



Information for
patients and
carers

Loop recorders

Why have I been referred for a loop recorder?

You may be having symptoms such as blackouts, dizziness or palpitations that do not happen often and have not been diagnosed with short term cardiac monitoring.

More information will be given to you prior to the procedure on the day and instructions on how to use it. Follow up information will be given after the procedure by the cardiac physiologists.

What is a loop recorder?

A loop recorder is a small thin device that is implanted under the skin using local anaesthetic to record the electrical activity of the heart. It is programmed to monitor and record your hearts electrical activity in order to identify any changes to the heart rhythm. It can remain in place for up to three years. However, the device may be removed sooner depending on when you experience symptoms, such as a fainting episode.

After the procedure

You will be able to eat and drink as usual. You will be given wound care advice for the implant site. The wound is closed with glue which will need 20mins to dry. You will also be given more detailed information on how the loop recorder works.

Driving

You will not need any sedation for this procedure and may be able to drive afterwards unless advised otherwise by your consultant or the DVLA.

Contact details

Should you require further advice or information please contact the Cardiac Catheter Suite on (Monday-Friday 8-4pm) **01772 524382**.

Sources of further information

www.lancsteachinghospitals.nhs.uk

www.nhs.uk

www.accessable.co.uk

www.patient.co.uk

www.heartrhythmalliance.org

All our patient information leaflets are available on our website for patients to access and download:

www.lancsteachinghospitals.nhs.uk/patient-information-leaflets

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Lancashire Teaching Hospitals is a smoke-free site. Smoking is not permitted anywhere on any of our premises, either inside or outside the buildings. Our staff will ask you about your smoking status when you come to hospital and will offer you support and advice about stopping smoking this will include Nicotine Replacement Therapy to help manage your symptoms of withdrawal and the opportunity to speak to a nurse or advisor from the specialist Tobacco and Alcohol Care Team.

If you want to stop smoking, you can also contact the Quit Squad Freephone 0800 328 6297.

Please ask if you would like help in understanding this information. This information can be made available in large print and in other languages.

Gujarati:

આ માહિતીને સમજવામાં સહાયતા જોઈતી હોય તો કૃપા કરીને પૂછો. આ માહિતી મોટા છપાણ માં અને અન્ય ભાષામાં ઉપલબ્ધ કરી શકાય છે.

Romanian:

Vă rugăm să întrebați dacă aveți nevoie de ajutor pentru înțelegerea acestor informații. Aceste informații pot fi puse la dispoziție în format mare și în alte limbi.”

Polish:

Poinformuj nas, jeśli potrzebna jest ci pomoc w zrozumieniu tych informacji. Informacje te można również udostępnić dużym drukiem oraz w innych językach

Punjabi:

ਜੇ ਤੁਸੀਂ ਇਹ ਜਾਣਕਾਰੀ ਸਮਝਣ ਵੱਲ ਮਦਦ ਲੈਣੀ ਚਾਹੋਗੇ ਤਾਂ ਕਰਿਖਾ ਕਰਕੇ ਇਸ ਬਾਰੇ ਪੁੱਛੋ। ਇਹ ਜਾਣਕਾਰੀ ਵੱਡੇ ਪ੍ਰਿੰਟ ਅਤੇ ਹੋਰਨਾਂ ਭਾਸ਼ਾਵਾਂ ਵੱਲ ਮੁਹੱਈਆ ਕੀਤੀ ਜਾ ਸਕਦੀ ਹੈ।

Urdu:

دوسری زبانوں اور ریڑی اگر آپ کو ہی معلومات سمجھنے کے لیے مدد کی ضرورت ہے تو یئچھپا یں یبھابی دست بو یسکت ہے برا ئے مہر یان یو ے یچھہی۔ معلومات

Arabic:

مطبوعة بأحرف كبيرة وبلغات إذا كنت تريد مساعدة في فهم هذه المعلومات يُرجى أن تطلب أخرى يمكن توفير هذه المعلومات

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Division: Medicine

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