



Information for
patients and
carers

Colon Capsule Endoscopy

Alert Guidance

Please keep busy once you have swallowed the colon capsule. Staying busy helps the capsule to move through the bowel and the procedure will be over quicker.

- It is important that you listen for the recorder and the belt alarming and vibrating this indicates the capsule needs encouraging to move through the next part of the bowel
- You will need to look at the recorder for instructions
- Alerts may not follow 1,2,3,4 as the capsule may be moving quick enough through the bowel so some alerts may not show on the recorder. The recorder will decide which alerts instructions to give you

Alerts

Check the number which is displayed on the screen.

If you are unable to see the number on the box, press the middle button to light up the screen.



If you see this **Alert 0** the capsule is still in the stomach. Please keep active. Do not eat or drink anything until **ALERT 1**.



Alert 1 –Take 50ml of the Gastrografin solution, mix with a glass of water and drink. After you have taken this, over the next hour drink 1 litre of water.



Alert 2 - Take 50ml of the Gastrografin solution, mix with a glass of water and drink. After you have taken this, over the next hour drink 500mls of water.



Alert 3- You may get this alert after 2 hours. If so, insert the 10mg bisacodyl suppository into your rectum and allow it dissolve. This will cause a laxative effect.



Alert 4- If you receive this alert after two hours. Please eat a small meal, e.g., soup, toast etc.



End of procedure alert- If you see this alert, your procedure has ended. 'End of procedure alert' can occur any time after you have received 'Alert 1'. If at any time you see the capsule in the toilet the procedure has ended.

Post procedure instructions

Once you receive 'end of procedure' alert, you may remove the equipment. It is recommended that you sit down on a sofa or bed to remove the kit. This is to avoid anything dropping to the floor. Do not pull or remove any wires or detach anything.

Place the equipment in the patient property bag supplied and return to Chorley Hospital Endoscopy Unit reception desk the day after the test. If the test finishes early, you may drop the equipment the same day as your procedure but be aware the Endoscopy Unit is only open until 6pm.

Contact details

if you have any unexplained:

- Abdominal pain
- Nausea (feeling sick)
- Vomiting

If symptoms get worse or are unbearable go to your nearest A & E department and state you have had a colon capsule endoscopy. Please call the clinical endoscopists should you have any worries, concerns, or questions on **07784225603**.

Warnings

Undergoing an MRI scan while the capsule is still inside your body may result in serious damage to your intestinal tract or abdominal cavity. If you are not certain the capsule has passed out of your body, contact your doctor for evaluation and possible abdominal x-ray before undergoing an MRI scan.

Contact details

Should you require further advice or information please contact the Clinical Endoscopist on **01257 247108** or **07784225603**.

Sources of further information

www.lancsteachinghospitals.nhs.uk

www.nhs.uk

www.accessable.co.uk

www.patient.co.uk

www.gutscharity.org.uk

Visit the PillCam Colon information page for further information on the procedure along with helpful videos. You can also scan the QR code below to access further information.

www.medtronic.com/uk-en/pillcamcolon



All our patient information leaflets are available on our website for patients to access and download:

www.lancsteachinghospitals.nhs.uk/patient-information-leaflets

Lancashire Teaching Hospitals NHS Foundation Trust is not responsible for the content of external internet sites.

Lancashire Teaching Hospitals is a smoke-free site. Smoking is not permitted anywhere on any of our premises, either inside or outside the

buildings. Our staff will ask you about your smoking status when you come to hospital and will offer you support and advice about stopping smoking this will include Nicotine Replacement Therapy to help manage your symptoms of withdrawal and the opportunity to speak to a nurse or advisor from the specialist Tobacco and Alcohol Care Team.

If you want to stop smoking, you can also contact the Quit Squad Freephone 0800 328 6297.

Please ask if you would like help in understanding this information. This information can be made available in large print and in other languages.

Gujarati:

આ માહિતીને સમજવામાં સહાયતા જોઈતી હોય તો કૃપા કરીને પૂછો. આ માહિતી મોટા છપાણ માં અને અન્ય ભાષામાં ઉપલબ્ધ કરી શકાય છે.

Romanian:

Vă rugăm să întrebați dacă aveți nevoie de ajutor pentru înțelegerea acestor informații. Aceste informații pot fi puse la dispoziție în format mare și în alte limbi.”

Polish:

Poinformuj nas, jeśli potrzebna jest ci pomoc w zrozumieniu tych informacji. Informacje te można również udostępnić dużym drukiem oraz w innych językach

Punjabi:

ਜੇ ਤੁਸੀਂ ਇਹ ਜਾਣਕਾਰੀ ਸਮਝਣ ਵੱਲੋਂ ਮਦਦ ਲੈਣੀ ਚਾਹੋਗੇ ਤਾਂ ਕਰਿਪਾ ਕਰਕੇ ਇਸ ਬਾਰੇ ਪੁੱਛੋ। ਇਹ ਜਾਣਕਾਰੀ ਵੱਡੇ ਪ੍ਰਿੰਟ ਅਤੇ ਹੋਰਨਾਂ ਭਾਸ਼ਾਵਾਂ ਵੱਲੋਂ ਮੁਹੱਈਆ ਕੀਤੀ ਜਾ ਸਕਦੀ ਹੈ।

Urdu:

دوسری زبانوں اور بڑی اگر آپ کو ہی معلومات سمجھنے کے لیے مدد کی ضرورت ہے تو
پوچھنا ہمیں یہ ابی دست ہو سکت ہے براے مہر بیان پوری چھدی۔ معلومات

Arabic:

مطوباً بآحر ف كيبير ة و بلغات إذا كنت تر يد مساعده في فهم هذه لمعلومات ير جي أن تطالب
أخرى يمكن تو فير هذه المعلومات

Department: Endoscopy
Division: Diagnostic and Clinical Support
Production date: June 2023
Review date: June 2026
JR 881 v1