



Information for
patients and carers

Commode
use and care information



Following an assessment by an occupational therapist during your stay in hospital it has been decided that you will need a commode for use at home once you are discharged.

On receiving the commode please examine it for any visible damage before using it. If you see any damage or suspect a fault, please do not use the product, but contact your supplier for advice.

How to adjust the commode

Please only adjust the height if the occupational therapist has advised you to.

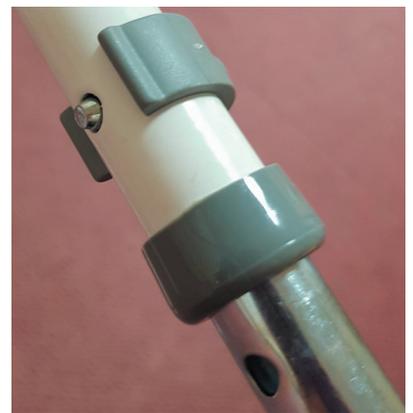


1.

Remove the 'E' clip (see photo 2) from the extension legs and extend all legs evenly to the desired height ensuring you do not exceed the last punched hole of the extension leg.



2.



3.

Once you have achieved the desired height; reinsert the 'E' clip, ensuring that it has passed through the extension leg and that it fits neatly and snugly around the outside leg (see photo 3).

Safe use of the commode

It is advisable to place the commode against a wall. Ensure there is no clutter around the commode and it is easily accessible.

Avoid placing the commode near any electricity sockets.

Do not use for any other reason than has been prescribed for you.

Cleaning the commode

The commode may be cleaned using a non-abrasive cream cleaner or detergent solution. Ensure it is rinsed and dried properly before re-using.

Equipment disposal

If you no longer require the equipment prescribed for you it is up to you to dispose of the equipment responsibly.

You may choose to dispose of it at your local household recycling centre, arrange collection by your local council or you may wish to donate your equipment to charity.

Our details

Your Occupational Therapist is:

For further information and advice please contact:

Occupational Therapy Dept
Royal Preston Hospital
(01772) 523224

Occupational Therapy Dept
Chorley & South Ribble District Hospital
(01257) 245176

Sources of further information

www.lancsteachinghospitals.nhs.uk

www.nhs.uk

www.patient.co.uk

Cantonese:

如果你希望以另外一種格式接收該資訊，請和我們聯絡，不必猶豫。

Gujarati:

જો તમને આ માહિતી બીજી રચના કે ફોર્મેટમાં મેળવવાની ઇચ્છા હોય, તો કૃપા કરી અમારો સંપર્ક કરતા અચકાશો નહિ.

Hungarian:

Kérjük, vegye fel velünk a kapcsolatot, ha más formában kéri ezt az információt.

Polish:

Jeżeli chciał(a)by Pan/Pani otrzymać niniejsze informacje w innym formacie, prosimy o kontakt.

Punjabi:

ਜੇ ਤੁਸੀਂ ਕਿਸੇ ਹੋਰ ਫਾਰਮੈਟ ਵਿਚ ਇਹ ਜਾਣਕਾਰੀ ਲੈਣਾ ਚਾਹੁੰਦੇ ਹੋ ਤਾਂ ਸਾਡੇ ਨਾਲ ਸੰਪਰਕ ਕਰਨ ਤੋਂ ਨਾ ਝਿਜਕੋ

Urdu:

اگر آپ اس معلومات کو کسی اور صورت میں حاصل کرنا چاہتے ہیں تو برائے مہربانی ہم سے رابطہ کرنے میں ہچکچاہٹ محسوس نہ کریں۔

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Please ask if you would like help in understanding this information. This information can be made available in large print and in other languages.

Lancashire Teaching Hospitals is a smoke-free site

On 31 May 2017 Lancashire Teaching Hospitals became a smoke-free organisation. From that date smoking is not permitted anywhere on any of our premises, either inside or outside the buildings. Our staff will ask you about your smoking status when you come to hospital and will offer you support and advice about stopping smoking including Nicotine Replacement Therapy to help manage your symptoms of withdrawal.

If you want to stop smoking you can also contact the Quit Squad Freephone 0800 328 6297.

Department: Occupational Therapy

Division: Medical

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