Diagnostics and Clinical Support
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