



Information for  
patients and  
carers

# Referral to the Gynaecology Oncology Team

# Specialist multi-disciplinary team meetings (MDT)

You have been referred to the Gynaecology oncology specialist multi-disciplinary team (SMDT) at Royal Preston Hospital.

The SMDT is a team of experts who specialise in caring for patients with gynaecological cancers. The SMDT works in partnership with other hospitals in order to co-ordinate your care.

The people in the team include specialists who understand:

- how and when to test for cancer;
- how to treat it;
- which special tests to carry out
- what the cancer cells look like and how they behave;
- how it may affect your life.

## What happens next?

Any tests/investigations that have already been carried out will be sent with a referral letter to the SMDT at Royal Preston Hospital.

## What happens at the MDT?

The SMDT meets once a week. Your case will be discussed to ensure that all the right choices for your treatment are considered. These choices will be explained to you and verbal and written information will be available to support any decision you make.

## Who is at the SMDT meeting?

There are lots of people in the SMDT. All of them play a part in supporting you and your family during and after your treatment. You may not meet all of the team members, but their roles and titles are explained below:

The gynaecological oncology surgeon is a specialist who can assess gynaecological problems and diagnose gynaecological cancers. Once your condition has been diagnosed, the surgeon will discuss with you the different options of treatment and will carry out any operations needed to remove the cancer. Your gynaecological oncology surgeon will also see you after your operation to discuss the results.

The Macmillan gynaecology oncology nurse specialist (CNS) is an expert nurse who specialises in the care and support of people with gynaecological problems. The CNS will provide information to help you understand your cancer treatment and will support you during your treatment. The CNS will advise you on practical issues and you can talk to other members of the SMDT on your behalf, if you wish.

The radiologist is a doctor who is an expert in carrying out diagnostic tests such as CT (Computerised Tomography), MR (Magnetic Resonance) and specialist scans. The radiologist is specially trained to interpret these scan results.

The histopathologist is a doctor who is an expert at looking at cells under a microscope and working out the type of cancer so we know how to give further treatment, if necessary.

The oncologist is a doctor who specialises in the non-surgical treatment of cancer.

- Radiotherapy
- Chemotherapy
- Hormone therapy

## Who else is involved in your care?

Other team members will be involved in your treatment and will also provide information and support for you and your family. This will continue throughout your care.

The radiographer is skilled in the use of a range of x-ray and ultrasound equipment to produce images, which help to diagnose cancer. The therapy radiographer works closely with the clinical oncologist to organise and give radiotherapy treatment.

## What happens after the MDT?

You will receive an appointment to see one of the consultants following discussion of your case at the MDT meeting.

The appointment is most likely to be at Royal Preston Hospital, or sometimes at your local hospital. Your appointment is usually given within 2-3 weeks of referral. At this appointment your diagnosis and treatment plan will be discussed. You may also meet some other members of the team e.g. specialist registrar, junior doctor and the clinical nurse specialist.

Directions and appointments will either be sent out in the post or given to you by your local nurse specialist. Occasionally if clinic appointments are available at short notice, a member of staff may contact you by telephone. If this happens, don't worry this does not mean you are more urgent.

You are very welcome to bring a member of your family or a friend with you for the appointment.

## Clinical Trials

A clinical trial may be discussed with you as a potential option for treatment. This discussion does not commit you to taking part.

You may also want to ask your doctor or nurse if there are any clinical trials available for which you might be suitable.

## Contact details

Should you require further advice or information please contact the team on 01772 524211 - Monday to Friday (8 am to 5 pm).

You may also contact the following departments for advice:

Gynaecology Out Patient Department: 01772 524386

Gynaecology Ward: 01772 524231

## Sources of further information

[www.lancsteachinghospitals.nhs.uk](http://www.lancsteachinghospitals.nhs.uk)

[www.nhs.uk](http://www.nhs.uk)

[www.patient.co.uk](http://www.patient.co.uk)

[www.accessable.co.uk](http://www.accessable.co.uk)

All our patient information leaflets are available on our website for patients to access and download:

[www.lancsteachinghospitals.nhs.uk/patient-information-leaflets](http://www.lancsteachinghospitals.nhs.uk/patient-information-leaflets)

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If you want to stop smoking you can also contact the Quit Squad Freephone 0800 328 6297.

Please ask if you would like help in understanding this information. This information can be made available in large print and in other languages.

**Gujarati:**

આ માહિતીને સમજવામાં સહાયતા જોઈતી હોય તો કૃપા કરીને પૂછો. આ માહિતી મોટા છપાણ માં અને અન્ય ભાષામાં ઉપલબ્ધ કરી શકાય છે.

**Romanian:**

Vă rugăm să întrebați dacă aveți nevoie de ajutor pentru înțelegerea acestor informații. Aceste informații pot fi puse la dispoziție în format mare și în alte limbi.”

**Polish:**

Poinformuj nas, jeśli potrzebna jest ci pomoc w zrozumieniu tych informacji. Informacje te można również udostępnić dużym drukiem oraz w innych językach

**Punjabi:**

ਜੇ ਤੁਸੀਂ ਇਹ ਜਾਣਕਾਰੀ ਸਮਝਣ ਵੱਲ ਮਦਦ ਲੈਣੀ ਚਾਹੋਗੇ ਤਾਂ ਕਰਿਯਾ ਕਰਕੇ ਇਸ ਬਾਰੇ ਪੁੱਛੋ। ਇਹ ਜਾਣਕਾਰੀ ਵੱਡੇ ਪ੍ਰਿੰਟ ਅਤੇ ਹੋਰਨਾਂ ਭਾਸ਼ਾਵਾਂ ਵੱਲ ਮੁਹੱਈਆ ਕੀਤੀ ਜਾ ਸਕਦੀ ਹੈ।

**Urdu:**

دو سر ی زبانوں او ر بڑی اگر آپ کو ہی معلومات سمجھنے کے بے ل مدد ی ضرورت ہے تو ییچھیا یس ییہ ابی دست ہو یسکت ہے برا ے مہر یان ہو ییچھہی۔ معلومات

**Arabic:**

مطبوعه بأ حرف كبيره و بلغات إذا كنت تر يد مساعده في فهم هذه لمعلومات يُر جي أن نطلب أخري يمكن تو فير هذه المعلوما

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