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Lancashire Teaching
Hospitals
NHS Foundation Trust



Information for patients and carers

Discharge to a community rehabilitation bed



Excellent
care with
compassion

Nursing Directorate – Discharge Services

  @LancsHospitals

You are being discharged to a community rehabilitation bed

You are now well enough to be discharged from hospital. Staying in hospital longer than you need is not good for your health and we are sure you would prefer to be somewhere more comfortable.

The doctor responsible for your care has decided that you are now medically well enough to be discharged from hospital, the team caring for you feel that you will need some extra rehabilitation support to help your recovery and improve your independence.

Therefore, you are being discharged to a rehabilitation bed within a 24hour care setting in the community. Here a team made up of different health and social care professionals will work with and support you to maximise your recovery and regain as much of your independence as possible.

Things you need to know

How long you spend in the care setting and the type of support you are provided will be discussed and agreed with you on admission by the care and therapy team.

During your stay in the care setting, you will have further assessments to identify any ongoing support you may need. You will be fully involved in these assessments, or you may choose to nominate somebody to act on your behalf who must be available at the relevant times.

Do I have to pay?

There is no charge for the Community Rehabilitation Service for the period that you need it, however any personal requirements such as newspapers, hairdressing and the use of telephones must be paid for by yourself.

When you leave the community care setting, if you require further support Social Services will assess your needs and ability to contribute financially.

Contact details

Should you require further advice or information prior to your discharge please speak to your discharge facilitator. Following your discharge please contact adult social care on 0300 123 6720.

Sources of further information

www.lancsteachinghospitals.nhs.uk

www.nhs.uk

www.accessable.co.uk

www.patient.co.uk

All our patient information leaflets are available on our website for patients to access and download:

www.lancsteachinghospitals.nhs.uk/patient-information-leaflets

Lancashire Teaching Hospitals NHS Foundation Trust is not responsible for the content of external internet sites.

Lancashire Teaching Hospitals is a smoke-free site. Smoking is not permitted anywhere on any of our premises, either inside or outside the buildings. Our staff will ask you about your smoking status when you come to hospital and will offer you support and advice about stopping smoking this will include Nicotine Replacement Therapy to help manage your symptoms of withdrawal and the opportunity to speak to a nurse or advisor from the specialist Tobacco and Alcohol Care Team.

If you want to stop smoking, you can also contact the Quit Squad Freephone 0800 328 6297.

Please ask if you would like help in understanding this information. This information can be made available in large print and in other languages.

Gujarati:

આ માહિતીને સમજવામાં સહાયતા જોઈતી હોય તો કૃપા કરીને પૂછો. આ માહિતી મોટા છપાણામાં અને અન્ય ભાષામાં ઉપલબ્ધ કરી શકાય છે.

Romanian:

Vă rugăm să întrebați dacă aveți nevoie de ajutor pentru înțelegerea acestor informații. Aceste informații pot fi puse la dispoziție în format mare și în alte limbi.”

Polish:

Poinformuj nas, jeśli potrzebna jest ci pomoc w zrozumieniu tych informacji. Informacje te można również udostępnić dużym drukiem oraz w innych językach

Punjabi:

ਜੇ ਤੁਸੀਂ ਇਹ ਜਾਣਕਾਰੀ ਸਮਝਣ ਵੱਲ ਮਦਦ ਲੈਣੀ ਚਾਹੋਗੇ ਤਾਂ ਕਰਿਪਾ ਕਰਕੇ ਇਸ ਬਾਰੇ ਪੁੱਛੋ। ਇਹ ਜਾਣਕਾਰੀ ਵੱਡੇ ਪ੍ਰਿੰਟ ਅਤੇ ਹੋਰਨਾਂ ਭਾਸ਼ਾਵਾਂ ਵੱਲ ਮੁਹੱਈਆ ਕੀਤੀ ਜਾ ਸਕਦੀ ਹੈ।

Urdu:

دو سر ی زبانوں او ر بڑی اگر آپ کو ہی معلومات سمجھنے کے لیے مدد کی ضرورت ہے تو ییچھپیا یں ییہ ابی دست بو یسکت ہے برا ئے مہر یان پو ے یچھہ ی۔ معلومات

Arabic:

مطبوعة بأحرف كبيرة و بلغات إذا كنت تريد مساعدة في فهم هذه المعلومات يُرجى أن تطلب أخرى يمكن تو فسير هذه المعلومات

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