

What is diasend®?

To support you in managing your diabetes, we are now using **diasend®**, a web based diabetes management system.

You will be able upload your blood glucose levels from your home prior to your clinic appointment. All information uploaded onto **diasend®** is encrypted as per NHS standards to protect confidentiality. Only your assigned clinicians will be able to view your data.

This service is **free** for NHS patients and you can set up a personal **diasend®** account at www.diasend.com

Why do I need to upload?

Depending on diet, exercise and diabetes treatment, blood glucose levels can vary through the day. Blood sugars that are too high or too low can have negative effects on your body. Therefore, regular checking of your blood glucose levels is paramount in maintaining and managing your diabetes.

When you upload your diabetic device data to **diasend®**, clinicians are able to review your blood glucose levels with you in clinic and advise accordingly.

How do I upload and share my blood glucose levels?

You can also upload your data remotely at home by following the attached instructions. If you do not have the suitable cable for your diabetic device, please contact the manufacturing company so that they may post one out to you free of charge.

For appointments at **Astley Clinic** (Chorley Hospital), you can bring your device with you to clinic for us to upload for you. For all other locations, please upload your data from home prior to the appointment.

By uploading your data onto **diasend®**, you are giving consent for your assigned clinicians to review your blood glucose data.

For further information:

Diabetes Specialist Nurses (Chorley)

01257 245350

For technical support:

Contact: 020 77958191

Website: www.diasend.com