



Information for  
patients and  
carers

# Inflamed Bowel Disease Questionnaire

PATIENT NAME: DoB:

NHS NUMBER:

DATE OF ASSESSMENT:

Please answer the below questions, by ticking the box that most closely relates to your symptoms. Please note – these questions relate to your bowel function in the PREVIOUS 2 WEEKS, but consider this in relation to your usual bowel function before you had radiotherapy (your 'baseline').

Symptom score generated	1	2	3	4	5	6	7
	More than ever before	Extremely frequently	Very frequently	Moderate increase in frequency	Some increase in frequency	Slight increase in frequency	Not at all/ normal
1) Had your bowels open?							
2) Had loose bowel movements?							
3) Been troubled by pain in your bottom?							
4) Been troubled by cramps in your tummy or bottom?							
5) Passed a large amount of gas?							
6) Been troubled by bloating?							
7) Had a problem with bleeding from your bottom?							

8) Felt like you need to have your bowels open but nothing happens?							
9) Been troubled by accidental soiling?							
10) Felt disgusted about your bowel problems?							
Modified Inflammatory Bowel Disease Questionnaire (IBDQ)	Score <60 = moderate/severe bowel symptoms	Score 70 = no bowel symptoms	A change in score of 6 or more in the IBDQ-B is a clinically relevant difference from a patient's perspective (ORBIT, 2013)			Total score:	

## Contact details

Should you require further advice or information please contact:

Radiotherapy Reception/Transport queries (01772) 522900

Radiotherapy Appointment queries (01772) 522931

## Sources of further information

[www.lancsteachinghospitals.nhs.uk](http://www.lancsteachinghospitals.nhs.uk)

[www.nhs.uk](http://www.nhs.uk)

[www.patient.co.uk](http://www.patient.co.uk)

[www.accessable.co.uk](http://www.accessable.co.uk)

[www.macmillan.org.uk](http://www.macmillan.org.uk)

All our patient information leaflets are available on our website for patients to access and download:

[www.lancsteachinghospitals.nhs.uk/patient-information-leaflets](http://www.lancsteachinghospitals.nhs.uk/patient-information-leaflets)

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If you want to stop smoking you can also contact the Quit Squad Freephone 0800 328 6297.

Please ask if you would like help in understanding this information. This information can be made available in large print and in other languages.

**Gujarati:**

આ માહિતીને સમજવામાં સહાયતા જોઈતી હોય તો કૃપા કરીને પૂછો. આ માહિતી મોટા છપાણામાં અને અન્ય ભાષામાં ઉપલબ્ધ કરી શકાય છે.

**Romanian:**

Vă rugăm să întrebați dacă aveți nevoie de ajutor pentru înțelegerea acestor informații. Aceste informații pot fi puse la dispoziție în format mare și în alte limbi.”

**Polish:**

Poinformuj nas, jeśli potrzebna jest ci pomoc w zrozumieniu tych informacji. Informacje te można również udostępnić dużym drukiem oraz w innych językach

**Punjabi:**

ਜੇ ਤੁਸੀਂ ਇਹ ਜਾਣਕਾਰੀ ਸਮਝਣ ਵੱਲੋਂ ਮਦਦ ਲੈਣੀ ਚਾਹੋਗੇ ਤਾਂ ਕਰਿਪਾ ਕਰਕੇ ਇਸ ਬਾਰੇ ਪੁੱਛੋ। ਇਹ ਜਾਣਕਾਰੀ ਵੱਡੇ ਪ੍ਰਿੰਟ ਅਤੇ ਹੋਰਨਾਂ ਭਾਸ਼ਾਵਾਂ ਵੱਲੋਂ ਮੁਹੱਈਆ ਕੀਤੀ ਜਾ ਸਕਦੀ ਹੈ।

**Urdu:**

دو سر ی زبانوں او ر بڑی اگر آپ کو ہی معلومات سمجھنے کے لیے مدد کی ضرورت ہے تو یی چھپا یں ییہ ابی دست بو یسکت ہے برا ے مہر یان پو ے یچھہی۔ معلومات

**Arabic:**

مطبوعة بأحرف كبيرة و بلغات إذا كنت تريد مساعدة في فهم هذه المعلومات يُرجى أن تطلب أخرى يمكن تو فسير هذه المعلومات

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**Division:** Surgery

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